

# Health & Fitness

MOUNTAIN VIEW VOICE



NICHOLAS WRIGHT

Salvador Rangel of Sunnyvale runs on the treadmill at the YMCA "wellness center" on Tuesday.

## Palaces of perspiration

A VOICE GUIDE TO MOUNTAIN VIEW'S MANY HEALTH CLUBS

By Andrew MacLeod Doerschuk

Whether you could stand to lose that little roll around the belly or want to completely re-sculpt your physique, there's a health club in Mountain View to address your specific needs.

Overall, health clubs here fall into three categories: large full-service fitness centers that offer a variety of workout equipment and programs, small studios that specialize in one-on-one personal training, and women's-only clubs that focus on low-impact circuit training.

Those clubs comprise a considerable list — nearly a dozen in fact. While it's good to have

options, that also means it's a big job sifting through them all.

That's where this list comes in. We've tallied up the amenities and requirements for every fitness center we could hunt down, making it easier for the prospective club member to compare them side-by-side.

In addition to the basic facts — such as operating hours and membership dues — we've listed such details as the type and quality of equipment on hand, what classes are offered, and whether there are swimming pools, basketball courts, babysitting services and so on.

We visited each club (and whenever possible surreptitiously dropped in for a full workout)

in order to experience first-hand the quality of the facilities and staff without soliciting special treatment.

Now there are no excuses. It's time to look and feel better, so take a few moments to peruse the following listings. It might be your first step toward improved health.

**24 Hour Fitness**  
550 Showers Drive  
(650) 941-2268  
[www.24hourfitness.com](http://www.24hourfitness.com)

**Hours:** Open 24 hours a day  
**Membership dues:** Prices are subject to change. When we visited, the basic rate was \$42.99 per month (for use of one facility), \$46.99 for all facilities in the

chain), plus a \$99 initiation fee and a \$79.99 processing fee.

**Equipment:** Precor, Life Fitness, Abench, Icarian, Nautilus, Body Masters, Ground Zero, Cybex, Hammer Strength, Star Trac, Strive, and free weights

**Access to equipment:** Good

**Facility:** Four large areas, each roughly dedicated to a different discipline: cardio, arm and core resistance machines, leg resistance machines, and free weights

**Trainers:** Sessions are 50 minutes and run between \$49 and \$56 per session

**Classes:** 24Cycle, 24S.E.T, 24Lift, PiYo, 24Aqua, REP, Intermediate Step, 24HiLo, 24Cycle Shift & Lift, Camp24, Core Cross Training, AbXpress, Classic High Impact,

BodyXpress, Yoga Tech, Turbo Kickbox, Yoga, Dancer's Workout  
**Pool:** Yes

**Racquetball/Handball:** No

**Basketball:** No

**Sauna/Jacuzzi:** Yes

**Staff:** Professional

**Clientele:** Young professionals

**Cleanliness:** Fair. A toilet that leaked water in the men's bathroom when we first dropped in was fixed by our second visit. No paper towels are provided to wipe down machines, and we didn't see attendants cleaning them either time we visited the facility

**Climate control:** Good, except the cardio room, which was a bit warm when we visited

**Babysitting services:** Yes

**Towel:** Bring your own towel

**Parking:** Good

**Pros:** A nice, roomy facility with plenty of new equipment

**Cons:** Aspects of the club need a facelift. The men's locker room needed to be cleaned. The

► See **HEALTH CLUBS**, page 26

# The hidden causes of weight gain

By Flavia Kreis

**W**hy is it so hard to stay in shape and keep fit? There are several factors that can make it difficult to lose weight and keep it off.

Many people have a difficult time losing weight even if they try very hard. Despite the amount of effort they put in, they see few results.

One major reason: We live very stressed lives. This stress can be physical (allergies), or environmental or chemical (which includes synthetic hormones, pesticides, heavy metals, GMO foods and various preservatives).

With the constant pressures of life, many of us do not get enough sleep or rest, and when this situation occurs the body will ask for more food in order to compensate for the lack of energy. This food will not be completely digested because our adrenals will be in an overactive mode (adrenaline), which halts our digestive enzymes.

In addition, the adrenal glands secrete the hormone cortisol as a reaction to stress, and excess cortisol leads to weight gain, especially in the abdomen area, along with sleep disturbances, mood swings, irritability, loss of memory and poor digestion.

Elevated cortisol also aggravates sugar distribution, which contributes to development of high insulin levels and ultimately diabetes. When the adrenal glands pass the point of stress they go into exhaus-

tion, which creates physically damaging conditions like Chronic Fatigue Syndrome, arthritis, hormonal problems, inflammation and heart attack, just to mention a few.

What happens to unutilized foods? They can turn into fat and irritate your stomach and intestine linings, create allergies and create a whole vast array of digestive disorders such as IBS, leaky gut, bloating, and so on.

The inability to process foods correctly due to allergic reaction will also create hormonal imbalances, or systemic Candida (yeast) invasion that also causes weight gain. Elevated digestive toxicity develops as the result of an inability to process food correctly and eliminate excessive food intake.

Excessive consumption of carbohydrates can also cause weight gain: Carbohydrates turn into sugar in the blood stream, and unused sugar will turn into fat.

Strangely, we often crave the foods we're allergic to. Allergies can then lead to obesity, because the allergens will trigger the release of insulin, which causes low blood sugar (hypoglycemia).

Symptoms of hypoglycemia include uncontrollable hunger, irritability and lack of concentration, brain fog and waking up too early. Once the allergic reaction is eliminated or reduced, the sufferer will no longer experience cravings and therefore will not be compelled to eat so much of the foods that make him or her overweight.

Estrogen dominance is another fairly common factor that contributes to inability to lose weight; we eat meats,

eggs and dairy products that have been treated with synthetic hormones. Estrogens create water retention and fat deposits; in time of pregnancy, estrogens are vital in protecting the fetus, but elevated estrogens otherwise create havoc for our endocrine and digestive systems.

Vegetarians are usually thinner is because they are avoiding those hormones. It is not just because of fats in meat and dairy.

Have you had your thyroid checked lately? Many Americans suffer from undetected slow thyroid function (hypothyroidism). If you do have hypothyroidism it is almost impossible to lose weight. Go to your doctor and get tested.

Finally, there's exercise. Running is good, but not everybody can run due to bad backs, knees or swollen joints. In that case, a brisk half-hour walk every day can boost your metabolism as well. After lunch or dinner go out and enjoy a walk.

Using free weights helps to increase your muscle mass and burn the fat. Just 15 minutes a day can keep up your strength, which in turn keeps your skeletal system straight.

Or how about something fun, such as dancing classes? Just one type of exercise can get boring after a while, and boredom is one of the main causes of withdrawing from exercise. So maintain a variety and alternate your routine. ▀

*Flavia Kreis is a certified nutritional consultant and the owner of Integrative Nutrition and Wellness Center, located in downtown Mountain View. For more information, visit [www.integrativenutrition.com](http://www.integrativenutrition.com).*

## HEALTH CLUBS

► Continued from page 25

televisions in the cardio room are large, but the pictures are faded.

**Axis Performance Center**  
544 North San Antonio Rd.  
(650) 229-1100  
[www.axispt.com](http://www.axispt.com)

**Hours:** Mon-Fri: 5:30 a.m. to 9 p.m., Saturday: 5:30 a.m. to 2 p.m., Sunday closed

**Membership dues:** Axis doesn't require membership. Personal training sessions are available on a drop-in basis only.

**Equipment:** True Stretch, Cybex, Samson, Body Masters, Ground Zero, Stott, V-bike, Concept 2, StairMaster, Precor, Treadwall, Power Glide and free weights

**Access to equipment:** Excellent

**Facility:** The workout room is large, and comprises most of the ground floor. It holds free weights, resistance machines, cardio machines, and mats. A small classroom adjoins the workout room. Upstairs are spa-quality locker and massage rooms, by far the most elegant that we saw.

**Trainers:** Workouts are available in hour and half-hour sessions overseen by personal trainers. Sessions are priced at three levels, depending on the experience and specialties of the trainers. The basic rate for a personal trainer is \$40 per half hour and \$70 per hour. Sessions during peak hours (Mon-Fri: 5:30 a.m. to 9 a.m., and 5 p.m. to 7:30 p.m.) add \$2.50 to 30-minute and \$5 to 60-minute sessions.

**Classes:** Circuit Boost, Spinning

**Pool:** No

**Racquetball/Handball:** No

**Basketball:** No

**Sauna/Jacuzzi:** No

**Staff:** Friendly and professional

**Clientele:** All ages and genders

**Cleanliness:** Good

**Climate control:** Good

**Babysitting services:** No

**Towel:** Free

**Parking:** Good

**Extras:** Massage available for an extra fee. Free bottled water. Free bagels and fruit on Friday.

**Pros:** A good place to work out with certified trainers in a peaceful non-competitive environment that isn't crowded

**Cons:** You can't drop in and use the free weights or resistance machines without a trainer. The hours are more restrictive than many health clubs.

**The Club of Mountain View**  
199 East Middlefield Rd.  
(650) 969-1783  
[www.theclubofmntview.com](http://www.theclubofmntview.com)

**Hours:** Mon-Thurs: 5:30 a.m. to 10 p.m., Friday: 5:30 a.m. to 9

p.m., Saturday: 7 a.m. to 7 p.m., Sunday: 8 a.m. to 5 p.m.

**Membership dues:** \$50 per month (individuals), \$38 (seniors), \$58 (senior couple), \$83 (family), \$540 (annual individual)

**Equipment:** Precor, Paramount, Flex, Star Trac, Life Fitness, Stairmaster, Lifecycle, Concept II and free weights

**Access to equipment:** Fair  
**Facility:** The Club has a large floor plan with separate rooms for cardio machines, free weights and resistance machines, a dedicated Spinning classroom, an abdominal workout balcony, three racquetball/handball courts, a basketball court, and a large room for classes.

**Trainers:** One-hour session: \$80; six-session package: \$70 per one-hour session; 10-session package: \$65 per one-hour session, 12-plus sessions: \$55 per one-hour session. Group training for three or more individuals: \$15 per session.

**Classes:** Cardio Dance, Samba, Kickboxing, Spinning, Step, Step & Abs, Step & Sculpt, Cardio Sculpt, Pilates, Yoga, Karate. Specialty classes are also available.

**Pool:** No

**Racquetball/Handball:** Yes

**Basketball:** Yes, full court

**Jacuzzi/Sauna:** Yes

**Staff:** Friendly and professional

**Clientele:** Families, professionals, and some serious weight trainers

**Cleanliness:** Good

**Climate control:** Good

**Babysitting services:** Yes

**Towel:** Additional fee

**Parking:** Crowded during peak hours

**Extras:** Massage and acupuncture available for an extra fee

**Pros:** This is a neighborhood health club where many clients seem to know each other. It offers a large selection of activities in a non-competitive and friendly atmosphere.

**Cons:** It can get a bit crowded during peak hours, so you might have to wait for a machine. Some of the equipment is old, but well maintained.

**Curves**  
701 Evelyn Ave, #B  
(650) 962-8471  
[curvesmountainview.com](http://curvesmountainview.com)

**Hours:** Mon-Fri: 6 a.m. to 1:30 p.m. and 3 p.m. to 8 p.m., Saturday: 8 a.m.-1:30 p.m., Sunday closed

**Membership dues:** When we visited, the club was offering a special deal that expires in September: \$39 per month with a \$74 sign-up fee

**Equipment:** Curves hydraulic resistance machines

**Access to equipment:** Excellent  
**Facility:** One medium-sized room set up for circuit training

**Trainers:** Clients who have been members for three months are eligible for an Advanced Workout session with a personal trainer

## HEALTH BRIEFS

### SOUTH ASIAN HEART CENTER OPENS ITS DOORS

People with origins in India, Pakistan, Afghanistan, Bangladesh, Nepal or Sri Lanka are four times more likely to suffer from coronary artery disease than any other ethnicity — even if they are lifelong vegetarians who are not overweight and do not smoke.

In addition, South Asians are struck by heart disease almost

33 percent earlier than the rest of the population. Thus, the data doctors have concerning cholesterol and body weight tend to underestimate the risk levels of heart disease for South Asians.

Such statistics have prompted El Camino Hospital to form its South Asian Heart Center (SAHC), which opened on June 27. The center seeks to respond to this increased risk by offering support specifically tai-

lored to South Asian patients. It offers advanced screening tests and health assessment, lifestyle change counseling and stress management.

South Asians who have warning signs, including high blood pressure, diabetes, abnormal cholesterol or a family history of risk factors, should visit the SAHC Web site at [www.southasianheartcenter.org](http://www.southasianheartcenter.org) to sign up for a screening.

— Chelsea Young

**Classes:** No  
**Pool:** No  
**Racquetball/Handball:** No  
**Basketball:** No  
**Sauna/Jacuzzi:** No  
**Staff:** Friendly  
**Clientele:** Women only  
**Cleanliness:** Excellent  
**Climate control:** Good  
**Babysitting services:** No  
**Towel:** Bring your own or use supplied paper towels  
**Parking:** Fair  
**Pros:** A safe, non-competitive environment for women who want to stay healthy  
**Cons:** Since the chain offers a low-intensity workout, Curves is not for everyone

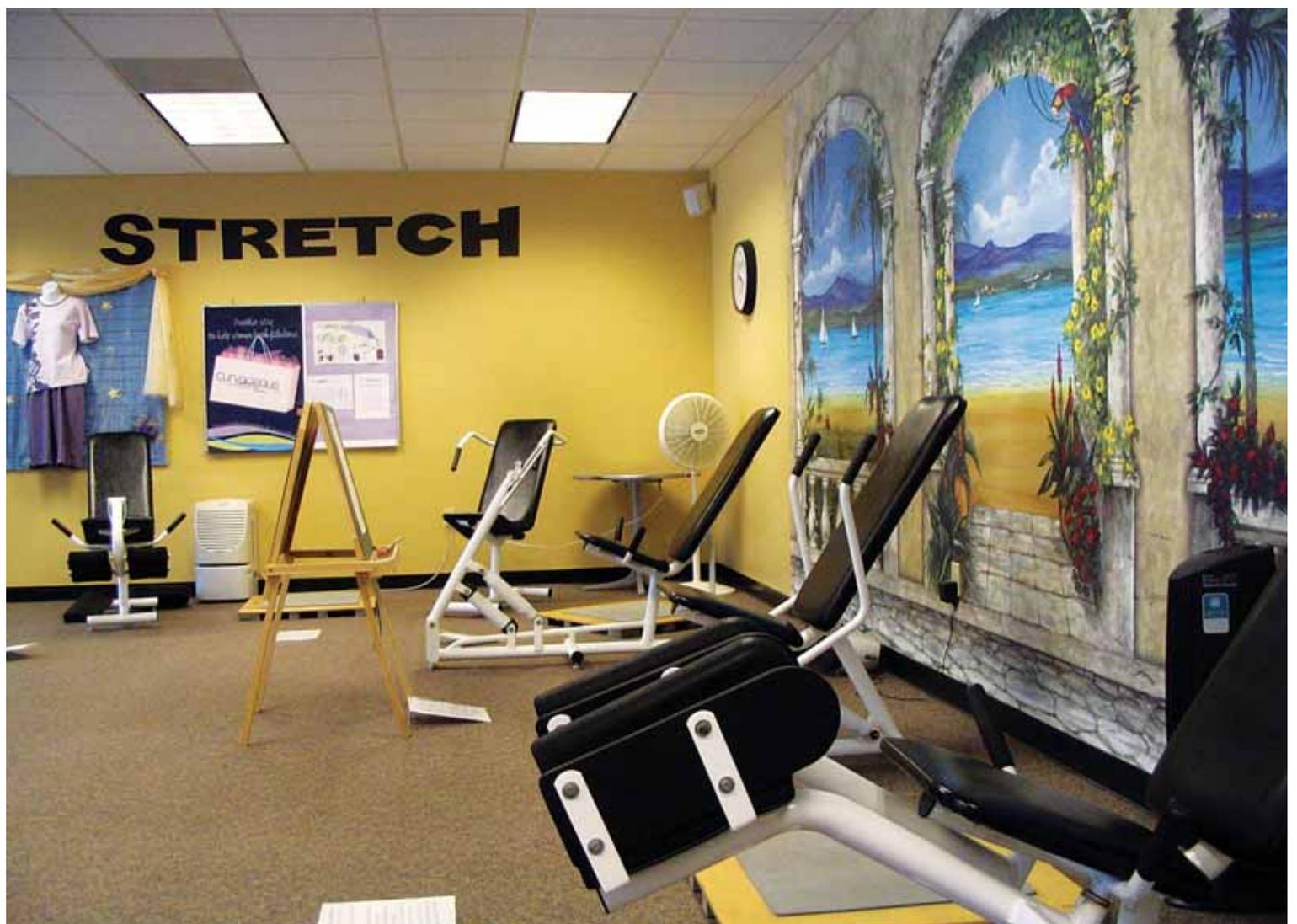
**Custom Fitness**  
 650 Castro St., Suite 108  
 (650) 210-8018  
[www.custom-fitness.com](http://www.custom-fitness.com)

**Hours:** Administrative hours are 6 a.m. to 8 p.m. Call for an appointment.  
**Membership dues:** Custom Fitness is not a membership-based facility  
**Equipment:** Precor, Life Fitness, Concept II, Paramount and dumbbells  
**Access to equipment:** Excellent  
**Facility:** Custom Fitness features a front room for Weight Watchers meetings, and a medium-sized back room that houses machines and free weights.

**Trainers:** One-on-one training: \$65. One-on-two training: \$90. One-on-three training: \$120.  
**Classes:** Strength Conditioning, Circuit Class  
**Pool:** No  
**Racquetball/Handball:** No  
**Basketball:** No  
**Sauna/Jacuzzi:** No  
**Staff:** Friendly and professional  
**Clientele:** Downtown businesspeople  
**Cleanliness:** Very good  
**Climate control:** Comfortable  
**Babysitting services:** No  
**Towel:** Free  
**Parking:** Good  
**Extras:** On-site massage for an extra fee. Free water and fruit.  
**Pros:** Personalized training that focuses on postural health. Convenient downtown location. Current clients may use cardio equipment during business hours for no additional fee. The only facility in Mountain View that hosts Weight Watchers meetings.  
**Cons:** Limited equipment choices

**Fit From The Core**  
 1050-A Independence Ave.  
 (650) 934-2673  
[www.fitfromthecore.com](http://www.fitfromthecore.com)

**Hours:** Administrative hours are 8:30 a.m. to 7:30 p.m. Class times vary.  
**Membership dues:** Basic membership is \$59 per month. Personal training clients receive 50 percent off.



Curves on Evelyn Avenue offers a non-competitive, all-female workout atmosphere.

CHELSEA YOUNG

**Equipment:** Balanced Body, Physical Mind Institute, Stott, Life Fitness, Star Trac, Concept II, RevMaster, Reebok, Monark, Apex, and a small selection of dumbbells  
**Access to equipment:** Excellent  
**Facility:** The workout area is divided into two rooms, one for Pilates classes and the other for cardio and weight training. A third room is available for small classes and private consultations.

**Trainers:** Personal training is \$59 per session for a 10-session package and \$64 per session for a five-session package. Pairs training is \$45 per person with a five-session package and \$50 per person for a single session.  
**Classes:** Pilates is available for two, three- and four-person classes, as well as individual sessions. Rates range from \$70 for a single-person five-session package to \$30 per class for a four-person ten-session package.  
**Pool:** No  
**Racquetball/Handball:** No  
**Basketball:** No  
**Sauna/Jacuzzi:** No  
**Staff:** Friendly, professional  
**Clientele:** All ages  
**Cleanliness:** Excellent  
**Climate control:** Good  
**Babysitting services:** No  
**Towel:** Bring your own  
**Parking:** Good  
**Pros:** Personalized instruction

**Flex-It**  
 425 West Evelyn Ave.  
 (650) 961-9070  
[www.flexitfitness.com](http://www.flexitfitness.com)

**Hours:** Mon-Fri: 6 a.m. to 8 p.m., Saturday: 8:30 p.m. to 5 p.m., Sunday: 9 a.m. to 5 p.m.  
**Membership dues:** Rates for memberships are available for daily drop-ins (\$9 single, \$16 families), weekly (\$25 single, \$40 families), two weeks (\$40 single, \$60 families), one month (\$55 single, \$95 families), three months (\$145 single, \$250 families), six months (\$260 single, \$385 families), and one year (\$425 single, \$595 families). Ten percent discount for seniors (age 60+), firefighters, police, teachers, military, and students.  
**Equipment:** Hammer, Hoist, Samson, Precor, Trackmaster, Life Fitness, Stairmaster, Concept 2, Lifecycle, and a good selection of free weights  
**Access to equipment:** Very good. Flex-It imposes a membership cap of 150 members to eliminate crowded conditions. Two members told us that they rarely saw more than six people at the club at any time.

for people interested in Pilates training  
**Cons:** Not a very large selection of free weights or resistance machines

**Flex-It**  
 425 West Evelyn Ave.  
 (650) 961-9070  
[www.flexitfitness.com](http://www.flexitfitness.com)

**Hours:** Mon-Fri: 6 a.m. to 8 p.m., Saturday: 8:30 p.m. to 5 p.m., Sunday: 9 a.m. to 5 p.m.  
**Membership dues:** Rates for memberships are available for daily drop-ins (\$9 single, \$16 families), weekly (\$25 single, \$40 families), two weeks (\$40 single, \$60 families), one month (\$55 single, \$95 families), three months (\$145 single, \$250 families), six months (\$260 single, \$385 families), and one year (\$425 single, \$595 families). Ten percent discount for seniors (age 60+), firefighters, police, teachers, military, and students.  
**Equipment:** Hammer, Hoist, Samson, Precor, Trackmaster, Life Fitness, Stairmaster, Concept 2, Lifecycle, and a good selection of free weights  
**Access to equipment:** Very good. Flex-It imposes a membership cap of 150 members to eliminate crowded conditions. Two members told us that they rarely saw more than six people at the club at any time.

**Facility:** One very small weight room with free weights and machines, and a basketball court.  
**Trainers:** Prices vary depending on the trainer you choose. Call for more information.

**Classes:** Ecstatic Dance For Body & Soul, Modern Indian/Bollywood Dance, Tai Chi, The Joy Of Movement, English Country Dance, Body Sculpting With Weights, Combo Class, Cardio Kickboxing, Martial Arts/Sports Conditioning, West Cot Swing, Step Class, Aerobics Blitz, Dance Aerobic, Folk Dancing, Zumba Fitness, Cardio Salsa, Silicon Valley Dance Collection  
**Pool:** No  
**Racquetball/Handball:** No  
**Basketball:** Yes, full court  
**Sauna/Jacuzzi:** No

**Staff:** No staff members were present the first time we visited the facility. The doors were open, so we entered and saw two clients lifting weights. We got changed and worked out for an hour. We never saw a staff member the entire time we were there. A friendly attendant was present during our second visit  
**Clientele:** Serious weight lifters  
**Cleanliness:** OK. The facility looked old. The men's shower stall was questionable.  
**Climate control:** Too warm for our taste  
**Babysitting services:** No  
**Towel:** Bring your own

**Parking:** Good  
**Extras:** This was the only facility we saw that offers Olympic lifting platforms  
**Pros:** Flex-It is an old-school gym with signed portraits of athletes on the walls. It packs a lot of pro equipment into a small space and is rarely busy, so you don't have to wait to work out. Convenient downtown location.  
**Cons:** The workout room is cramped. The equipment is old, but well maintained.

**Gold's Gym**  
 1400 North Shoreline Blvd.  
 (650) 940-1440  
[goldsgym.com/gymsites/us/ca/mountain\\_view/](http://goldsgym.com/gymsites/us/ca/mountain_view/)

**Hours:** Mon-Fri: 5 a.m. to 12 a.m., Sat-Sun: 6 a.m. to 9 p.m.  
**Membership dues:** When we visited, the best deal (promo code TC35) was a \$129 enrollment fee and \$35 per month with the first month free. We were informed that prices are subject to change, so check for current rates. Bring a calculator — there were several membership options with complicated pricing.  
**Equipment:** Precor, Lifecycle, Hammer Strength, Stairmaster, Cybex, Strive, Body Masters, Med X, Nautilus, Flex, Versa

► See **HEALTH CLUBS**, page 28

# The realities of plastic surgery

By Dr. Cindy Russell

**Q:** Is plastic surgery all about looking beautiful?

**A:** Yes and no. Plastic surgeons are trained in both reconstructive and cosmetic surgery of all parts of the body. We aim to change the shape or form to restore or improve a person's appearance. Our goal is improvement, not always perfection.



Dr. Cindy Russell

For years, people from all walks of life have benefited from reconstructive plastic surgery, which can correct congenital defects, developmental abnormalities, trauma, defects following surgical treatment of cancer or other diseases, or difficult wounds. Board-certified plastic surgeons are trained in cleft lip and palate repair, burns, breast reconstruction, hand surgery, microsurgery for replanting tissues, as well as cosmetic surgery.

Meanwhile, nearly two million surgical cosmetic procedures are performed annually in the U.S., including liposuction, nose reshaping, breast augmentation, eyelid lifts and tummy tucks. TV shows like "Nip/Tuck" and "Extreme Makeover" depict plastic surgery as a quick and easy ticket to personal happiness.

Complications from cosmetic surgery are uncommon, but as with any surgery, it carries medical risks that should be fully understood before the surgery is undertaken. Expectations need to be realistic. Certain features may be more difficult than others to alter.

Although cosmetic surgery doesn't alter your deeper self image, it may improve your self esteem. When you look better you feel better.

**Q:** I'm considering a facelift. What are the risks and alternatives?

**A:** Aging involves both decreased skin elasticity and loss of volume from fat redistribution. Facelift surgery is usually performed to address the elasticity issue and sagging of skin.

Facelifts have been the single most common surgical procedure for battling facial aging. They still are the best way to

rejuvenate those who have excess sagging skin. These lifting procedures alter both the skin and underlying structures of the face and neck. Risks include bleeding, infection, wound healing problems, and nerve damage. Although these risks are not common, your surgeon should make every effort to reduce these risks with adequate pre- and post-operative instructions.

Minimally invasive injectables, used to reduce wrinkles, are a smart alternative to surgery. Last year alone, more than eight million people received injectable procedures, with Botox leading the pack.

Botox is a remarkable injectable protein used to reduce glabellar frown lines (between the eyebrows), forehead lines and crows feet. It works by weakening targeted small muscles of the face, thus smoothing out many of the finer lines. Botox has been used safely for cosmetic and therapeutic purposes for 13 years in the U.S. Results typically last about three to four months.

Restylane is another injectable filler that increases volume and restores youthful facial contours. Restylane is composed of a non-animal stabilized substance called hyaluronic acid which is found naturally in the human body. It is fully biocompatible, biodegradable and with low allergenicity. Restylane typically lasts six to nine months.

**Q:** I've lost more than 100 pounds and now have unsightly excess skin on my arms and tummy. Can that skin be removed?

**A:** Yes. Major weight loss from long-term successful diets or gastric bypass surgery can reduce a person's size by as much as half, leaving the slimmer person with loose, sagging skin and tissue.

Body shaping and contouring of the arms, breasts, abdomen and thighs can be done to remove the extra skin, usually camouflaging the scars from view so you can even wear swimsuits without worry. ■

*Responses were provided by Cindy Russell, M.D., plastic surgeon with Camino Medical Group's Plastic Surgery department.*

*E-mail questions to Camino Medical Group representative Cynthia Greaves at greavec@caminomd.org.*

## HEALTH CLUBS

► Continued from page 27

Climber, Star Trac, Clubtrack Plus, Icarian, Paramount, and a large selection of free weights

**Access to equipment:** Good  
**Facility:** One spacious room divided into areas for cardio, arms, shoulders, legs, and abs  
**Trainers:** The first training session is \$29 for one hour. The next best deal is \$1,000 for 20 one-hour sessions.

**Classes:** Aerobics, Body Sculpting, Yoga, Spinning, Intro To Yoga, Yoga, Kickboxing, Cross Training, Abs Only, Brazilian Jujitsu, Cardio Sculpt, Combat Conditioning, Step, Advanced Step, Intro To Pilates, Cardio Intervals, Salsa, Body Wave, Bag Attack, Cardio Funk, Pilates Fusion, Martial Arts Tactics, Rush Step, Pilates II, Gentle Yoga

**Pool:** No  
**Racquetball/Handball:** No  
**Basketball:** No  
**Sauna/Jacuzzi:** No  
**Staff:** Professional

**Clientele:** Serious weight trainers  
**Cleanliness:** Good, except for the men's locker room, which was fair

**Climate control:** Very good  
**Babysitting services:** No  
**Towel:** Bring your own  
**Parking:** Good

**Pros:** This facility had the best selection and quantity of equipment. You should never have to wait for a machine.

**Cons:** It's a bit off the beaten track on the far side of Shoreline, and isn't a very social club.

**Lift Fitness**  
284 San Antonio Rd.  
(650) 949-3031  
[www.liftfitness.com](http://www.liftfitness.com)

**Hours:** Sessions are available by appointment only. Business hours are 6 a.m. to 9 p.m. Mon-Sat.

**Membership dues:** Lift Fitness is not a membership-based facility.  
**Equipment:** Hoist, Lifecycle, Star Trac, Dual, Cybex, Balanced Body, and a small selection of dumbbells

**Access to equipment:** Excellent  
**Facility:** The second floor of a small commercial building houses a workout area with adjoining rooms for changing, kitchen, and merchandise. A shaded and mist-cooled outdoor patio is available for group classes, weather permitting.

**Trainers:** Certified Pilates and personal trainers  
**Classes:** Pilates and Reformers classes: \$30 per hour. Mat classes: \$15 per hour.

**Pool:** No  
**Racquetball/Handball:** No  
**Basketball:** No  
**Sauna/Jacuzzi:** No  
**Staff:** Professional, friendly  
**Clientele:** Clients of all ages

**Cleanliness:** Very good  
**Climate control:** Good  
**Babysitting services:** No  
**Towel:** Provided  
**Parking:** Good  
**Extras:** Nutritional advice. Free apples. The facility also hosts exhibits by local artists.  
**Pros:** Lots of personal attention and privacy. Good selection of resistance and cardio machines for a small studio. Serene atmosphere.  
**Cons:** Not the club for anyone who wants to work out in a high-energy environment. Driving to Lift Fitness can be tricky when traveling northeast on San Antonio.

**Pace Yourself**  
1049-C El Monte Ave.  
(650) 938-7221  
[www.paceyourselffitness.com](http://www.paceyourselffitness.com)

**Hours:** Mon-Fri: 7 a.m. to 7 p.m., Saturday: 8 a.m. to 12 p.m., Sunday closed.

**Membership dues:** \$49.95 per month for unlimited use, \$20 per week, \$7 per day

**Equipment:** Pace, Gerstung, UFO, and LineX

**Access to equipment:** Excellent  
**Facility:** One room set up for circuit training, with a few resistance and cardio machines outside the circle

**Trainers:** No  
**Classes:** No  
**Pool:** No

**Racquetball/Handball:** No  
**Basketball:** No  
**Sauna/Jacuzzi:** No

**Staff:** Friendly and professional  
**Clientele:** Women only  
**Cleanliness:** Good  
**Climate control:** Good  
**Babysitting services:** No

**Towel:** Available  
**Parking:** Good

**Pros:** A safe, non-competitive environment for women who want to stay healthy  
**Cons:** Since the club offers a low-intensity workout, Pace Yourself is not for everyone

**YMCA**  
2400 Grant Road  
(650) 969-9622  
[www.ymcamidpen.org](http://www.ymcamidpen.org)

**Hours:** Mon-Thurs: 5:30 a.m. to 10 p.m., Friday: 5:30 a.m. to 9 p.m., Sat-Sun: 7 a.m. to 7 p.m.

**Membership dues:** Many options are available depending on the degree of access to the facilities and the type of individual or family plan you choose. The best price is \$32 a month with a \$40 joining fee for children between the ages of 6-17, and the highest price is \$120 a month with a \$150 joining fee for two adults with or without children who want full-facility access to YMCA facilities throughout the Bay Area.

**Equipment:** Cybex, SciFit, Star Trac, Stairmaster, Precor, Concept 2, Life Cycle, Paramount,

and a small free weight area  
**Access to equipment:** It was good when we visited on a Sunday afternoon, but two attendants admitted that members often must wait for cardio equipment during peak hours.

**Facility:** One large room with areas for cardio, weight machines, and free weights

**Trainers:** Adults: One session \$65, 4 sessions/1 per week \$220, 8 sessions/2 per week \$400, 12 sessions/3 per week \$540. Children between 10 and 17 years old: 1 session \$45, 4 sessions/1 per week \$150, 8 sessions/2 per week \$250, 12 sessions/3 per week \$325.

**Classes:** Cycling, Yogalates, Total Body, Step, Banded and BOSUed; Cycle & Stretch, Yoga, Reformat, Gentle Low Impact, WalkFit, Step Level II, Advanced Jazzy Aerobics, Advanced Yogalates, Hi-Lo, Wellness Walk, Core Well maintainedity, Power Sculpt, Muscle Conditioning-30, Fit & Flexible, Gentle Cycle, Pilates, Gentle Strength & Balance, Zumba Dance, Pre/Post Natal, Well Weights, Prenatal Yoga, Beginner Pilates, Restorative Yoga, Samba/Bellydance, Pilates II, Chair Exercise, Gentle Tai Chi, Balanced Sculpt/Ab Blast, Low Impact, Pilates-based stretch, Zumba for Kids, 50+ Fitness, Yoga 4 Kids, Youth Karate, FitBased Yoga, Step & Tone, Kids Total Fitness, Pilates Multi-Level, Cardio Dance, Ballroom Dance, Mostly total Body, Tai Chi, Energizing Stretch, Cardio Kickbox, Adult Karate

**Pool:** The YMCA has two pools. Swimming lessons are available for all ages and skill levels at an extra fee.

**Racquetball/Handball:** No  
**Basketball:** Yes  
**Sauna/Jacuzzi:** Yes  
**Staff:** Very friendly

**Clientele:** Professionals and families

**Cleanliness:** Spotless  
**Climate control:** Very good  
**Babysitting services:** Yes  
**Towel:** Free

**Parking:** Good  
**Extras:** Family counseling, massage, nutrition services

**Pros:** The facility looks new, and offers the best view of any of the clubs we visited. While burning carbs on a Precor machine, we gazed through floor-to-ceiling windows onto a perfectly manicured green belt with bushes and trees. If you aren't a fan of loud music, this is the place for you — it's quiet, even peaceful. The YMCA also offers an innovative FitLinxx memory card system that allows you to track your progress on machines throughout the facility.

**Cons:** The YMCA was comparatively expensive for individuals who want access throughout the day. The selection of free weights and machines is limited. ■

**PLACE AN AD**

**ONLINE**  
fogster.com

**E-MAIL**  
ads@fogster.com

**PHONE**  
650/326-8216

Now you can log on to **Fogster.com**, day or night, and get your ad started immediately (and free of charge) online. You automatically get a one-line free print ad in our Peninsula newspapers with the option of photos and additional lines.

So, the next time you have an item to sell, barter, give away or buy, get the perfect combination: print ads in your local newspapers, reaching more than 150,000 readers, and unlimited free web postings reaching hundreds of thousands additional people!

**INDEX**

- **BULLETIN BOARD**  
100-155
- **FOR SALE**  
200-270
- **KIDS STUFF**  
330-355
- **JOBS**  
510-585
- **BUSINESS SERVICES**  
600-690
- **HOME SERVICES**  
700-830
- **FOR RENT/ FOR SALE REAL ESTATE**  
801-860
- **PUBLIC/LEGAL NOTICES**  
995-997

The publisher waives any and all claims or consequential damages due to errors. Embarcadero Publishing Co. cannot assume responsibility for the claims or performance of its advertisers. Embarcadero Publishing Co. reserves the right to refuse, edit or reclassify any ad solely at its discretion without prior notice.

**Fogster.com** is a unique web site offering **FREE** postings from communities throughout the Bay Area and an opportunity for your ad to appear in the Palo Alto Weekly, The Almanac and the Mountain View Voice.

**Bulletin Board**

**115 Announcements**

Zero Your GlobalWarming Impact!  
"Happy Trails Nails"  
"Rawin" \* To Go Catering - See Menu  
\*Special Event Planners!!\*  
Big News! Movie Memories Has -  
Comcast Digital Cable / Internet - \$ 24.99 /  
DreamHomeDesign

Friday Night Chess - Free

**INTERIOR DESIGN**

**IQ Tested**  
The Palo Alto Test Center offers free IQ & personality tests for a limited time. Your IQ and personality determine your future. 650-424-1990

Join Relay for Life, Palo Alto  
Manicure & Pedicure Parties!  
Moving to Northern Idaho? - \$share  
NAIL CARE IN YOUR HOME!  
Novena St Jude Thank you RC  
One Stop Dance & Theater Store

**Pregnant?**  
Considering Adoption? Talk with caring people specializing in matching birthmothers with families nationwide. EXPENSES PAID. Toll free 24/7 Abby's One True Gift Adoptions 1-866-413-6293. (AAN CAN)

**Pregnant? Considering Adoption?** Talk with caring people specializing in matching birthmothers with families nationwide. Expenses Paid. Toll free 24/7 Abby's One True Gift Adoptions 1-866-413-6292 (Cal-SCAN)

Public Speaking Jitters? Then..  
Relationship Counseling  
RISE ABOVE IT

Seeking Life Partner by SWF, 55,  
**Sun 9/17 Girl Scout Fun run**  
Register @ 8:00am, run starts @ 9am. 5k run (walk) / 1 mile walk. 1900 Geng rd. Palo Alto  
Baylands athletic center  
(650) 321-7341

Swedenborgian Discussion  
Sweet Buds Floral Design  
Teachers  
Volunteers and Vendors

**130 Classes & Instruction**

'A Salsa Class: inscenes.com'  
'A SwingClass: www.inscenes.com'  
'A TangoClass: inscenes.com'  
'Lacrosse Classes 650-799-3600  
'Wedding Dance Lessons'

**A Career in Medical**  
Assisting can be yours with training from UEL. 6 convenient locations. Call now to start training for your new career. 1-877-354-2031. www.uei4you.com (Cal-SCAN)

**A Medical, Dental, Business or Computer Career** can be yours with training from UEL. 6 Convenient Locations. Call now! 1-877-354-2031. www.uei4you.com (Cal-SCAN)

Adult French Lessons  
Adult Spanish Lessons  
Art classes for Preschool kids - 650 799 0235

Backyard Chickens - \$32  
BECOME AN IRRESISTIBLE MAGNET FO- \$23  
BossaGuitar Teachr (650)494-1177 - \$45  
Chess Lessons for kids and adult  
Chinese.chinesetutor06  
COMPUTER TUTOR  
DreamHomeDesign  
Free Brain Gym(R) Classes  
French Lessons by native speaker - \$ 25  
HERBAL CLASS SERIES - \$210 or \$8  
How to - clarity 4 divorce  
How to get childcare funds

**Jazzercise at Menlo Atherton**  
M-Tu-Th 6 pm & Sat 9 am. MA High School Dance Studio (Next to Gym), 555 Middlefield Rd. jazzercise.com or call 415-601-2522

July 30: Basic Horsin Around - \$99  
KABBALAH-HEALING.ORG - \$20.00

**Media Make-up Artists**  
earn up to \$500/day for television, CD/videos, film, fashion. One week course in Los Angeles while building portfolio. Brochure 310-364-0665 www.MediaMakeupArtists.com (AAN CAN)

Ninjutsu: martial arts class  
SOIL FOODWEB - \$23  
Spanish for everyday use - \$ 20.00 pe  
Strokes - recovering joy & indep - Open  
VOCATIONAL NURSING PROGRAM  
Wine Lessons - Free  
www.agexplore.com: High School

**133 Music Lessons**  
**A Piano Teacher**  
Children & Adults  
EMA CURRIER  
650-493-4797

**BARTON-HOLDING MUSIC STUDIO**  
Roger Emanuels, cello, Lisa Baratta, woodwinds, Laura Barton, vocals. Lessons for all ages. 650/965-0139  
Bossa Nova Guitar (650) 906-0457 - \$45  
Fiddle or Violin Lessons - \$25  
GUITAR LESSONS

**Hope Street Studios**  
In Downtown Mountain View  
Most Instruments, Voice  
All Ages, All Levels  
(650) 961-2192

**Jazz & Pop Piano Lessons**  
Voice chords like a pro.  
Bill Susman, M.A., Stanford  
(650) 906-7529

McCool Piano Studio 566-9391 MP  
Music Lessons For All Ages  
Music Theory Lessons - \$25

**New Mozart School of Music LESSONS ON ALL INSTRUMENTS Internationally acclaimed Harmony Road Music Classes for 18m -11yrs**  
www.newmozartschool.com  
650-324-2373

**PIANO CLASS FOR 2 & Up**  
**Piano Instruction**  
Classical, Theory and Jazz  
All Levels-Children and Adults  
Susan Jackson  
MB, MM-MTAC-IAJE  
By Appt: 650/326-3520

**Piano Lessons**  
Taught in your home  
Member MTAC & NGPT  
Specializing in beginners  
Karen (650)233-9689

**Private Piano Lessons**  
20 years exp. Glenda Timmerman  
Masters Degree in Music & Arts.  
(650)938-0582

**Singing Lessons**  
Contemporary / Classical  
Voice taught by Conservatory Trained Prof. Singer/Actress.  
Experienced Teacher.  
SAG & NARAS Call (650)924-0299  
Violin Lessons

**135 Group Activities**  
BRAIN INJURY SUPPORT GROUP - \$ 1  
Food Addicts In Recovery  
How about a support group??  
Scrabble Club-Mondays-PA - \$FREE

**145 Non-Profits Needs**  
Board of Directors Needed  
grant writer needed urgently - Fee or %  
PIANIST WANTED  
Unwanted Cell Phones

**150 Volunteers**  
Surround yourself with ART!  
Zero Your GlobalWarming Impact!  
Film Festival Seeks Volunteers  
Gallery Shop Volunteer  
Help Pamper Our New Moms!  
Hospital Needs Info Volunteers!  
INTERNATIONAL SERVICE!!  
Office Volunteers Needed  
READ TO KIDS!  
Relay For Life Volunteers Needed  
Stanford Blood Center  
Volunteer Fleet Management Asst - \$0  
Volunteers for intl. swim meet  
Volunteers Needed  
You Can Help Animals

**152 Research Study Volunteers**  
Alzheimer's Research  
Alzheimer's disease research  
Brain Imaging Healthy Volunteers - \$50  
Brain Imaging in Depression - \$50  
Can't Sleep and Feeling Down?  
Chronic Pain Research Study  
Healthy Adults Needed  
Insomnia - \$500  
Interpersonal Study at Stanford - \$15  
Moms with Past Depression Wanted - \$25/hr  
Mt View Residents Needed!  
Usability Study July 17-21.  
Must have laptop & use WiFi \$75 /hr call 1-866-678-USER  
OCD Medication Study  
Psychology Study at Stanford - \$15  
Research Participants Needed - \$75  
Research Study at Stanford - \$25  
Volunteers wanted for Paid Study - \$30/\$320

**155 Pets**  
ADOPT A CAT Mt View PetSmart - Sa&Su 1-4  
**Boxer puppies**  
AKC reg. 5 m. 5 f. fawn & brindle.  
(650)669-1957

**Cat Safety**  
Cats outdoors get injured, diseased, killed. Cats indoors are safe, healthy, long lived. Free Help Sheet on keeping cats happy indoors or in an enclosed outdoor play yard. 650/321-4857  
DOVES FOR SALE - \$(BEST OFF



**Extremely Cute Teacup yorkie**  
A great AKC female little yorkshire terrier, And ready to warm your heart, She is litter trained current on her shots and worming, and comes with full akc registration. She love to play with kids and other animal, she need alot of attention and she is ready for her good home. \$600



**Female MINI**  
female MINI - born 3/23/06 - A beautiful bulldog with a sweet personality, ready for a loving home. She's absolutely one of the cutest ones ever seen. She's also small. Remarkable markings. Registered/ registerable (AKC, NKC, etc.), Current vaccinations, Veterinarian examination, smart pup, all shots and deworming are all working up to date \$600



**Female teacup**  
Female teacup. look at her angelic face - she's just as stunning as can be - gorgeous coat - she has a very stunning teddy bear face - she has a dark red and a dark black coat - fabulous personality perfectly home raised children, breed for excellent conformation (Pedigree Loaded with Champions), excellent health and wonderful loving dispositions. With my baby you will receive a one year written & signed health guarantee, your new little puppy will also be microchipped for her safety and yours. You will also receive a puppy packet, containing a signed contract, medical history, numerous learning brochurs, a puppy care guide book and coupons off the feed recommended \$0.00

**Golden Retriever**  
4 y/o. Pure breed. \$100. Please call 650-387-2332

**No phone number in the ad? GO TO FOGSTER.COM for contact information**



**Havanese puppies for sale**  
rare pure breed , AKC, they are non allergenic, non shedding, small companion dog with long silky hair. We have 2 male left. They are smart, entertaining and very loving Call for more information. 650 996-1157 \$ 1500.00

Homeless NASA Moffett Field cats - \$25  
Horse Part-Lease.up.to.50%



**Keem English bulldog**  
A beautiful bulldog with a sweet personality, ready for a loving home. She's absolutely one of the cutest ones ever seen. She's also adorable. Remarkable markings \$500

**KITTEN ADOPTION FAIR-SATURDAY**  
**Old English Sheepdog Puppies**  
Adorable OES puppies available aug, male and female www.oldenglishsheepdogs.com 650-851-2097

**PAMPERED PETS**  
Pet/House Sitter Available  
petfair PETCO RWC 4/8&9

**SHIH TZU PUPPIES FOR SALE**  
Adorable AKC registered litter (born 5/3/06). 3M, 1F. Tri-color. \$650 and up. 650-851-5744



**Teacup Yorkie**  
What a little divine princess this tiny miss is. She is full of character and curiosity. She is blessed with sincerity and a gracious attitude. She has a nice square frame with short little legs. She loves to be on the go, or just a lap companion \$500

**Teacup Yorkie for free**  
What a little divine princess this tiny miss is. She is full of character and curiosity. She is blessed with sincerity and a gracious attitude. She has a nice square frame with short little legs. She loves to be on the go, or just a lap companion, so I am giving her out for free, all you just need to do is to pay for shipping charges to get the baby shipped to your place. \$0.00

Wonderful photos of your pets

► Continued on next page

**For Sale**

**201 Autos/Trucks/Parts**

**\$500 police impounds,** Cars from \$500! Tax Reposs, US Marshal and IRS sales! Cars, Trucks, SUVs, Toyotas, Hondas, Chevys, more! For Listings Call 1-800-298-4150 ext.C107. (AAN CAN)

**Acura 1995 Integra**  
Metallic green. One owner, top condition, well maintained, quality new paint, enhanced stereo system, speakers, new tires. 119K. 4 cyl., 4-dr, A/C, moon roof, AT \$5,500, 408-738-2735

Acura 2001 MDX - \$24680  
BMW 1991 735i - \$4,500  
BMW 1999 323is - \$14800  
Buick,4 Door 96 Regal Custome - \$ 1,200.00  
Dodge 2000 Durango - 9,985.00  
Ford 1968 Mustang - \$4500. obo  
Ford 2000 F1-50 XLT 4X4 - \$7935

**Ford 2002 Mustang GT Convertible**  
Only 35K miles. Automatic. 6 CD changer. Dark blue metallic w/ black leather & top. Excellent condition, very clean, 1 owner, all records. Perfect summer car. 650-462-1422 or 650-218-8124 evenings & week-ends. \$16,500

GMC 2004 Sierra 1500 2WD 4 door - \$16,000

**Infiniti 1997 J30**  
\$6250. Dark green. 60k miles. Call Kevin@408-205-5013 or reply online.

Jaguar 1991 XJ6 Vanden Plas - \$5500  
Jeep 2001 Cherokee Sport Utility - \$8750

**Selling a car?**  
Advertise it on **fogster.com** with photos  
no minimum lines,  
no minimum dollars  
no cost

Toyota 1998 Avalon XLS - \$8680  
VW 1986 Conv-Cabriolet - \$3,995

**210 Garage/Estate Sales**

**27082 Horsehoe Ln.**  
Los Altos. Fri-Sat, 7/14-16 8-5, 5pc qn.bd set (Simmons, desks, lamps, bk shelves, bks. Kid's car seats & furn. Tons of toys. Grden tools. Plants. Kitchenware, Bric a brac. Boys/girls/ladies clothes.

**Advertise your garage/yard sale**  
Free online postings @ **www.fogster.com.**

Place your information in the Palo Alto Weekly, Mtn. View Voice and The Almanac (only \$5 per line), which entitles you to a FREE garage sale kit (Value \$30) available at our office 703 High St., Palo Alto)

**Burlingame: 2561 Poppy Lane, 7/14-15, 10-4**  
(across from Kohl Mansion). Painted & French style furn., very unique items.

**Giant Moving Sale**  
New Clothes, Jumpers, Chairs, Tables, Furniture, Household Items & lots more! (650)321-6418

**Menlo Park, 766 Nash Ave., 7/15, 8-4**  
Quality clothing, shoes, jewelry, household items, chairs, books on tape, collectibles, pottery, glass, transferware, vintage valentines, ephemera, tins and packaging. Great stuff!

**Mountain View, 1075 Nilda Ave, 7/15, 9-2**  
MOVING SALE  
All household items for sale, including: Beds, couch, tv, stereo, kitchen appliances, bookcases, desks & diningroom set

Mountain View, 706 Vaquero Dr., 7/15, 7-1

**MP: 961 Lucky Ave, 7/15, 9-1**  
Children's books and toy sale.

**MP:14th Avenue , 7/15, 9-3**  
Block Garage Sale  
Furniture, etc.

**MP:7/15 9-4, 1055 Tehama**

**MV: 2744 Levin Ct, 7/22 , 9-5**  
Toys! Brio, Playmobil and many more. Also, furniture, shelving, etc.

**MV: 13395 Pastel Ln, July 22, 9-3**  
Moving Sale! Craft/scrapping supplies, furniture, and more!

**MV: 537 Piazza Dr, July 15 & 16, 8-3**

**PA: 2521 Webster St, 7/15, 9-2**  
Multi-family garage sale. Lots of baby clothes (girls/boys) and toys, some furniture, household items and more. X-street is Middlefield off of Oregon Expsy

**PA: 3114 Flowers Ln, 7/15, 9-1**  
Neighborhood sale. Wide range of items - Antiques to Toys.

**PA: 3285 South Court, 7/16, 9-1**  
Great Stuff at Huge Moving Sale, Motivated seller needs to sell off a whole household worth of stuff on Sunday morning. High quality bookshelves, desk, bed, coffee table, armoire, kitchen utensils and more. Great stuff, but not worth moving to NYC.

**PA: 3419 Alma St. 7/15, 8am**  
Alma Plaza. Tables, lighting, shelving, and clothes.

**Redwood City, 272 Elwood, 7/15/2006**  
Big Garage Sale RWCMC: Household, baby and children's items.

**Redwood City, 5 Geri Pl, 7/15, 8-5**  
Huge 5 Fam. xSummit. Clothing, Books, Electronic, Sports, Toys, Furn, Jewelry, Kit&Hshld. Daycare closing.

**Stanford, 877 Lathrop Drive, July 15, 9-2**  
Furniture and much more

**215 Collectibles & Antiques**

ANTIQUA DROP LEAF TABLE - \$95.00  
Antique Oak Dining Table - \$195 OB  
Books: 747-0277 Edgar Allen Poe - \$119  
Carving/Statue:747-0266 'African - \$275  
Lace/Delicate:747-0266 Large! - \$150  
Lladro Christmas Bells - \$500.00  
O'keefe & Merrit Gas Stove - Best Offer  
PEGGE HOPPER "KOOLAU AFTERNOON" - \$1000  
Planter:747-0266, 50-Sea-Shellsl! - \$150  
Walnut Secretary (1920s) - \$775.

**220 Computers/Electronics**

36" Sony Flat Screen TV KV-36FV1 - \$500  
Accordian Doors - FREE  
DSL modem - FREE  
Metal Book Case and Shop Light - FREE

**Metal DRAFTING TABLE**  
Free full size metal drafting table (38"Wx60"Lx39"H). You want it, you haul it. Will fit in the back of a station wagon when disassembled. FREE

**225 Wanted to Buy**

Amer.Girl items 650-323-1144  
Antique Dolls;650 851-5660

**Guitar Wanted!**  
Local musician will pay up to \$12,500 for pre-1975 Gibson, Fender, Martin, Rickenbaker and Gretsch guitars. Fender amplifiers also. Call toll-free! 1-800-995-1217. (Cal-SCAN)

**Toyota Chinook wanted**  
Toyota Chinook wanted(650)493-4369

**Vacuum Tubes**  
Test equipment, telegraph keys, tube hi-fi, old radios, Ham gear, parts. 415/564-8301

**240 Furnishings/Household items**

3 piece sectional - \$595  
Antique Sewing Table - \$90.00  
Attractive Bed and Bookshelf Set - \$250  
Beds  
Twins/Fulls, \$79. Queens, \$119. Kings, \$149. Bunkbeds, daybeds, \$99. Dresser, mirror, headbrd, nitestand \$199. Bedframe, \$19/up. We deliver. Visit or Ph order 510-745-0900  
Brand New VERY ELEGANTE custom m - \$ 25 each

Desk/ArtDeco: 747-0266 - 450  
Dining Table Expandable - \$50.00  
FOUR-WAY SECTIONAL COUCH - \$100/B.O.  
Ice Cream Freezer - \$20  
Kitchen Cabinets - \$75.00 Pr.

L-SHAPED OAK DESK & CREDENZA - \$350 or be  
Moving garage sale  
NEW Le Creuset 5.5 Qt. Fr. Oven - \$150  
Niagra Adjustable Bed - \$250.00  
Oak Executive Desk - \$175.00  
Sterns and Foster Box Springs - \$200  
STOVE, REFRIG., DRYER f/Sale - Best Offer  
Teak veneer daybed &trundle bed - \$200

**Washing Machine**  
Kenmore Elite washing machine, in good shape, top load, only 1 1/2 years old. \$350. Woodside.

**245 Miscellaneous**

**19dollareyeglasses.com**  
High-quality, complete prescription eyeglasses with high-index, hard-coated lenses, +case, for \$19. Rimless, stainless steel, memory titanium, child-resistant frames, bifocals, progressives, sunglass tints. etc. http://19DOLLAREYEGASSES.COM. (AAN CAN)

**7 Person Spa, Never Used.**  
Must sell, \$2999. Includes cover, will deliver. 1-800-779-6276. (AAN CAN)

Beautiful GRAPE STAKE FENCING - best offer  
CAMERA LENS, 500mm MIRROR - \$100/BO

No phone number in the ad?  
GO TO **FOGSTER.COM** for contact information

**Compressor**  
Ingersoll-Rand. Used only 10 hours. 230 volt, 15 amp, 60 hertz. Model 55-343-WB. 135 psig, 11.3 acfm @ 90. Orig. \$914. Asking \$700. 650/851-1930

**HOT TUB: 2006 Model.**  
Neck jets, therapy seat. Never used. Warranty. Can deliver. Worth \$5700. Sell \$1750. Call 408-732-1062

**Household Goods**  
Wood dining table w/4 chairs, \$200. Sony 5 CD player w/tuner, etc., \$250. Exec. swivel chair, \$50. Wooden recliner, \$25. Wood trolley table, \$10. Folding chair, \$10. Massagers, \$10 ea. Wall phone, \$10. 650/575-5638  
Huge Book Sale - \$1-5

**Kosher/Halal Multi Vitamin**  
vwikie.healthzone.com  
Layers for sale - \$15  
National Geographic Magazines  
Playboy Magazines - \$ 40.00

**Steel Buildings.**  
Factory Deals. Save \$\$\$.  
40x60' to 100x200'. Example: 50x100x12' = \$3.60/sq ft. 1-800-658-2885  
www.RigidBuilding.com (Cal-SCAN)  
TOOLS & MISCELLANEOUS - \$30  
WE SELL MOBILE PHONES,LAPTOP,IPO - \$100

**250 Musical Instruments**

Mixer: 747-0266 Peavy 16-Ch. - \$225  
Roland HP 236 Digital Piano - \$1349  
Upright Grand Piano & Bench - \$2,575.00

**260 Sports & Exercise Equipment**

Health Rider app - \$15.00  
kids' adidas soccer shoes, 4 1/2 - \$12

**270 Tickets**

Bank for the West Classic Finals - \$140  
Giants vs Brewers Club Tix 7/17 - \$45  
Giants vs Brewers Club Tix 7/18  
Giants vs Nationals Club Tix 8/1 - \$45  
SF GIANTS CLUB LEVEL TICKETS - \$40

**Kid's Stuff**

**330 Child Care Offered**

**C-A-R MILESTONES PRESCHOOL**  
• Developmentally focused program for children 2 to 5 years  
• Low Teacher to Student ratio, maximum of 1:5  
• Assessment of individual learning styles, strengths & needs  
**Contact: 650-618-3325**  
avril@c-a-r.org  
www.c-a-r.org

**Child care**  
Stay home experienced mom looking for a 3-4y.o girl to care for in my home.My 3 y.o little girl is looking for a playmate.Please call 650-305-1418.  
Children's Corner Preschool

DO U NEED AN ENERGETIC NANNY? - \$16+  
Driver/Childcare - \$16-18  
ENERGETIC NANNY AVAIL. START JUL - \$16+  
english speakg. housecleaner  
ENGLISH SPKG. HOUSECLEANER  
Experienced German Au Pair - \$10+  
FULL-TIME LONG TERM NANNY - \$17+  
Fun Nanny weeknights/weekends  
Get spousal funding 4 child care

**Aunt Ann's IN-HOUSE STAFFING**  
• Nannies  
• Baby Nurses  
• Housekeepers  
• Chefs  
• Household Managers  
650/573-1000 • 415/749-3650  
www.auntanns.com  
Staffing Bay Area Homes Since 1958

**My loving nanny**  
is looking for FT job and lt. cleaning. Long term position. 17 yrs. exp. CPR certified. Clean DMV, great refs. Avail. August. Call (650)766-0768 or (650)367-0742

Nanny 911!!!!  
Nanny available afternoon  
Nanny full time or part time  
nanny/babysitter - \$negotiable  
Nanny/Household Manager - \$open  
Nanny/Personal Assist/Organizer/ - \$17/20  
P/T Babysitter and nanny - \$2.00 per  
PART TIME NANNY - \$16+  
Prime-Nanny Share avail!!!! - \$20hr  
**Reliable Nanny**  
Spanish w/ some English. Great Refs/Exp. Clean DMV. Betty (650)771-6016  
Rent a room and babysitting - \$Neg  
responsible teenage babysitter - \$10  
Stay at home mom

**Sunshine Preschool**  
Montessori Program  
• P/T Ams 8-12:30 • Ages 3-5  
• Snacks & Lunch • 6:1 ratio  
(650) 493-0665  
sunshine-preschool.com  
Serving Palo Alto since 1989

**The Tot Spot**  
is now accepting INFANTS! 2 openings only. Also accepting applications for 2 years & up. NAFCC accredited preschool in West MP. Call Susan Coronado, (650)854-4025. Applications available at www.totspot.net

**Wonderful PT nanny available**  
Our wonderful nanny is looking for a morning job (between 7am and 2pm). She is very loving, trustworthy, and reliable. Call/email to discuss: 766 8317 or andrea@ee.stanford.edu.

**340 Child Care Wanted**

**TOWN & COUNTRY RESOURCES**

**Find your dream NANNY JOB!**  
Only Afternoons!  
Five yr. old Jack needs a Nanny in Palo Alto, M-F 1:30-5:30pm. \$20/hr.  
**Traveling Nanny Needed!**  
For 2yr. old Kate in Menlo Park. Full-time. \$70,000/yr.  
**WWW.TANDCR.COM**  
650.326.8570

**Nanny wanted**  
Energetic nanny needed 16hrs/wk. Trustline registration and ECE classes preferred. References required. Fremont. 510-364-4636.

**Nanny wanted afternoons**  
for 4 y/o child, must drive and speak English. (650)321-8218

**Nanny/Household Manager**  
Looking for a take charge nanny!! Monday-Friday 1:30-8:00pm Errands, light house keeping, and more. Two girls six and eight. Please have experience,driving print out and background check. please email with salary expectations and phone number + best time to call. SandeeBrisbane@aol.com \$open

need FT nanny  
PT afternoon nanny wanted - \$18+ (DOE)  
PT Loving Sitter - \$12-15  
Sitter Wanted in Mtn View - \$7-12

**Stanford Park Nannies**  
San Jose, 8:00-6:00, 2 yr boy, working parents, \$750/wk  
Mt. View, 2:30-6:30, M-F 5 yr boy, driving req'd, \$17/hr  
Silver Creek, M-F, 9-5 2 wks & 18 months, \$16/hr  
650-462-4580  
www.spnannies.com

**345 Tutoring/Lessons**

Math & Spanish Tutor - 6509485137  
Spanish Credentialed Tutor - \$40-\$70  
Achieve Tutoring 800.875.6804  
Adult French Lessons-650-6919863  
Adv Tutoring - omegateaching.com - 322-2671  
Algebra 1 and 2 Summer Courses - \$500.00  
Black Belts come in All Sizes...  
Chemistry, Physics, and Biology  
Chess Lessons for kids and adult  
chinesetutor06  
Credentialed Spanish 1 thru 5AP - \$40.00 to  
French & Spanish for High School  
French & Spanish for Home School

**IN-HOME TUTORING, SAT PREP**  
Experienced tutors from top schools. All K-12 subjects. PrepPoint.com, 1-866-773-7764

**Instruction for Hebrew,**  
Bar & Bat Mitzvah For Affiliated & Unaffiliated  
George Rubin, M.A. in Hebrew/Jewish Education 650/424-1940

Intensive LSAT tutor -281-3681 - \$75  
K-2 Reading Tutor - \$40/hour

**Language Experts**  
Experienced European French-Spanish Teacher. Kids, high schoolers, home schoolers, special programs for adults. (650)691-9863; (650)804-5055 cell.  
www.languagesexpert.com

Math K-College 650.948.5137 - \$70.00  
Math Tutoring

One-to-One Tutoring Service - 363-8799  
Pre algebra thru Calculus/ Stats

space and time class - free  
Spanish K-College - \$30 to \$70

Spring Down Equestrian Center  
Summer School, French or Spanish

Summer Spanish Courses - 6509485137

Summer tutoring 650.948.5137 - 40 to 70  
Tennis Lessons 650-968-1576

Tutoring  
Writing Tutor Gr. 6-12 856-6732 - \$40

**350 Preschools/Schools/Camps**

Art for Preschool children  
**Bradbury House**  
Small, new Montessori school. Ages 3 to Kindergarten. Summer and Fall Classes forming now. AMS trained teachers (1:6 ratio) 650/368-8048

Broadway for Kids  
**Casa dei Bambini**  
Education for the 21st Century  
• AMI (member) Montessori Program (2yrs-K)  
• Emotionally & Academically stimulating program  
• Rich, nurturing, safe environment  
• Highly Qualified Teachers  
• Specially designed Montessori Program for 2 yr olds  
• Proudly NAEYC accredited  
650-473-9401  
• French • Spanish • Music • Kindergarten •

Children's Corner 650-948-8950

**Growing Tree Preschool**  
Montessori Curriculum. Ages 2 to 5. Low student-teacher ratio. Will potty train. 650/857-0655 www.growingtreepreschool.com

Spanish Program for Toddlers - \$135  
Spring Down \$400

**355 Items for Sale**

Catering for Kids! - \$tbd  
Gerry Rollerbaby Jogger for 2 - \$45  
Huge Lot Thomas The Train Wooden  
New Kid's Clothing - \$1.00

**390 Kids for Summer Jobs**

**A responsible 16 yr old**  
student looking for babysitting job. Children-all ages. Previous exp. 804-1269  
**Need help with your Japanese?**  
I can help. Hours and price negotiable. Call 855-9744  
**Responsible 16 year old**  
Love helping people out. Prices are low and negotiable. Call 856-6855

**Turning 16**  
Willing to do odd jobs, such as chopping wood. Rate is negotiable. 321-1402

**Fogster.com** is a unique web site offering **FREE** postings from communities throughout the Bay Area and an opportunity for your ad to appear in The Almanac, the Palo Alto Weekly, and the Mountain View Voice.

# It's All About The Kids

# SUMMER FUN 2006

...is the place to be!



## PENINSULA SWIM SCHOOL

### FREE TRIAL LESSON

### Immediate Openings

Babies from 6 weeks • Children • Adults



**FUN • FLEXIBLE • SUCCESSFUL**  
**INDOOR/OUTDOOR 92° POOL**  
**Day-Evening & Saturday**

**(650) 366-9211**  
 visit us at [peninsulaswim.com](http://peninsulaswim.com)

### HIGH SCHOOL MATH & SPANISH SUMMER COURSES

- Algebra I & II • Geometry
- Spanish I & II • SAT & AP

June 19<sup>th</sup> through July 7<sup>th</sup> • July 10<sup>th</sup> through July 28<sup>th</sup> • Credits Available

PROFESSIONAL TUTORING SERVICES OF SV  
 Phone & Fax (650) 948-5137 (Los Altos) • [www.ptstutor.com](http://www.ptstutor.com)

### Spring Down Equestrian Center HORSEMANSHIP CAMP

SUMMER 2006

Winter Camps Also Available!

Ages 6-76. Monday thru Friday, 9:00am to 1:00pm

June 19-30 • July 3-14 • July 17-28 • July 31-Aug 11 • Aug 14-25

725 Portola Rd., Portola Valley

**(650) 851-1114** [www.springdown.com](http://www.springdown.com)

### Andy Harader Tennis Camp

Formerly Paly Tennis Camp  
 June 19 - August 18

9AM - NOON • AGES 7-16  
 @ PALO ALTO H.S.

**(650) 364-6233**

Grades 1 to 8  
 9:00 a.m. To 4:00 p.m.

"The Lure and Rhythms of the SEAS"  
**JUNE 19-23**  
 Barron Park Elementary School

"View from the Roof of the World"  
**JULY 31-AUGUST 4**  
 Barron Park Elementary School

Professional artist teachers  
 Small groups Sibling Discounts

**PAPPA (650) 493-7282**

**PAPPA**

Palo Alto Parents and Professionals for Art

**ARTS CAMPS**

VISUAL ART DANCE MUSIC DRAMA

"Immersion in the ARTS"



Goodbye!  
 See you next year.

Look for our  
 Summer Fun again  
 February 2007

## Jobs

### 500 Help Wanted

#### Administrative Assistant

We are looking for a Property Manager with Computer, Office, RE sales or rental skills. Long term, flex hours, benefits in Los Altos Possible Housing. Resume to HNC, [MMhousing@aol.com](mailto:MMhousing@aol.com) 650 962-8525

#### ADVERTISING SALES

We are looking for a F/T Sales Representative that is an energetic, enthusiastic, confident and self directed professional. We seek someone who possesses strong organizational and public interaction skills. You should have the ability and demonstrated experience to make public and one-on-one presentations. You must work well with minimum supervision.

Your responsibility is to develop and present effective marketing programs that result in sales. You will be working with a base of current and prospective customers within a geographic territory.

We value and actively seek to recruit, develop and retain people with backgrounds and experience reflecting the diversity of the communities that we cover.

For consideration, fax or email resume: Neal Fine  
**650-854-3650**  
[nfine@almanacnews.com](mailto:nfine@almanacnews.com)

We offer a competitive compensation & benefits package including medical, dental, paid vacations, sicktime and a 401 (k) plan.

#### Bartenders:

Many great opportunities. Part time and full time shifts available. Make \$200-\$300 per shift. No experience is required, training provided. Call (877) 966-9266 ext. 1000. (AAN CAN)

#### Beauty Salon Assistant

Beauty Salon Assistant-Part Time 8 to 10 Hrs Weekly- Calif Cosmetology License Required  
 Will Train - Retirees Welcome to Apply  
 (650) 323-3146

#### Cafe assistants

Stanford University coffee house and cafe seeks F/T or P/T help. Candidates must be mature and reliable, speak excellent english, team oriented, must also be familiar with coffee equipment, cash handling and food....Catering experience helpful

Operating hours are Monday - friday 7:30am - 5:00pm  
 No weekends/No nights/No holidays

Gaston 415 298 8558 call hours between 8-10 am or 3-6 pm only e-mail resumes anytime

Development and Communications Director

#### Driver

Sunnyvale professor seeks driver to San Jose State, Evergreen, medical appointments and errands. Must have good car, good driving record, and excellent language skills. \$15 an hour and gas. (408) 253-1995. Calls only. No e-mail.

#### F/T Experienced Pressman.

Immediate opening. Medical/dental, 401k avail. Lisa 1-530-846-3661 or mail resume to publisher@gridleyherald.com or POB 68, Gridley, CA 95948 (Cal-SCAN)

#### Fortune 500 Company

Seeks Business to Business Daytime Insurance Sales. No experience required. First year potential \$60,000+. Call 916-526-2735 or email resumes to Michael.Peacock@coloniallife.com (Cal-SCAN)

#### Government Jobs

\$12-\$48/Hr. Full Benefits/Paid Training. Work available in areas like Homeland Security, Law Enforcement, Wildlife & More! 1-800-320-9353 x2001. (AAN CAN)

#### Home Care

for elderly. 1 year experience. Hourly, live-in, drivers pref'd. Special need for weekend staff. OACM, 650/329-1411

#### Home Refund Jobs!

Earn \$3,500 - \$5,000 Weekly Processing Company Refunds Online! Guaranteed Paychecks! No Experience Needed! Positions Available Today! Register Online Now!  
<http://www.PaidRefundJobs.com> (AAN CAN)

#### Home Typists Needed!

Earn \$3,500-\$5,000 Weekly! Typing from Home! Guaranteed Paychecks! No Experience Needed! Positions Available Today! Register Online Now!  
<http://www.Type4Cash.com> (AAN CAN)

#### Lead Carpenter

Peninsula based, high-end residential contractor, seeks qualified working foreman/lead carpenter. Applicant must have 6 years (min) high-end residential experience. Tools, truck and good organizational skills a must. Familiarity with all phases of residential construction, computer skills, bi lingual all a plus. Top pay for the right candidate. Please send resume or letter of introduction, with references, salary requirements and description of experience to [jobs@bgfci.com](mailto:jobs@bgfci.com) or fax to 650-249-1921. Project area is Palo Alto/Atherton area and the North Peninsula.

#### Palo Alto Olive Garden

is seeking servers. Lunch time preferred. No experience required. Walk-in interviews, Mon-Thurs. 2-4pm. (650)326-5673

#### Part or Full Time.

Make up to \$500-\$1000 or more per sale! Sales made from ads, leads & references. Home office support & training for local Steel Building Dealer. No investments. 1-800-964-8335. [cwirth@wedgcor.com](mailto:cwirth@wedgcor.com) (Cal-SCAN)

Personal Assistant

No phone number in the ad?  
 GO TO  
**FOGSTER.COM**  
 for contact information

## SUMMER WORK

\$17.50 Base/appt.

- Students/all ages 17+
- Customer sales/service
- PT/FT - flex schedules
- No experience nec.
- Some conditions apply

**(650) 369-4566**

#### Unitarian Universalist Church

looking for Children's Religious Education (CRE) Coordinator 10 hr job, including 9 to 1 Sundays. Work includes coordination of Sunday morning CRE activities and computer work. Send resume to [BHilton881@earthlink.net](mailto:BHilton881@earthlink.net)

### 540 Domestic Help Wanted

#### Housekeeper

Happy disposition for happy family. Exp. Strong work ethic, eye for detail, org., smart, refined, fluent English, fine laundry. Local work refs. M-F, 9-5. Woodside. Excel. salary. Email resume: [sunmerhousefarm@yahoo.com](mailto:sunmerhousefarm@yahoo.com) or fax 650/851-4433

#### Housekeeper/Cook

Live in for Portola Valley family. Room in exchange for work Mon., Wed., Thurs., 4-6pm. Ideal for student. Own car, refs. 650/854-1503

#### Housekeepers!

Come to our Open House to learn about the great F/T & P/T jobs in this area! Jobs pay \$18-25/hour. Drop by between 6pm - 8pm on July 13th. T&C, 425 Sherman Ave. #130, Palo Alto. 650-326-8570

#### Professional Housekeeper

Palo Alto home needs professional cleaner. Must have at least 5 yrs. exp. in formal home w/refs. \$20-22, F/T schedule. Call Aunt Ann's In-House Staffing, 415-351-5504 or fax resume to 415-749-2083

### 550 Business Opportunities

\* Got A Business? \* Dramatically increase sales by accepting all major Credit and Debit cards. 0% Discount rates! Free start up! Free equipment upgrades! 1-800-568-9115. (Cal-SCAN)

#### 1000 envelopes = \$5000

Receive \$5 for every envelope stuffed with our sales material. Guaranteed! Free information: 24 hour recording 1-800-785-7076. (AAN CAN)

#### Advertise your home,

Property or Business for sale in 125 community newspapers in California. Reach over 3 million readers for only \$1,500. Call this participating newspaper and ask about the Statewide Display ad program, or visit [www.cal-scan.com](http://www.cal-scan.com) (Cal-SCAN)

#### Advertise your job

opening in 200+ newspapers in California. Reach over 6 million readers for only \$500. Statewide Classified Ad program. Visit [www.cal-scan.com](http://www.cal-scan.com) (Cal-SCAN)

#### All Cash Candy Route.

Do you earn \$800 in a day? Your own local candy route. Includes 30 machines and candy. All for \$9,995. MultiVend, LLC 880 Grand Blvd., Deer Park, NY 11729. 1-888-625-2405. (Cal-SCAN)

#### Are you making \$1,710

per week? All cash vending routes with prime locations available now! Under \$10K investment required. Toll Free 1-800-961-6084 (24/7).(Cal-SCAN)

#### Earn \$3,500 Weekly!

Data Entry Workers Needed Online Immediately! Work from Home! Guaranteed Income! No Experience Necessary. Register Online Today!  
<http://www.DataEntryCash.com> (AAN CAN)

► See **MARKETPLACE**, page 33

# For Your Mind & Body...

## COMMUNITY WORKSHOP

### FIVE SECRETS TO PERMANENT WEIGHT LOSS

Tuesday, July 18th • 6:30 pm  
at The Healing Lab in Palo Alto  
460 California Ave., Suite 102

Call (650) 380-1999 today  
or [info@healinglab.com](mailto:info@healinglab.com)  
for reservations.

Seats are limited to the first 20 sign-ups.  
**\$10 per person.**  
**Complimentary nutritional  
body scan included.**

[www.HealingLab.com](http://www.HealingLab.com)

PRESENTED BY THE DOCTORS'  
SPEAKERS BUREAU  
(A NONPROFIT NATIONWIDE ORGANIZATION)

## Career Advisors

Personal & Professional Development

Counseling, training and coaching for

- Job Loss Grief
- Stress Management
- New Job Search
- Re-Entry Careers
- Self-Employment
- Retirement Planning

Call (650) 575-5583

for free consultation or visit

[www.careeradvisorswest.com](http://www.careeradvisorswest.com)



JAMIE MORAN, LCSW, CGP

LCS 14447, CGP 42559

## Gay & Bisexual Men's Psychotherapy Groups.

Work on Exploration, Support and Change.

Join motivated men in a safe and challenging environment, addressing intimacy, relationships and other key topics.

Groups in Menlo Park Monday and Thursday evenings.

Jamie Moran, LCSW, CGP, has been leading groups since 1984, and additionally facilitates three groups for gay men in San Francisco.

(650) 598 8877/(415) 552 9408, [www.jamiemoran.com](http://www.jamiemoran.com)

## LOST SIGHT OF WHAT'S GOING ON? GET A CLEAR VIEW.

Counseling for individuals & couples—



- Job change
- Relationship
- Health changes
- Family issues
- Depression
- Loss

SUE PECK, MFT (650) 482-9444 Lic 38657

## VIOLIN, VIOLA INSTRUCTION

Since 1983

Lessons include:  
Theory, piano, note-reading  
Nat'l Certificate Program  
European-style, Suzuki  
Children, Adults

DR. DENISE CHEVALIER  
Doctor of Music, Stanford  
(650) 328-1520

## You Were Born to Sing

Danielle Bixby  
Music

Performance Classes  
Vocal Technique Classes  
Private Lessons



Build Confidence and Have Fun

(650) 637-1931

[DanielleBixby@sbcglobal.net](mailto:DanielleBixby@sbcglobal.net)

## Music Lessons For All Ages



- Piano
- Voice
- Guitar
- Violin
- Viola
- Cello
- Flute

- Saxophone
- Clarinet
- Trumpet

300 Families  
& Growing

Highly Effective Children's  
Program: Fun, Piano based  
Music Classes for 2-8



650 324 2373

[www.newmozartschool.com](http://www.newmozartschool.com)

### Summer Music Camps

- Broadway for Kids (Ages 6.5-14)
- Piano Camp (Ages 6 & Up)
- New Mozart Prodigy (Ages 5 & Up)
- Harmony Intro (Ages 2-8)
- Guitar Workshop (Ages 7 & Up)

### New Mozart School of Music

220 B Universtiy Ave &  
305 N. California Ave in Palo Alto

## DR. RENEE'S PIANO

Enjoy the FUN of  
PLAYING THE PIANO!  
Lessons for ADULTS and  
CHILDREN

DR. RENEE CHEVALIER  
(650) 854-0543  
[www.DrReneesPiano.com](http://www.DrReneesPiano.com)

## Flowing Touch Bodywork

Therapeutic and Relaxing  
Massage

Swedish • Deep Tissue • Lomi Lomi • Thai  
also Watsu and Waterdance



Offered within  
Midtown  
Natural Health  
in Palo Alto  
650.814.3949  
[flowing-touch.com](http://flowing-touch.com)

Joe Deisher  
Personal Trainer  
& Tao Coach

Try TaiChi 'n' See...  
Make better use of yourself  
using QiGong and TaiChi Chuan

Visit [www.taichisage.com](http://www.taichisage.com)  
Call 650-494-7345

## "UNIQUE" NATURAL ANTI-AGING SKIN AND BODY CLINIC



15% discount with this ad!

The Latest Anti-Aging Facial . . . . . \$105  
Natural Non-Traumatic Chemical Peels . . . . . \$140  
Epidermal Leveling . . . . . \$95  
Face lift with advanced Myofascial Release . . . . . \$105  
Pain Free with Neuromuscular therapy, MR and Tachyon Energy Therapy. . . . . \$125

We sell Tachyonized skin products,  
homeopathic remedies, energy cells, and much more  
Gift Certificates Available  
1000 Fremont Ave., Ste. 155, Los Altos  
650.947.3737 • [www.elenaclinic.com](http://www.elenaclinic.com)

## PILATES

Solos • Duos • Trios

LISA BURNETT MA, MFA

650.363.9385

Certified Pilates Trainer & Shiatsu Practitioner

## SHIATSU

Please call for an appointment

## Shiatsu

指圧

— Atsushi Muraoka —

Trained & Practiced in Japan

(650) 341-4142

Muraoka Martial Arts & Holistic LLC.

### Therapeutic Massage

Shiatsu ~ Swedish ~ Deep Tissue  
Prenatal

For appointments call,  
(650) 938-4548 • (650) 814-9697

8 Years Exp.

Lic. CMT for PA Residence



For more information on how to advertise in Mind & Body, please contact Evie Marquez  
(650) 326-8210 ext. 216 or email to [emarquez@paweeekly.com](mailto:emarquez@paweeekly.com)

**MARKETPLACE**

► Continued from page 31

**Fed up with high gas prices?** #1 gas saver FOX/NBC tested. Unlimited earning potential with 10 year old company. 1-877-571-2510. <http://www.foxfuelreport.com> (AAN CAN)

**Now Hiring for 2006 POSTAL JOBS.** \$18/hour Starting, Avg. Pay \$57K/year. Federal Benefits, Paid Training, and Vacations. No Experience Needed! 1-800-584-1775 Ref#P4401 (VOID IN WI) (AAN CAN)

**Professional Vending Route.** All drinks, snacks, sizes and brands. Great Equipment, Great Locations! Financing Available with \$7,500 Down. 1-877-843-8726. (Cal-SCAN)

**Start Your Own** Landscape Curbing Business- High Demand. Low Overheads. High Profit. Training Available. Priced from \$12,000. 1-800-667-5372. [www.EdgeMaster.net](http://www.EdgeMaster.net) (Cal-SCAN)

**560 Employment Information**

\*\*\* \$5,000-\$100,000+  
Free Cash Grants-2006!, Personal bills, School, Business/Housing. Approx. \$49 billion unclaimed 2005! Almost Everyone Qualifies! Live Operators, Listings 1-800-274-5086 Ext. 230 Ext. 233 (AAN CAN)

**Attention Class-A**  
Truck Drivers and Owner Operators: Regional runs in AZ, CA & NV. Make the move to McKelvey. Call 1-800-410-6255. (Cal-SCAN)

**Attn: Flatbed Drivers-**  
New Dedicated Runs \$1,000+/per week. Free Benefits. Home Weekends & Some Weeknights. CDL-A Required. 1-866-394-1944. (Cal-SCAN)

**Cool travel job!!**  
One Month Paid Training! \$500 Sign on Bonus. Must be free to travel & start today. 1-800-596-0996. (AAN CAN)

**PLACE AN AD  
by E-MAIL at  
[ads@fogster.com](mailto:ads@fogster.com)**

**Driver - Experienced &**  
Trainees Needed. Earn up to \$40k+ next year. No experience required. \$0 down. CDL Training Available. Central Refrigerated 1-800-521-9277 x4779. (Cal-SCAN)

**Driver: America's Premier**  
Training Company! CDL license in 3 1/2 weeks- paid for! Great Job! Must be 21. Have CDL? Tuition Reimbursement! CRST. [www.wgreen@crst.com](http://www.wgreen@crst.com) 1-800-781-2778. (Cal-SCAN)

**Driver: Take Care of your**  
Family. Join ours. Consistent miles, regional and dedicated runs. Company paid Commercial Drivers License training. [www.SwiftTruckingJobs.com](http://www.SwiftTruckingJobs.com) 1-866-476-6828. EOE. (Cal-SCAN)

**Help wanted earn extra**  
income assembling CD cases from Home. Start Immediately. No Experience Necessary. 1-800-405-7619 ext. 150 <http://www.easywork-greatpay.com> (AAN CAN)

**Movie extras, Actors, Models!**  
Make \$100-\$300/day. No Exp. Req., FT/PT All looks needed! 1-800-799-6215. (AAN CAN)

**Sherman Brothers Trucking**  
needs Owner Operators and Company Drivers. Great Hometown. Great Pay. Sign-on Bonus. Call today 1-800-457-1459 [www.Drive4SBI.com](http://www.Drive4SBI.com) (Cal-SCAN)

**560 Employment Information**

**HIRING FOR 2006  
POSTAL  
POSITIONS**

**AVERAGE PAY  
\$57,000/YR**

- MINIMUM STARTING PAY \$18.00/HR.
- FEDERAL BENEFITS
- NO EXPERIENCE NEEDED

**1-800-584-1775**  
REF#P5761

**Business  
Services**

**604 Adult Care  
Offered**

**CNA/CHHA**  
Available for nights and weekends. Trustworthy, reliable and exp. in total care. Local refs. 408/781-0972; 408/254-1164 lv mssg

**Live In or Hourly**  
20 years exp., Alzheimer's, stroke, diabetes. CA drivers lic., cook, light house-keeping. Night shift. Good refs. 650/967-1462 or cell 650/669-1929

**615 Computers**

**Macintosh & PC**  
DSL, set-ups, installation, instruction, networking, data recovery/repair. Home/office. Days/Eves, 7 days/weekly. 650-528-9300 or 224-2472

**624 Financial**

**\$\$ Cash \$\$**  
Immediate Cash for Structured Settlements, Annuities, Law Suits, Inheritances, Mortgage Notes, & Cash Flows. J.G. Wentworth - #1. 1-(800)-794-7310 (AAN CAN)

\*\*\*\$500-\$75,000+  
Free cash grants! \*\*2006! \*\* Never Repay! Personal/Medical Bills, School, New Business/Home etc., Live Operators! Avoid Deadlines! For Listings, call 1-800-270-1213 Ext. 232. (AAN CAN)

**645 Office/Home  
Business Services**

Gen'l Office Wiz: 650.856-0700

**650 Pet Care/  
Grooming/Training**

**All Animals Happy House**  
Pet Sitting Services by Susan  
Licensed, insured, refs.  
650-323-4000

**Menlo Park Pet Sitting**  
Going on holiday?  
Professional care in your home. Loving-  
caring-available  
Lucy 330-1873 stellar ref.

**Steve Miles  
ONE DAY  
DOG TRAINING**  
(that's right!)  
Service guaranteed  
[www.onedaydog.com](http://www.onedaydog.com)  
1-800-906-2846

**No phone  
number in the ad?  
GO TO  
FOGSTER.COM  
for contact  
information**

**Home  
Services**

**703 Architecture/  
Design**

**Design/Permits**  
One Stop Place for Your Remodeling Design needs. Complete Plans incl. Structural Engineering & Energy Compliance (T-24). ADW (650)969-4980

**704 Audio/Visual**

**Antenna Pros**  
Home entertainment hookups, HDTV Antennas, cable, speakers, phone, audio/video setups, Satellite & Plasma screen TV installations. 650-965-8498.

**707 Cable/Satellite**

**Otto Detected**  
Satellite Dish: Equip. Sales. & installations for DTV or Dish Network, upgrades, restore, move, or realign your dish. Plasma installation & hook-up home theater, HDTV, antenna. Internet Service for Comcast or SBC. Phone Wiring Service also available. SBCA Certified w/ exp. in the field. Otto (650)771-3700

**710 Carpentry**

**Cabinetry-Individual Design**  
Precise, 3-D Computer Modeling Mantels, Bookcases, Workplaces Wall Units, Window Seats Ned Hollis 650-856-9475

**715 Cleaning  
Services**

**2 person team.**  
We do the same service as everyone else. But the difference is, We Love to do it! Steam spot clean up avail. Lic.# 28276. Call (650)369-7570 [www.FlorLauHousecleaning.com](http://www.FlorLauHousecleaning.com)

**A Sister's Cleaners**  
Residential & Commercial. Occasional & Party Services. Organizing Closets/Garages. Move in/out. Monthly /Weekly /Bi-Weekly Flex. svcs to meet your needs. Lic. #29272. For a FREE estimate call (650)299-1369

**Come On—Get Clean, Get Happy!**  
Fabulous couple will clean your house just the way you like it. Call Maria at (650)326-3174 or 520-0316

**Day by Day Cleaning**  
Great References \* Low Rate  
Many Years Experience  
(650)771-3400 \* (408)727-1308

**Complete Housecleaning Service & Help at Parties**  
3 HR Minimum @ \$75 Available Mon-Sat.  
**(650) 948-2599**  
[www.dialamaidcleaners.com](http://www.dialamaidcleaners.com) Lic/Bonded

**E&M Cleaning Service**  
Experienced Home & Office Cleaning Detailed & Personalized Work Excellent refs. & Free Estimates. Eli: 771-2774 \* Maria: 483-5482

**Ever's Cleaning Service**  
House Cleaning \$65<sup>000</sup>  
Apartments \$45<sup>000</sup>  
We accept credit cards  
Licensed • Reliable • Experienced  
**408.329.0317**

**Housecleaning**  
19 years experience. Excellent references Service for your home or business. Call (650)464-6715

**J&B Cleaning Service**  
Detail oriented & reliable. Satisfaction Guaranteed. Window washing. Rain gutter cleaning. FREE estimates. (650)704-8540 or (650)322-9613

**JANES CLEANING SERVICE**  
OFFICE MAINTENANCE AND HOUSE CLEANING  
13 yrs exp. Home & office cleaning. Detail & personalized work. Bonded & licensed. Free estimates. (650)867-8827 (408)736-3441

**Jose's Janitorial Service**  
Professional House Cleaning, Offices \* Window Washing \* Commercial Residential \* Husband & Wife References (650)322-0294

**Maria Navarro Cleaning Service**  
Office & House Cleaners Floors, Windows, etc. 15 Yrs. Exp. Good Refs. Call for Free Estimates. 650/853-3058 or 650/796-0935

*This space kept  
clean by  
merry  
maids.*

*Let us keep  
your space clean!*  
**(650) 961-8288**  
[www.merrymaids.com](http://www.merrymaids.com)

**Mother's Housecleaning**  
650/474-0851  
Homes & Offices. Detailed, Reliable, Trustworthy. 15 years experience

**Olga's Housecleaning:**  
Business, apt, homes.  
Weekly/monthly Low Rates. Own Equip. Local Refs. Experienced & Friendly.  
Insured. **I Love My Job!**  
Cell (650)380-1406

**Orkopina Housecleaning**  
"The BEST Service for You"  
Service since 1985

- Meticulous, Quality Work
- Laundry/Ironing/Windows/Blinds
- Wax/Wall Washing/Construction Clean-Up
- Senior/Expecting Mother/Newborn Disc.
- Last minute calls **(650) 962-1536**

Insured & Bonded Lic. 020624

**Penas Housecleaning**  
Laundry - Ironing - Precise References. Free Estimates (650)321-9914 or (650)714-5001

**Priscilla's Cleaning Service**  
Houses, apart. & more. 15 yrs. exp. Free Est. English Spkng. Priscilla 650-556-0533 / 650-208-5330

**Rosa's Housecleaning**  
18 yrs exp., excel. local refs. Own car, English Speaking, Friendly, Reliable. Good rates. Call Rosa (650)743-3059

**Silvia's Housecleaning**  
Rates from \$58 & up  
Lic. Ins. Bonded  
Construction Clean Up & Windows  
**(650) 921-5673**

**The Best Detailed Cleaning**  
Res./Com. Move in/out. Last minute! Laundry/windows **15% OFF 1st visit!** Refs. Free Est. 650-776-6691/510-938-4878

**The Best General Cleaning**  
Residential & Commercial  
Windows • Ovens • Move In/Out  
Serving Bay Area for past 20 yrs.  
**(650) 207-3474**  
or **(650) 369-8812**

**Yanet's House Cleaning**  
15 years experience  
Reasonable Rates - Guaranteed Work Move in or Move out - 15/hour Free Estimates  
Cell (650) 630-3279 (650) 906-7712

**719 Remodeling/  
Additions**

**A B WEST CONSTRUCTION**

- Remodels • Repairs
- Tile • Carpentry • Decks
- Elec/Plumbing • Painting

Call E. Marchetti  
for Free Estimate  
Excellent Local References  
**(650) 347-8359 Lic.#623885**  
Fax **(650) 344-6518**

**DOMICILE CONSTRUCTION**  
GENERAL CONTRACTOR

**NEW Construction ROOM Additions**  
**KITCHEN & BATH Remodeling**  
Cal. Lic. #627843 • Bonded • Insured  
**650-366-8335**

**HANDYMAN & MORE**

Small repairs to a complete remodeling job. Painting. Concrete and Driveways. Custom Finish Carpentry. Plumbing and More.  
**800-730-7650 or 650-367-7141**  
[handymanandmore-1@sbcglobal.net](mailto:handymanandmore-1@sbcglobal.net)

**722 Decks**

**AF Wood Preserving**  
Exterior wood preservation. Make old look new & lasts. Many references. Free estimates. Great for Owners & Rentors Lic #711787 Bonded & Insured  
**650-567-9663**

**DECKS**

Custom Decks • Arbors  
Fencing • Iron Wood (IPE)  
Trex • Redwood

**Over 20 years of quality work**  
Excellent references

Insured Bonded  
License# 757722

**J.PERRETTI BUILDER**  
Email: [Jperretti@aol.com](mailto:Jperretti@aol.com)  
**(650) 368-6807**

**KCP Wood Renewers**  
Clean and Refinished decks, homes, play structures, etc. Lic.# 473523 (408)370-2496

**728 Drywall/Plaster**  
**El Paso Drywall**  
Water damage, acoustic removal & spray, hanging texture paint. Tile, stucco, roofing, remodels & demolition. (408)506-0694

**Small Drywall Repairs**  
Texture Matching, Plaster/Crack Repair & Patching, Small Jobs Only. (650)248-4205

**730 Electrical**  
**Alex Electric**  
Lic #784136. Free Est. All electrical Alex, (650)366-6924  
**Residential/Commercial & Industrial**  
(650)248-8359

**STEWART ELECTRIC**  
Residential Electric & Lighting Services.  
Lic #745186  
(408)745-7115 or (408)368-6622

**737 Fences & Gates**

**Fences - Decks - Retaining**  
Wall Patio Outdoor Construction. 15 yrs Exper. Reasonable prices. Lic#786158  
Al (650)853-0824, cell 650-269-7113

**741 Flooring/  
Carpeting/Tiling**

**ALEX TILE & MARBLE**  
Kitchen, Bath, Fireplace, Patio  
All Tile, Marble, Slate, Stone Work.  
References \* Guarantee  
(650)996-9885 Lic # 491398

**Classic Tile Company**  
Tile & grout repairs. Tile installation, repair, and grouting. Free estimates. Bonded, license #378868 (650)969-3914. Leave message Over 40 yrs experience.

**Link Corporation**  
Kitchens, bathroom floors, installs of all types of stone. Superb craftsmanship. Grout and Tile Repairs: caulking \* sealing \* polishing. Complete remodels, difficult and simple. John 650/400-3665; 408/530-9756, ext.1. Lic. # 877352 B/C 33 Bonded/Insured

**MDS KITCHEN & BATH**

Ceramic Tile,  
Marble & Granite counter top slabs  
or complete remodeling

Low Rates • Great References  
Lic. 62207 **(650) 771-0241**

**748 Gardening/  
Landscaping**

**Becky's Landscape**  
Weekly, Biweekly & Periodic Maint. Annual Rose, Fruit Tree Pruning, Yard Clean-ups, Demolition, Excavation, Irrigation, Sod, Planting, Raised Beds, Ponds, Fountains, Patios, Decks. (650)493-7060

**Cleo Service & Garden Clean Ups**  
Hauling, Sprinklers, Bricks Garden Maint, New Lawns Trimming, Pruning, Concrete Reasonable Rates. Free Est. 650-366-5874 \* 650-218-2755

**CRYSTAL SPRINGS GARDENING SERVICE**

- YARD MAINTENANCE
- ESTATE SERVICE
- NEW LAWNS
- LANDSCAPE RENOVATION
- SPRINKLER SYSTEMS

**FREE ESTIMATES (650)367-1420**

**Gaeta's Landscape**  
Complete Garden Maintenance. New lawns, rototilling, clean ups, brick work, wood fences, sprinklers installations. Refs & Free Estimate!  
**(650) 368-1458**

**Gardening by J. Sandoval**  
Maintenance \* Clean ups \* Good Rates Free Est. \* Elect. blowers for PA  
Jose or Dina Sandoval  
(650)566-8136 or (650)464-0991

**GENERAL GARDENING MAINTENANCE**  
Clean up • Pruning • Removal  
Sprinkler System Repair • Free Estimates  
Good References • New Lawn Installation  
**JOSE MARTINEZ**  
lic. # 50337 **(650) 271-4448**

**GENERAL MAINTENANCE**  
Clean-ups • Trimming  
Tree stump removal • Repairs  
Power Wash Service  
**Phone: (650) 465-5438**

**GREEN THUMB FOR HIRE**  
Garden design, installation, maintenance & concrete work  
Call **(650) 328-1155**

**Hector's Garden & Landscape**  
New Sprinklers • New Lawns  
All Wood Fences • Dump Truck Hauling  
General Maintenance • Clean Ups  
Free Estimates  
(650) 283-9498

**Japanese Gardener**  
Maintenance • Garden works  
Clean ups • Pruning  
(650)327-6283, evenings

**Jose Gardening Service.**  
Natural Pruning, Improving Soil  
Fertilization & Aerating Lawns. Install &  
Repair Sprinklers. (650)364-9743 or  
670-4094

**Jose Luis's Gardening**  
Yard Maintenance • Sprinkler Systems •  
Flat Stones, Concrete, blocks & brick.  
(650)796-1262

**JR's Garden Maintenance/Service**  
Residential clean up, Trimming  
New Lawn & Sprinkler Installation.  
13 Yrs. Exp./Great Refs.  
Jose 650-743-0397/650-473-0761

**Landa's Gardening Service**  
Maintenance & clean-ups, new lawns  
Landscaping & tree cutting/trimming  
Ramon 510-494-1691/650-576-6242  
Excellent References!

**Leo Garcia Landscape/Maintenance**  
Lawn & Irrig. install, retain. walls.  
Res & Co maint., tree trim &  
removal. Clean-ups, grdn lighting,  
cust. arbors Install: fences, decks,  
flagstone, paver. Free Est. Lic.#.  
823699 (650)369-1477

**Lomber's Garden**  
Maintenance - New Lawns  
Water Systems - Hauling - Clean-Ups  
20 yrs. exp. Great References  
(650)321-8312

**M. Sanchez Landscaping**  
Concrete, patios, driveways, flagstone,  
lacking pavers, new lawns, planting,  
irrigation, garden lighting, clean-ups. New  
installation and repairs.  
Licensed. 650-444-7072, 342-1392

**MAINTENANCE**  
Clean Ups, Trimming, Pruning,  
Stump removal, Rototilling, Aerating,  
Tree Service, Landscaping, Drip &  
Sprinkler. Roger H: (650)326-7721  
Cell: 776-3255

**Pacific Landscaping**  
Reliable professional, yard maintenance  
& landscaping. In business  
over 20 years. 654-4400 Lic.  
#736877

**ROGER AVINA**  
General Gardening Service  
Tree Svc - Landscaping - Maintenance  
Sprinkler Systems - Free Estimates  
Roger (650)771-6656

**S.H. Landscaping**  
Design • Installation • Consulting • Sod  
• Drip/Irrigation • Lighting • Paths &  
Fences. Retaining Walls. Local Refs.  
Lic.#619568. (650)964-4363

**Sam's Garden Service**  
General Cleanup, Gardening, Pruning,  
Trimming, New Lawns, Sprinkler  
Systems, Thatching & Planting.  
Free estimates. (650)969-9894

PLACE AN AD BY E-MAIL at  
ads@fogster.com

**751 General Contracting**

**MARIANETTI CONSTRUCTION CO.**  
CUSTOM HOME BUILDER

Custom Homes • Remodeling • Room Additions  
• Bath & Kitchens • Foundations • Framing

Johnny Marianetti Office 650.366.7282  
P.O. Box 148 Call 650.642.7572  
Redwood City, CA 94063 Fax 650.366.1564  
Contractor lic. #348470 marianetti\_const\_co@msn.com

**Sanchez Gardening**  
Clean-Ups • Maintenance • Planting  
20 Years Experience • Free Estimates  
Licence # 35326  
Call Enrique @ (650)839-1844

*Cheerish Your Garden*  
**Shubha Landscape Design**  
Phone: 650. 321.1600  
Landscape Contractor Lic#852075  
• Affordable Landscape Design  
• Installation • Fine Gardening  
• Consult on Existing Garden  
www.ShubhaLandscapeDesign.com

**SUPER YARD WORK**  
Tree Service • Lawn Repair • New Fence  
• Sod or Seed • General Cleanup  
Painting • Concrete • Hauling  
Free Estimates Tim (650)322-7065

**751 General Contracting**  
**Alka Construction**  
Remodeling, Additions, Bathrooms,  
Kitchen, Tile & Marble Work, Electrical  
& Plumbing, Concrete Driveways,  
Patios. Lic. #638994. Tel. 704-4224

**BONANZA BAY GENERAL CONTRACTOR**

- Landscaping
- Foundations • Pavers
- Drywall • Remodeling
- Brick • Driveways

Phone: (650) 465-5438  
C.A. Lic #808949

**Sky City Construction**  
Additions & Remodeling  
Great Rates! Summer Special!  
Lic/Ins/Bonded 15+ yrs exp.  
Free Est. (650)207-8654

**T&S CONSTRUCTION**  
New constructions, patios & walkways,  
landscaping, driveway, fencing,  
concrete, retaining wall, paving, flag-  
stone, roofing & more. Free Estimates.  
Lic/Bonded/Ins.  
**Davis (650)269-3346**

**757 Handyman/Repairs**  
**A European Craftsmanship**  
For All Your Repair Needs. Kitchen &  
Bath, Plumbing Finish Carpentry &  
More. 10% off 1st time cust. Licensed.  
(650)270-7726

**aa NERMIN SIROVICA**  
Handyman Service  
24hrs. 7 days/wk., 25 yrs. exp.  
Tel: 408-246-7052  
Cell: 408-646-2474

**Able Handyman Fred**  
Complete home repairs,  
maintenance, remod., prof.  
painting, carpentry, plumbing,  
elect. & custom design  
cabinets. 7 days.  
**650.529.1662 • 483.4227**

**Affordable Handyman Services**  
Landscape and Maintenance, Clean-ups,  
Tree Care, Concrete Works, Any Demo,  
Window Install, Exterior Painting Call  
(650)365-2716

**Al Trujillo Handyman Service**  
\*Int/Ext. Painting \*Kit./BA Improv. \*Dry  
Rot, Flooring Install  
\*Homes & Apt. Repairs  
\*Auto Sprinkler, Landscapes, Fences.  
20 yrs. Lic. # 58556 (650)207-1306

**All Types Of Home**  
35 yrs exp. Carpentry • Plumbing •  
Electric • Remodels.  
Manny (650)863-0497

*Amaze HD*  
• Home Improvements  
• Painting & Staining  
• Deck & siding restoration  
Always Reasonable  
**650-520-8868**

**HANDYMAN**  
European Craftsmanship  
Residential Commercial  
FREE ESTIMATE  
(650) 570-5274  
cell: (650) 465-9163  
**Handy "Ed" Man**

**Larry's Handyman Service**  
Various repairs & installations.  
Bathroom & Kitchen plumbing.  
Electrical, door & window screens, gut-  
ters, blinds, lock sets & much more.  
Quality work (650)856-0831 Palo Alto

**Maldonado's Construction**  
General Construction, Plumbing,  
Electrical and More.  
Lic#807817 (510)282-7023

**Miki Handyman Service**  
Electrical, Painting, Woodwork  
**650/631-4502; 650/544-4502**

**Mr. Handyman**  
On time. Done right.  
INSURED  
LIC #807495  
JOBS OF ALL SIZES AND TYPES.  
650-969-9111 OR 408-399-9111

**759 Hauling**  
**ABBA HAULING**  
*"Let's Talk Trash"*  
**Bob Cat Service**  
Concrete • Dirt Removal • Basement  
• Yard Clean-Up • Construction  
Clean-Up • Furniture and Appliance  
\*\*Free Estimates\*\*  
(650) 444-5664  
abba\_hauling@yahoo.com

**Alamo Hauling**  
Concrete • Dirt Removal  
• Basement • Bobcat Services  
• Yard-Construction  
• Furniture-Appliances  
**FREE ESTIMATES**  
Cell: (650) 222-1923  
Office: (650) 573-5411

**We can haul trash, debris & all home  
recycleables for compost.**  
Construction materials  
donated to local charities.  
Feel good about recycling your trash.  
(650)776-9208 or (408)829-9357

**Frank's Hauling**  
Commercial, Residential, Garage,  
Basement & Yard. Clean-up. Fair prices.  
(650)361-8773

**J&G Hauling Service**  
Misc. junk, office and appliances,  
garage/storage, etc. and clean-ups. Old  
furniture, refrigerators and freezers.  
Free Estimates (650)366-8810

**JOHNSTON HAULING**  
★ LARGE TRUCKS ★  
Dump Runs • Trees  
★ LARGE/small JOBS ★  
Free Estimate • Insured  
**650-327-HAUL**  
cell: 415-999-0594  
**Prompt Service**

**LOW RATE HAULING**  
Residential/Commercial misc. junk.  
Demolition Removal. Home/Office  
moving. Yard clean-up. Tree trim-  
mings.  
SAME DAY SERVICE (650)274-4510  
or (650)906-8835

**767 Movers**

**SHMOOVER MOOVERS**  
LICENSE CALIF. T-118304  
Serving the Peninsula  
since 1975. Insured.  
Careful, friendly, fast, still  
owner-operated!  
**327-5493**

**768 Moving Assistance**

**Gary the Great**  
P.A./Stanford ONLY!  
Gary (650)271-0773

**771 Painting/Wallpaper**

**Art Painting & Decorating**  
Com. & Res. Certified  
Exterior • Interior  
Taping & Texturing  
Exp.™d • Refs  
Free Estimates  
(650)771-3400 \* (408)727-1308

**Bill Ward Painting**  
45 Years Experience. Free Est. Lic.  
#264803. 650/851-3209

**Christine's Wallpapering**  
Interior Painting  
Removal/Prep • Since 1982  
Lic. #757074 • 650-593-1703

**D&M PAINTING**  
Interior & Exterior  
Great Refs & Low Rates  
Lic. 52643 (650) 575-2022

**FARIAS PAINTING**  
Interior & Exterior • Avail. anytime  
25 Years Exp. Home (650)814-1910  
Cell (650)248-6911

**Gary Rossi PAINTING**  
Licensed (#559953) and Bonded.  
Free Estimates. Wall Paper  
Removal.  
Residential & Commercial  
Winner Rates!!! 650-345-4245

**Italian Painter is Back!**  
20 years experience  
Can work immediately!  
Call Domenico (650)575-9032

PLACE AN AD  
by E-MAIL at  
ads@fogster.com

**NEAT RELIABLE PAINTING**  
BLAKEMORE PAINTING, INC  
QUALITY PREPARATION  
& FINISH WORK  
• Interior/Exterior  
Licensed & Insured #392875  
**FREE ESTIMATE**  
**325-8039**

**Wallpapering by Trish**  
24 years of experience  
Free Estimates  
949-1820

**775 Asphalt/Concrete**  
**Roe General Engineering Maintena**  
Asphalt • Paving • Sealing  
New Construction & Repairs  
30 years experience. No job too small.  
Lic. #663703 (650)814-5572

**779 Organizing Services**  
End the Clutter & Get Organized  
Residential organizing  
by Debra Robinson  
(650)941-5073

**783 Plumbing**  
**Source 1 Plumbing & Water Systems, Inc.**  
Chloramine, Hardness, Iron, Sulfur  
Removal; Well Services-Drilling,  
Pumps, Water Treatment  
Lic #828454 (650)366-8844

**787 Pressure Washing**

**CAPPS Pressure Washing**  
Deck Refinishing/Sanding • Patios  
• Moss/Algae • Flagstone •  
Driveways  
\* Free Demonstrations & Estimates  
Call 888-8-CAPPS-8  
www.cappspressurewash.com

**Carlson Pressure Washing**  
• Moss and Mildew Removal  
• Plant Conscious Free estimates  
• No Chemicals 10 years experience  
• Incredible Results (650) 322-5030  
"Service Beyond Expectations"

**789 Plaster/Stucco**  
**Stucco repair, cracks, & patching.**  
Foundation vents replaced & patched.  
Interior plaster repair. Texture matching.  
35 yrs. exp. Small jobs only.  
650.248.4205

**790 Roofing**  
**Al Peterson Roofing**  
since 1946  
specializing in  
• repairs • reroofing  
• roof/gutter  
cleaning, repairs  
and maintenance  
**493-9177**

**795 Tree Care**  
**J. RODRIGUEZ TREE SERVICE**  
\*Professional tree removal  
\*Trimming & Shaping our specialty  
Contractors Lic. #824065  
Insured & Bonded (650)299-9987

**OZZIE'S TREE SERVICE**  
Certified arborist, 18 yrs exp. Tree trim-  
ming, removals & stump grinding. Free  
chips & wood. Free est. Lic'd. & insured.  
(650)368-8065 or cell: (650)704-5588

**Palo Alto Tree Service**  
Commercial & Residential tree removal  
Certified & Insured 17 yrs exp.  
Free estimate. Lic. #819244  
(650)380-2297 or (650)380-5897

**799 Windows**  
**Clearview Window Cleaning**  
Reliable • Hi-Quality Service  
20 years exp. Res./Comml.  
Free Estimates • Good Prices  
408/366-1128; 650/960-1084  
**Window Cleaning**  
Residential Specialist  
Bruce 650/924-7247

**Real Estate**

**801 Apartments/Condos/Studios**

Los Altos, 4 BR/4+ BA - \$6,500/mon  
Menlo Park, 1 BR/1 BA - \$975  
Menlo Park, 2 BR/1 BA - \$2500 Max.  
Menlo Park, 2 BR/2 BA - \$1500  
Mountain View, 1 BR/1 BA - \$1195  
Mountain View, 2 BR/2 BA - \$2200/mon

**Mt. View condo 2br /2.5ba**  
2 stry, 1yr lease, no pets,  
www.fogser.com (408) 867-7662

Mt. View, 2 BR/2.5 BA - \$1650/mon

**MV-PA Vicinity: Studio & 1BR**  
Two locations. Flex rent. Prof. resi-  
dence. Unique features. From \$800-  
\$1100. Call 650/969-1190 or  
MMhousing@aol.com

**MV: 1BR/1BA**  
\$925 mo. Located in downtown MV.  
Pool, laundry, covered parking. Please  
call 650-279-7208 for more information.

**PA: 1BR/1BA**  
\$1,450 mo. Upstairs/End unit with  
patio. Pool, laundry, covered parking.  
For more info call 650-796-7096.

**PA: 1BR/1BA**  
Sparkling clean, painted thruout.  
Pool, laundry. N/P. Bike to Stanford.  
\$1000 mo. Avail. now. Call Maria,  
(650)493-9576

**PA: 2BR/2BA & 1BR**  
Private balcony. Forced air heating, DW,  
covered carport, laundry room, attrac-  
tive courtyard, pool, convenient to  
Stanford, N/S/P. \$1175/mo. &  
\$1575/mo., lease. 650/493-8670

**More Than An Address... A Lifestyle**

*Oak Creek*  
**Luxury Apts.**  
starting from \$1525

- Spacious studios, 1 & 2 BRS
- 27 Beautifully landscaped acres along San Francisco Creek
- High speed internet access
- State of the art Health Club
- Walking distance to Stanford Shopping Center
- 5 Pools and 3 Tennis Courts
- Cardio, Aqua Aerobic & Yoga Classes
- 10 minutes from Downtown Palo Alto
- Fully furnished and accessorized units
- All newly remodeled interiors

Open daily 9 to 5:30  
1600 Sandhill Road, P. A.  
650 321-1701  
Prices subject to change/  
select units only

Palo Alto, 3 BR/2.5 BA - \$2,525/mon

Palo Alto, 5+ BR/3 BA - \$6000/mon

Redwood City, 1BR/1BA - \$675. Mo.

San Carlos, 2 BR/2 BA - \$1,600

**GREAT LOCATION!**  
CUTE 1BR/1BA \$1100 OR BEAUTIFUL 1BR \$1595  
2BR/2BA \$2295 A/C, DW,  
W/D IN UNIT, GUNN HS, NEAR STANFORD  
& PAGE MILL. GARAGE AVAILABLE  
**(650) 320-8500**

**803 Duplex**  
2BR 1BA w/ garage

Mountain View, 2 BR/1 BA - \$1850.00

**805 Homes for Rent**  
**3BR 2 BA Fiesta Garden Home**  
several upgrades, freshly painted. Pool,  
tennis, parks, great schools. Exc. loca-  
tion easy freeway access. (650) 464-  
3465.

**ATH: 3BR/2BA Elegant West Atherton Home**  
Gourmet kit., granite countertop, stainless steel appliances, hwdw frs, shutters, F/P, W/D, D/W, w/ grdnr, garage. MP schls. \$3750/mo. (650)320-8500

**COLDWELL BANKER COMMERCIAL**  
**WILBUR PROPERTIES**  
Property Management and Real Estate Sales  
Residential Commercial  
Over 75 Years of Service  
Call or email for free consultation  
a@rwilbur.com  
(650) 847-4347  
www.cbcwilburproperties.com

**Cupertino: 3BR/2.5BA**  
2 story home. 2,300 sq. ft. Lg backyard w/pond. Great Cupertino schools. \$2950. (650)965-4816

East Palo Alto, 3 BR/1 BA - \$1950/month  
East Palo Alto, 3 BR/2 BA - \$2100.00

**EPA-3Bedroom 1 Bath**  
Gated, secure, near schools & park. Fresh paint & carpet. call (650) 329-8981 \$2,400/mo

**EPA: 6BR/3.5BA. 2 story home**  
Balcony, patio, front/back yard. Recently remodeled. car garage. N/S. \$3000/mo. (650)387-6312

It's a **HUMMER**  
Residential Property Management  
RENTAL HOMES NEEDED  
**650 851-7054**  
ITSAHUMMER.COM

**Los Altos Hills, 4 BR/2 BA**  
4 br/2 ba in a 1+ acre lot with patio. PA schools. Close to town. Ready to move in 8/5. \$4800/month. Call (650) 494-8225.

Los Altos, 4 BR/3.5 BA - \$6500

Menlo Park, 2 BR/1 BA - \$1,900/mo.

Menlo Park, 2 BR/2 BA - \$3400/month

**Menlo Park, 4 BR/2 BA**  
Great West Menlo Park location. Large fenced yard, gardener included. Pets O.K. \$3,800/month, 6 month lease. Call 650-322-6565.

**Menlo Park, 4 BR/2.5 BA**  
Newer 4 br, 2 1/2 ba home, great loc. near park. Walk to town. 2 car att garage. F/P, D/W, W/D, hrdwd flrs. Gardener incl. N/S, N/P. \$4,200/mo. 847-736-1111

Mountain View, 2 BR/1 BA - \$1850.00

Mountain View, 3 BR/2 BA - \$2400/mo.

Mountain View, 4 BR/2 BA - 2700

**PA: 3BR/2BA**  
W/D, dbl. gar., gardener, N/P. \$2600 mo. 804 Ames. Open Sat & Sun. 7/15-16, 2-4. 650/575-1086

**PA: 4BR/2.5BA**  
Executive home on best street in Old PA. 2 car gar. Lg. yard, 12,000 sq ft. N/S/P. \$6500 mo. 650/814-3051

**PA: 4BR/2BA furnished**  
Ideal for visiting faculty. FP, remod. kitchen, W/D, office, nr. prks & schools, incl grdnr. N/S/P. Avail. 7/21. \$3500 650-208-8624.

Palo Alto, 2 BR/1 BA - \$2500/month

Palo Alto, 4 BR/3 BA - \$5400/month

Portola Valley, 3 BR/2 BA - \$ 3800

**Room For Rent**  
Avail. now \$325/dep, inc. util. Long term. M or F. N/S, no drugs, refs. req'd. Share recording studio. (650)328-9017

Sunnyvale, 3 BR/2 BA - \$2,350

**809 Shared Housing/Rooms**

All Areas - ROOMMATES.COM. Browse hundreds of online listings with photos and maps. Find your roommate with a click of the mouse! Visit: www.Roommates.com. (AAN CAN)

**LA: Shared Housing**  
Lrg., quiet home, W/D, grdnr, share w/prof. M and F. Share BA. N/S/P. \$550/mo. 408-243-7750

**Masterbedroom W/private ba**  
Incl. util. w/d satellite t.v. wired for phone/int. male pref. call (650) 968-5545 dep. \$100

**Menlo Park, 1 BR/1 BA**  
Roommate to share 2B2BA condo. 5 mins to Stanford. \$850/mth Avail Aug 1. 650.678.1266

Menlo Park, 2 BR/1 BA - \$750/month

**PA: Room**  
Beautiful lg. corner room w/pvt. bath. Private entry. Excel. view. No kitchen. 650/325-2275

**PA: Furnished Room**  
Shared BA. N/S. \$365/mo. Lt. kit. Laundry/Utls. incl. Phone line avail. (650)493-5393

Palo Alto, 1 BR/1 BA - \$750

Palo Alto, 2 BR/1 BA - \$900/mth

Sunnyvale, 3 BR/2 BA - \$650/month

**810 Cottages for Rent**

**Menlo Park, 1 BR/1 BA**  
Spacious, 600-sq.ft. guesthouse in West MP. Quiet, private, walking/biking distance to Stanford, downtown. 1 bdrm, LR, galley kitchen, office, lge bathroom. Furn/unfurn N/S/P. Avail. July 9 \$1500/mo.

**Midtown Palo Alto, 1 BR/1 BA**  
cottage Call 408-206-3444

Woodside, 1 BR/1 BA - \$1,950/mo.

**815 Rentals Wanted**

1Br.; 1Ba.

**Cottage 4 Surgeon & Stanford Alum**  
Surgeon, Stanford alumna seeking ctg/sm hse to lease 415.272.0034. PA, MP, Ath, Portola. N/S

Cottage Wanted  
Experienced Estate Caretaker - In Exchang

HOUSE WANTED! 3-year lease with Long-Term Rental Wanted

Mtn. View: Looking for 2BR/2BA - \$2000 Max

PA rm w/ba for f empl \$856.0700

PA rm w/ba needed for f empl su

PA rm, f, empl (650) 856-0700

Seeking 2 BR Home for Rent - \$2500/mont

Seeking room to rent - \$Neg

Wanted Small House or Cottage

**Woodside Caretaker**

25 yrs. exp. Seeking pvt cottage or apt. gardener with crew. Older dog. Craig. (650)851-7468

**825 Homes/Condos for Sale**

2% Cash-credit, 3 BR/2 BA - \$875000

Atherton, 4 BR/2 BA - \$3,195,000

**Bank Foreclosures!**

Homes from \$10,000! 1-3 bedroom available! HUD, Repos, REO, etc. These homes must sell! For listings call 1-800-425-1620 ext. H107. (AAN CAN)

**Incline Village, Nv, 4 BR/2 BA**

Incline Village, NV, spec lake view, 4 bd/2 ba, remodeled, furnished, \$999,900; (925) 837-2315 \$999,900

**La Honda: 2BR/1BA+**

garden cottage on 1/3 acre. \$539,000. Call (650)333-1433 www.leighannamurphy.com

Los Altos, 3 BR/3 BA - \$1,595

Los Altos, 3 BR/3 BA - \$1,595,000

**MP: Downtown**

Small Offices  
1010 Doyle: 390sf  
713 Santa Cruz: 231sf  
883 Santa Cruz: 200-1,000sf  
Country Offices: 466sf  
Classic Property Services 650/329-9022

Office to sublease

**www.Homes2Buy.com**

The site with ALL homes for sale in the Multiple Listing data system covering San Francisco, the Peninsula & surrounding Coastal Regions.

**830 Commercial/Income Property**

Medical/Dental office - \$1685/mont

**MP: Downtown**

Small Offices  
1010 Doyle: 390sf  
713 Santa Cruz: 231sf  
883 Santa Cruz: 200-1,000sf  
Country Offices: 466sf  
Classic Property Services 650/329-9022

Office to sublease

**PLACE AN AD**

by E-MAIL at  
ads@fogster.com



**Menlo Park, 3 BR/2 BA**  
Gorgeous remod kitch and baths. Mstr ste. Refin hwdw flrs. Dbl pn wndws. \$1,195,000

Menlo Park, 3BR/2BA - \$909,000



**Menlo Park, 4 BR/2 BA**  
927 Arnold Way. Tasha Bigelow, Keller Williams PA. 650-796-7282. \$1,195,000

Mountain View, 1 BR/1 BA - \$449,000



**Mountain View, 1 BR/1 BA**  
\$449,000- 765 N. Rengstorff #17\* Showcase Ground Level Condo Open Sat/Sun 1-4pm\* Oversized Bedroom Opens to Patio\* Metro Feel Throughout\* 1 Car Garage\* Call John @ ADR- 831-334-0890

Mountain View, 2 BR/2.5 BA - \$689,000

Mt. View, 1 BR/1 BA - \$449,000

Mtn. View, 4BR/2BA - \$779,000

Pa3 Palo Alto, 3 BR/2 BA - \$990,000

Palo Alto, 3BR/2BA - \$999,000



**Palo Alto, 5+ BR/2.5 BA**  
617 Vista Avenue. Quality built rare find near Gunn High! Open SUN, 7/16, 1:30-4:30pm. \$1,695,000 Gwen Luce, 650-566-5343

Palo Alto, 5+ BR/2.5 BA - \$1,695,000

Portola Valley, 3BR/2BA - \$1,898,000

Portola Valley, 3BR/2BA - \$1,089,000

Rc3 Redwood City, 3 BR/2 BA - \$729,000

Redwood City, 4 BR/2.5 BA - \$1,028,000

Redwood Shores, 2 BR/2 BA - \$577,500

Redwood Shores, 3 BR/3 BA - \$685,000

Sc3 San Carlos, 3 BR/2 BA - \$828,900

Sunnyvale, 2 BR/2 BA - \$555,000

Woodside, 3BR/2.5 BA - \$2,196,000

**www.Homes2Buy.com**

The site with ALL homes for sale in the Multiple Listing data system covering San Francisco, the Peninsula & surrounding Coastal Regions.

**MP: Downtown**

Small Offices  
1010 Doyle: 390sf  
713 Santa Cruz: 231sf  
883 Santa Cruz: 200-1,000sf  
Country Offices: 466sf  
Classic Property Services 650/329-9022

Office to sublease

**PA: Downtown**  
Prime Suites of 315-2581 sf. On University Avenue/High St. near Stanford and train. Dramatic atriums, extensive windows, high ceilings, quality finishes. Call 650-776-5390 or view photos/floor plans at www.paoffices.com

**PA: Office Space**  
744 San Antonio. Multi-use offices. Full service. Janitorial, parking, easy access. 200 to 3585 sf. 650/856-6672

**840 Vacation Rentals/Time Shares**

**Pajaro Dunes Condo**  
2BR/2BA or 1BR/1BA. On beach, ocean view. Cable TV, VCR, CD, tennis, W/D. Pvt. deck, BBQ. Owner, 650/424-1747. ptherzenber@aol.com

Palo Alto Cottage 7/27-8/3 - \$650/Week

**Timeshare Resales:**  
The Cheapest way to buy, sell and rent Timeshares. No commissions or Broker fees. Call 1-800-640-6886 or go to www.BuyATimeshare.com (Cal-SCAN)

**845 Out of Area**

**Gulf Front Lots \$595k**  
Homes starting mid-\$300k. New master planned ocean front community on beautiful Mustang Island, near Corpus Christi, TX. www.cinnamonshore.com , 1-866-554-5758. (Cal-SCAN)

**Truckee - Private Lot**  
Private lot in Truckee, w/approved plans for 3 bdrm w/den or 4th bdrm, 3 ba., approx. 3,500+ sq. ft. home w/private backyd, lot approx. 15,451 sq. ft.,(925)837-2315 \$425,000

**Western New Mexico.**  
Private 74 acre Ranch \$129,990 and 20 Picturesque Acres \$54,990. Scenic region with mountain views, tall trees, rolling hills, meadows, wildlife. Enjoy horses, hunting, hiking, ATVs. Perfect to build your ranch or retreat, retirement or second home with electricity. 100% financing. NALC 1-866-365-4122. (Cal-SCAN)

**850 Acreage/Lots/Storage**

**\* Land Auction \***  
200 Properties must be sold! Low down/E-Z Financing. Free catalog. 1-800-536-9072. www.LandAuction.com (Cal-SCAN)

**A dream find - 20 acres -**  
Reduced \$129,900. Near Tehachapi. Fresh mountain air and picture perfect views. Streams and oaks. Ideal for horses, country getaway, or to buy and hold. Financing. Call owner 1-888-821-5253. (Cal-SCAN)

Architect Specialized-Fine Home - archidrama

**Arizona - 1st time offer.**  
Wickenburg area 36AC - \$189,900. Stunning ranch with amazing views. Diverse topography, abundant ground water. Great for horses, private retreat or buy & hold. Subdividable. E-Z terms. Call AZLR 1-866-516-4868. (Cal-SCAN)

**Arizona Certified**  
Land Specialist nichole\_jenks@yahoo.com Buy Now in Mohave County Kingman/Golden Valley White Hills Area. Nichole Jenks, Realtor 1-928-279-6733. DCD Realty, Inc. (Cal-SCAN)

**AZ's Best Bargain -**  
36 acres - \$49,900. Perfect for private retreat. Endless views, beautiful setting with fresh mountain air. Abundant wildlife. Secluded with good access. Financing available. Call AZLR 1-877-301-5263. (Cal-SCAN)

Design/Build-Fine Custom Homes. - archidrama

DreamHomeDesign

**Fish Lake Valley, N.V.**  
New to Market. 7ac Trout Stream \$27,900; 11ac Trout Stream \$49,900 (Abuts BLM). Eastern slope of White Mtns, Within looming presence of Nevada's highest peak and range. Snow covered year round. Providing cool, clean water that feeds the Rainbow Trout Creek which borders the entire back boundary. One of a kind! Inspiring, must see! Call 1-888-581-5263. (Cal-SCAN)

Home Design-archidrama

**Looking to own land?**  
Invest in rural acreage throughout America: coastal, mountain, waterfront properties, 20 to 200 acres. For FREE Special Land Reports: www.landbuyers-guide.com/ca (Cal-SCAN)

**LOT FOR SALE in PA**  
5,413 sq.ft lot-2460 High St. nr. Alma & Oregon Expwy. Zoned for 2 residential units under 1 ownership (RMD Zone). Contact (650) 329-2677 or donna.hartman@cityofpaloalto.org

**MP: Contractors Yard**  
Fenced area, 65ft x 58ft yard, plus adjacent 20ft x 20ft area and 20ft x 20ft garage. \$1500 mo. Near downtown MP. 650/326-3230

**New Mexico- First time offer.**  
Abandoned Farming / Mining Settlement less than 2hrs Albuquerque. 20 acres - \$17,900. Old Farming & Mining Community. Incredible setting, including frequently running river, spring, views and diverse topography. Excellent financing. Call NML&R, Inc. 1-888-370-5263. (Cal-SCAN)

San Carlos, Lot 7/10 A. - \$549,000

**Southern Colorado**  
Log Home 35 AC \$169,900. Outstanding Rocky Mt. Views from this beautiful log home. Reduced price, while under construction! Call RCL Today! 1-866-696-5263. (Cal-SCAN)

**Southern Colorado Spectacular**  
35 AC Parcels starting at \$36,900! Elec/ Tele included. Outstanding views. Easy financing w/low down payment. Call for your private showing. 1-866-696-5263 (Cal-SCAN)

**855 Real Estate Services**

**Menlo Park Psychotherapy Office**  
Intimate space with abundant natural light. Sound proofed, call lights, shared waiting room. 329-9660 or 321-0806. \$700.00

0 DOWN! U-FIX - \$875000

**COLDWELL BANKER COMMERCIAL**  
**WILBUR PROPERTIES**  
Property Management and Real Estate Sales  
Residential Commercial  
Over 75 Years of Service  
Call or email for free consultation  
a@rwilbur.com  
(650) 847-4347  
www.cbcwilburproperties.com

FIND OUT WHAT YOUR HOME WORTH?  
FOR SALE BY OWNER!

I BUY HOMES also TRADES ACCEPTED

**LINWOOD REALTY INC**  
REAL ESTATE & PROPERTY MANAGEMENT  
SINCE 1970  
(650) 851-0919

Loans Refi Mortgages Equity

**New 4 Bedroom Homes.**  
Buy Builders Direct and Save. No Commissions. 1500 square feet, near schools at Salton Sea. \$199,900. We Finance! Call Linda: 1-760-250-2053 (Cal-SCAN)

**No Money Down!**  
Free Computerized list of properties available with no down payment. Free report: 9 Must Avoid Buyer Traps www.NeedZeroDown.com 24hr Message 1-888-882-4731 ID#2020 (Cal-SCAN)

REALTORS/Marketing Specialist

Svc 2% Cash-Credit to Buyers - \$.All

**860 Housesitting**

House, pets and plants - \$open

housesitter - \$open

Pet, Plant, and House Sitter - \$15-20

Quality Care For Home & Pets!

**890 Real Estate Wanted**

CLOSE PROBABE

**Facing Freeclosure? 408-270-0282**

Distressed? We can help

HOUSE WANTED By August 30th!

STOP Foreclosure! AVOID Bankrupt

WANTED! House or Condo!

No phone number in the ad? GO TO **FOGSTER.COM** for contact information

**Public Notices**

5 STAR LAND SURVEYS  
FICTITIOUS BUSINESS  
NAME STATEMENT  
File No. 480110

The following individual(s) is (are) doing business as 5 Star Land Surveys, 322 1/2 N. 18th St., San Jose, CA 95112:

ANDREW CHAFFER  
322 1/2 N. 18th St.  
San Jose, CA 95112  
JOSEPH NEUNZIG  
322 1/2 N. 18th St.  
San Jose, CA 95112

This business is being conducted by general partnership.

Registrant began transacting business under the fictitious business name(s) listed herein on 6/25/06.

This statement was filed with the County Clerk-Recorder of Santa Clara County on June 29, 2006.  
(Voice July 7, 14, 21, 28, 2006)

CCC ASSOCIATES  
CCC

FICTITIOUS BUSINESS  
NAME STATEMENT  
File No. 479675

The following individual(s) is (are) doing business as 1) CCC Associates, 2) CCC, 415 North Mary Ave. #399, Sunnyvale, CA 94086:

BARRY JAY BURR  
415 North Mary Ave. #112399  
Sunnyvale, CA 94085

This business is being conducted by an individual.

Registrant has not yet began to transact business under the fictitious business name(s) listed above.

This statement was filed with the County Clerk-Recorder of Santa Clara County on June 16, 2006.  
(Voice June 30, July 7, 14, 21, 2006)

FANLEE  
FICTITIOUS BUSINESS  
NAME STATEMENT  
File No. 479384

# Public Notices

**KC GLOBAL FUNDING  
FICTITIOUS BUSINESS  
NAME STATEMENT**  
File No. 479774

The following individual(s) is (are) doing business as KC Global Funding, 4119 Wilkie Court, Palo Alto, CA 94306:

**KUO-CHIEW QUAN**  
4119 Wilkie Court  
Palo Alto, CA 94306

This business is being conducted by an individual.

Registrant has not yet begun to transact business under the fictitious business name(s) listed above.

This statement was filed with the County Clerk-Recorder of Santa Clara County on June 20, 2006.  
(Voice June 30, July 7, 14, 21, 2006)

**OLD MOUNTAIN VIEW COFFEE  
COMPANY  
FICTITIOUS BUSINESS  
NAME STATEMENT**  
File No. 479556

The following individual(s) is (are) doing business as Old Mountain View Coffee Company, 547 McCarty Ave., Mountain View, CA 94041:

**VISHNU SINGH**  
547 McCarty Ave.  
Mountain View, CA 94041  
**LAURA SINGH**  
547 McCarty Ave.  
Mountain View, CA 94041

This business is being conducted by husband & wife.

Registrant began transacting business under the fictitious business name(s) listed herein on 6/14/06.

This statement was filed with the County Clerk-Recorder of Santa Clara County on June 15, 2006.  
(Voice June 23, 30, July 7, 14, 2006)

**PENINSULA PROPERTY MANAGEMENT  
COMPANY  
FICTITIOUS BUSINESS  
NAME STATEMENT**  
File No. 479829

The following individual(s) is (are) doing business as Peninsula Property Management Company, 2560 Mission College Blvd. #101, Santa Clara, CA 95054:

**JASON D. PEERY**  
1285 Wilson St.  
Palo Alto, CA 94301  
**DAVID W. PEERY**  
2200 Cowper St.  
Palo Alto, CA 94301

This business is being conducted by co-partners.

Registrant has not yet begun to transact business under the fictitious business name(s) listed above.

This statement was filed with the County Clerk-Recorder of Santa Clara County on June 21, 2006.  
(Voice July 7, 14 21, 28, 2006)

**ROSE AND CROWN  
FICTITIOUS BUSINESS  
NAME STATEMENT**  
File No. 479840

The following individual(s) is (are) doing business as Rose and Crown, 547 Emerson St., Palo Alto, CA 94301:

**PALO ALTO BUSINESS GROUP LLC**  
2707 Louis Rd.  
Palo Alto, CA 94303  
California

This business is being conducted by a limited liability company.

Registrant has not yet begun to transact business under the fictitious business name(s) listed above.

This statement was filed with the County Clerk-Recorder of Santa Clara County on June 22, 2006.  
(Voice June 30, July 7, 14, 21, 2006)

**PARK VIEW RESIDENCE  
FICTITIOUS BUSINESS  
NAME STATEMENT**  
File No. 480428

The following individual(s) is (are) doing business as Park View Residence, 819 W. Washington Ave., Sunnyvale, CA 94086:

**NOEMI SANTOS-POWER**  
325 Charles St.  
Sunnyvale, CA 94086

This business is being conducted by an individual.

Registrant has not yet begun to transact business under the fictitious business name(s) listed above.

This statement was filed with the County Clerk-Recorder of Santa Clara County on July 7, 2006.  
(Voice July 14, 21, 28, August 4, 2006)

**STOP 2 SAVE  
FICTITIOUS BUSINESS  
NAME STATEMENT**  
File No. 479600

The following individual(s) is (are) doing business as Stop 2 Save, 805 E. El Camino Real, Mountain View, CA 94040:

**JASWINDER SINGH**  
900 Henderson Ave. #68-A  
Sunnyvale, CA 94086  
**GURSHARAN KAUR**  
900 Henderson Ave. #68-A  
Sunnyvale, CA 94086

This business is being conducted by husband & wife.

Registrant has not yet begun to transact business under the fictitious business name(s) listed above.

This statement was filed with the County Clerk-Recorder of Santa Clara County on June 15, 2006.  
(Voice June 23, 30, June 7, 14, 2006)

**YARNS OF ADDICTIONS  
FICTITIOUS BUSINESS  
NAME STATEMENT**  
File No. 479862

The following individual(s) is (are) doing business as Yarns of Addictions, 321 Anna Ave., Mountain View, CA 94043:

**JAMES T. HAMPTON**  
321 Anna Ave.  
Mountain View, CA 94043

This business is being conducted by an individual.

Registrant began transacting business under the fictitious business name(s) listed herein on 6/14/2006.

This statement was filed with the County Clerk-Recorder of Santa Clara County on June 22, 2006.  
(Voice June 30, July 7, 14, 21, 2006)

## 997 Other Legals

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

SUPERIOR COURT OF THE STATE OF CALIFORNIA

FOR THE COUNTY OF SANTA CLARA

No. 106CV066017

TO ALL INTERESTED PERSONS: Petitioner MARIA DIAZ DIEZ filed a petition with this court for a decree changing names as follows: MARIA DIAZ DIEZ to MARIA VIOLETA DIAZ.

THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted.

NOTICE OF HEARING: August 15, 2006, 8:45 a.m., Dept. 15, Superior Court of California, County of Santa Clara, 191 N. First Street, San Jose, CA 95113.

A copy of this ORDER TO SHOW CAUSE shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: MOUNTAIN VIEW VOICE. Date: June 23, 2006

/s/ Thomas C. Edwards  
JUDGE OF THE SUPERIOR COURT  
(Voice June 30, July 7, 14, 21, 2006)

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

SUPERIOR COURT OF THE STATE OF CALIFORNIA

FOR THE COUNTY OF SANTA CLARA

No. 106CV066687

TO ALL INTERESTED PERSONS: Petitioner ALYSSA KAY MOSEID-JORD filed a petition with this court for a decree changing names as follows: ALYSSA KAY MOSEIDJORD to ALYSSA KAY KLINGBEIL.

THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted.

NOTICE OF HEARING: August 29, 2006, 8:45 a.m., Dept. 15, Superior Court of California, County of Santa Clara, 191 N. First Street, San Jose, CA 95113.

A copy of this ORDER TO SHOW CAUSE shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: MOUNTAIN VIEW VOICE. Date: July 05, 2006

/s/ Eugene M. Hyman  
JUDGE OF THE SUPERIOR COURT  
(Voice July 14, 21, 28, August 4, 2006)

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

SUPERIOR COURT OF THE STATE OF CALIFORNIA

FOR THE COUNTY OF SANTA CLARA

No. 106CV066653

TO ALL INTERESTED PERSONS: Petitioner YEVGENIYA SHVARTS filed a petition with this court for a decree changing names as follows: YEVGENIYA SHVARTS to JENNY SCHWARTZ.

THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted.

NOTICE OF HEARING: August 29, 2006, 8:45 a.m., Room 107, Superior Court of California, County of Santa Clara, 191 N. First Street, San Jose, CA 95113.

A copy of this ORDER TO SHOW CAUSE shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: MOUNTAIN VIEW VOICE. Date: July 3, 2006

/s/ Eugene M. Hyman  
JUDGE OF THE SUPERIOR COURT  
(Voice July 14, 21, 28, August 4, 2006)

**Need to publish a fictitious business statement  
in a Santa Clara County newspaper  
of general circulation?**

**Call the  
Mountain View Voice  
326-8210, ext. 239**

# Think Globally, Post Locally



**fogster.com**

SEE FOR YOURSELF. DREAMS REALLY CAN COME TRUE.

## FOR SALE: OFFICE & INDUSTRIAL CONDOS

Available Now and Selling Quickly:

- Ready for occupancy
- Standard sizes: 1,260, 2,360, 3,600 and custom sizes up to 25,200 sq. ft.
- Available space for: Medical, Retail, Restaurant, or Professional office
- Only 10% down with 90% SBA financing
- Full Broker cooperation
- Visit our website at:  
[www.kifercommercepark.com](http://www.kifercommercepark.com)

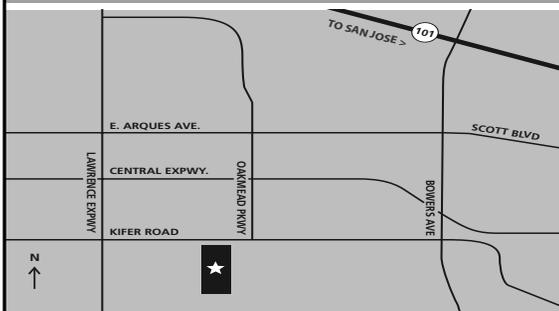


TAKE A TOUR. CALL TODAY.  
(408) 970-9400

YOUR BUSINESS.

YOUR FUTURE.

YOUR SPACE.



1286-1298 Kifer Road  
Sunnyvale, CA 94086  
(408) 737-8020

Wayne Mascia Associates

Gilbane Gilbane Development Company

Bridge Bank

## 2580 WESTFORD WAY, MTN. VIEW



Don't miss this immaculately kept home in Waverly Park. Featuring a multitude of opportunities for the growing family, or the move up or down Buyer. Located on a large lot, surrounded by lush landscaping and elegant trees. Great floor plan that incorporates today's needs with yesterdays values. Priced with an accent on value.

- Four large bedrooms
- Two and one-half baths
- Spacious kitchen w/Island Cooktop
- Separate Family Room
- Elegant Living Room w/vaulted ceilings
- Formal Dining Room
- Inside Laundry
- Fireplace in Family Room
- Granite Countertops
- Dual pane windows
- Gorgeous Landscaping
- Hardwood Floors
- Two car Garage
- Outside Brick BBQ

Offered at \$1,275,000

for further information on this property, please contact



Gary R. Herbert

Coldwell Banker Northern California

Direct: 650-917-4222

Mobile: 650-799-4021

[gherbert@cbnorcal.com](mailto:gherbert@cbnorcal.com)

[www.siliconvlyhomes.com](http://www.siliconvlyhomes.com)



Coldwell Banker believes the above information to be correct but has not verified it and assumes no legal responsibility for its accuracy. Buyers should investigate these items to their own satisfaction.



LOCAL TRADITIONS. GLOBAL CONNECTIONS.  
SINCE 1906

## CONSTRUCTION FINANCING



SEMINAR  
TUESDAY, JULY 25 • 6-8 PM  
CROWNE CABANA HOTEL

BUILD

your

DREAM

Thinking of paying cash for your new construction, remodel or reconstruction? Think again! Let us help you maximize your resources.

Nikki James, Eric Kinney & Dan Maher, purchase and construction lending experts are pleased to bring you an educational evening on how to purchase a lot, build a new home, or remodel an existing home.

Contact us for details and to rsvp.

650 • 559 • 5503



Space is limited, please RSVP by Monday, July 24th. Seminar is complimentary with light refreshments served.

Crowne Cabana Hotel  
4290 El Camino Real, Palo Alto, CA 94306.

All loans subject to approval. Certain restrictions may apply. © 2006 First Horizon Home Loan Corporation



JAMES • KINNEY • MAHER  
Purchase & Construction Lending Experts  
650-559-5568



## Buy.Sell.Move.

...and find the person who can help you do it all.

Log on to our

### Online Real Estate Agent Directory

Just go to [www.PaloAltoOnline.com](http://www.PaloAltoOnline.com) and click on Real Estate to find comprehensive information about these agents and more:

**Alain Pinel Realtors** — Nicole Aron, Jim Byrnes, Carol Carnevale, Monica Corman, Tom Correia, Alan Dunckel, Randy Eyler, Michael Hall, Jerylann Mateo, Bonnie Newson, Helen & Ki Nyborg, Mona & Michelle Sander, Richard and Robin Sequeira, Bea Sines, Rosemary Squires, Ray Walton, Jolaine Woodson, Grace Wu **Century 21 Alliance** — Mihaela Mattes **Coldwell Banker** — Steve Bellumori, Vivi Chan, Erika Demma, Elaine White & Don Diltz, John & Janet Dore, Linda Fahn, Carole Feldstein, Vicki Geers, Nancy Goldcamp, Leannah Hunt, Lyn Jason Cobb, Julie Tsai Law, Brendan Leary, Juliana Lee, Gwen Luce, Maya Sewald, Hanna Shacham, Vic Spicer, John Spiller, Nancy Adele Stuhr, Elena Talis, Gwen Wang, Dan Ziony **Encore Property** — Tom Hilligoss **Keller Williams Realty** — Miles McCormick, Sophie Ravel, Andre Saffarnia, Jan Strohecker **Peninsula Homes Realty** — Bob Williams **Sotheby's International Realty** — Catherine Marcus

To be included in the Online Real Estate Agent Directory and this print listing, contact your ad rep or Rachel Palmer at 650-326-8210 or [rpalmer@pawebly.com](mailto:rpalmer@pawebly.com)



Palo Alto  
online



WE MEASURE QUALITY BY RESULTS



*Is Quality Important to You?*



•Yvonne Johnson Heyl• Tel (650) 947-4694  
Cell (650) 302-4055

•Jeff Gonzalez• Tel (650) 947-4698  
Toll free (800) 937-5504

email: [toyvonneandjeff@aol.com](mailto:toyvonneandjeff@aol.com)  
[www.yvonneandjeff.com](http://www.yvonneandjeff.com)



*First Class Service  
is our promise to you!*

We can make selling or buying a home simple and more pleasurable. Call us TODAY. We'll do all the work, while you enjoy life's simple pleasures!

*"Your dream is our passion"*



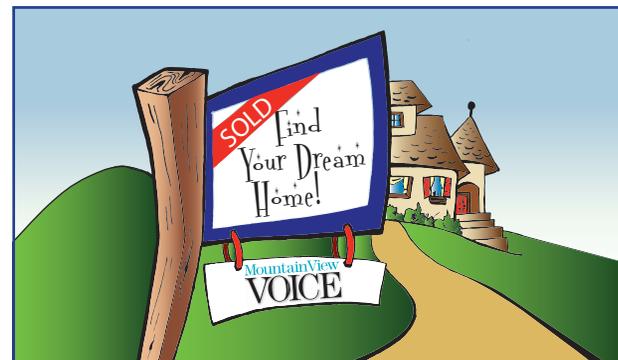
Residential Specialists  
(650) 917-4224 Afsie  
(650) 917-4205 Sia  
E-mail: [amina@cbnorcal.com](mailto:amina@cbnorcal.com)  
[www.afsiemina.com](http://www.afsiemina.com)



**CHUCK LANE**  
Real Estate Broker

*For All Your Real Estate Needs*

Office: 650.948.0456  
Direct: 650.917.4227  
[chucklane@cbnorcal.com](mailto:chucklane@cbnorcal.com)



**ALAIN PINEL**  
REALTORS

**TOM CORREIA**  
YOUR REALTOR  
365 DAYS A YEAR  
-Rain or Shine  
650-823-5441

LIFE LONG AREA RESIDENT  
[www.tomcorreia.com](http://www.tomcorreia.com)

**WE ARE A TEAM**



QUALITY  
IS OUR  
SERVICE  
SE HABLA  
ESPAÑOL



**YOLANDA MATEO**

Dir 650.940.6828 x259  
Cell 650.996.2889  
Email: [yolanda.mateo@prrealtysv.com](mailto:yolanda.mateo@prrealtysv.com)

**BERENICE VARGAS**

Dir 408.328.1324 x105  
Cell 408.505.6537  
Email: [berenice.vargas@prrealtysv.com](mailto:berenice.vargas@prrealtysv.com)



**Prudential**  
California Realty

MountainView  
**VOICE**

**INCREASE YOUR EXPOSURE**

Get your name known in the community.  
Showcase your listings to thousands of potential  
buyers and sellers.

**Voice Real Estate - 650-964-6300**



**Proven Track Record**

*Serving the community for over 20 years as  
both a Mt. View business owner and Broker  
Associate with Campi Properties in Los Altos.*

Broker Associate  
Accredited Buyers Representative  
Seniors Real Estate Specialist



*Independently Rated Highest in Quality*

**Diane Schmitz**

*"Top Listing Agent in 2003 & 2005"  
"Diamond Certified Award 2006"*

Office: (650) 941-4300  
V.M.: (650) 599-3345  
Cell: (650) 279-7622

E-Mail [diane@campi.com](mailto:diane@campi.com)  
Website: [www.dianeschmitz.net](http://www.dianeschmitz.net)

**SHELLY POTVIN, M.A.**



**An Unparalleled  
commitment to  
excellence in  
service**

650.917.7994  
[spotvin@cbnorcal.com](mailto:spotvin@cbnorcal.com)  
[www.ShellyPotvin.com](http://www.ShellyPotvin.com)



Drop off your  
used cell  
phone  
to aid victims of  
domestic violence.  
161 S. San Antonio,  
Los Altos

**INCREASE YOUR  
EXPOSURE**

Get your name  
known in the  
community.  
Showcase your  
listings to thousands  
of potential buyers  
and sellers.

**Voice Real Estate  
650-964-6300**



AMONG TOP 5% OF REALTORS IN SILICON VALLEY



*Making Your Real Estate Dreams Come True*



Rely on a life-long area resident to sell your home, or  
buy your next home. I am committed to provide the  
"absolute best service" for you.

**Jerylann Mateo, Realtor**

Direct: 650.209.1601  
Cell: 650.743.7895  
[jmateo@apr.com](mailto:jmateo@apr.com) • [www.jmateo.com](http://www.jmateo.com)

[apr.com](http://apr.com) **LOS ALTOS OFFICE** 167 W. San Antonio Road 650.941.1111

**FOR REAL ESTATE SERVICE AT ITS BEST!**

*"Let me do the work, seamless service from beginning to end."*



MOUNTAIN VIEW  
RESIDENT & **AREA SPECIALIST**



If you have any questions about financing, investment  
opportunities, buying or selling, or if you would like to  
have your property priced then please give me a call for  
a Confidential **FREE** No Obligation Meeting.

**Peter Young**  
**REALTOR®**

Ph: (650) 218 4354, Fax: (408) 668 0888  
E-mail: [pyoung@interorealestate.com](mailto:pyoung@interorealestate.com)  
[www.interorealestate.com/peteryoung](http://www.interorealestate.com/peteryoung)

# Ric Parker

Realtor  
650-917-4281 Direct  
650-917-4236 Cell  
rparker@cbnorcal.com  
www.RicParker.com



Commitment  
to  
Superior  
Client  
Service

18+ years experience



We found our home  
in The VOICE

# Royce...of Real Estate

18 Moonbeam Dr.  
Mountain View

Open Sun  
1:30 to 4:30



Remodeled end unit townhome  
3 bedrooms & 2.5 baths  
Formal entry  
Spacious living room w/ wet  
bar & fireplace  
Separate family room  
Open kitchen w/ breakfast bar  
Expanded mstr bdrm suite w/  
vaulted ceiling and full bath  
2 car garage  
Approx. 1,302 sq ft

Priced at: \$718,500

100 W. El Camino Real #61  
Mountain View

Open Sun  
1:30 to 4:30



Spacious townhome style condo  
2 bedrooms & 2.5 baths  
Dual master suites  
Large LR w/ vaulted ceiling  
Separate dining room  
Master bedroom suite  
Remodeled kitchen w/ recessed  
lighting & breakfast bar  
Convenient inside laundry  
Hardwood floors  
Approx. 1,300 sq ft

Priced at: \$559,950

2111 Latham St. #201  
Mountain View

Open Sun  
1:30 to 4:30



Remodeled corner unit condo  
3 bedrooms & 2 baths  
Security building  
Remodeled kitchen w/ granite  
counters & new cabinetry  
Huge living room  
Separate dining area  
Master bedroom suite w/ two  
closets & full bath  
Convenient inside laundry  
Approx. 1,382 sq ft

Priced at: \$575,000

106 E. Middlefield Rd. #D  
Mountain View

Open Sun  
1:30 to 4:30



Remodeled top floor end unit  
2 bedroom & 1 bath condo  
Bright living room  
Separate dining area  
Remodeled kitchen w/ generous  
cabinet space & tile counters  
Spacious master bedroom  
Remodeled bath  
Elegant crown molding  
Six panel doors  
Convenient to Downtown

Priced at: \$419,000

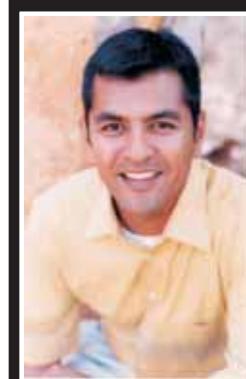
255 S. Rengstorff Ave. #93  
Mountain View

Open Sun  
1:30 to 4:30



Large unit overlooks the park  
1 bedroom & 1 bath condo  
Formal entry  
Bright open floor plan  
Spacious living room w/  
sliding door to large patio  
Separate dining area  
Complex w/ swimming pool &  
lush greenery  
Private covered patio  
Extra storage

Priced at: \$368,000



## Royce Cablayan

#1 Producing  
Coldwell Banker Agent in  
Santa Clara County  
for the last 6 years  
&  
The #1 Producing Agent in  
Mountain View for the last 8 years  
International President's Premier  
rcablayan@cbnorcal.com  
(650)917-4339



# Live.

## In The Heart Of Silicon Valley.

*Live.*

Near restaurants, shopping, and recreational facilities.

*Live.*

Close to work.

*Live.*

In a welcoming, intimate neighborhood.

### Sierra Greens.

Offering everything you want in a new single-family detached home.

4 bedrooms. Approximately 1,603-1,670 sq. ft.

Check our Web site for information  
and updates or call (650) 967-9473.

**SierraGreens.com**

*And Start Living.*

**Sierra Greens**  
MOUNTAIN VIEW



Home Loans Provided by FAMILY LENDING

Prices, terms, and specifications subject to change without notice.



STANDARD PACIFIC HOMES  
Making You Right At Home®



## 27369 Chaparral Way Los Altos Hills

- Quiet and serene – perfect for night sky viewing yet convenient to commute routes
- Private drive entrance
- Casual open living with granite chef's kitchen
- 4BR or use 1 as guest suite/media room, 3.5BA plus dedicated office
- Relax and enjoy the views and your own vineyard
- Just minutes from the Village of Los Altos
- Highly regarded Los Altos Schools

Offered at \$2,695,000



**PAM BLACKMAN** REALTOR®  
650.947.4798  
homes@PamBlackman.com

For more info or your private tour,  
please contact:



Visit  
PamBlackman.com  
for Listings • Credentials  
Media Tours

In Los Altos.  
The Hills.  
Mtn. View.  
In All Markets.

Certified  
Residential Specialist  
Certified Luxury Home  
Marketing Specialist



## Ready to Break Away?

Whether you are buying, selling or investing ...  
Get out front quickly with Ventoux.



Ventoux Real Estate Group  
selling sophisticated lifestyles

505 Hamilton Ave. STE. 100 Palo Alto, CA 94301



The Ventoux Real Estate Group at Keller Williams Realty.  
Each Keller Williams Realty office is independently owned and operated.

VentouxHomes.com 650.454.8553

*The MacVicar Team Presents*

**1402 Todd Street, Mountain View**

**1953 Sorrento Court, Mountain View**



**Prime Mountain View Location with Los Altos Schools!**  
 This 3 bedroom, 1 bath home has been beautifully remodeled. The kitchen features Corian counters and maple cabinetry, while the spacious bath is adorned with custom tile. The open floor-plan, deck and landscaped yard are perfect for indoor-outdoor living. A rare opportunity to move in and enjoy!  
 Listed at \$898,000  
**OPEN HOUSE:** July 15-16th, 1:30—4:30pm

**Spacious Home in Desirable Miramonte Place!**  
 Find room to grow in this delightful 3 bedroom, 2.5 bath home! Air conditioned and freshly painted, the home boasts the best location in Miramonte Place. Unique to this home is the large, landscaped back yard with two patios perfect for relaxation and entertaining! Community pool!  
 Call for List Price.  
**OPEN HOUSE:** July 22-23rd, 1:30—4:30pm



**THE MACVICAR TEAM**  
 Jeanne & Bryn. The Best Way Home!  
 650-917-7979

Virtual Tours at:  
[www.jeannemacvicar.com](http://www.jeannemacvicar.com)



**We Appreciate Happy Clients, of All Ages!!**



**Quality Real Estate services you can rely on at any age!**

**650.960.1950**  
**catwell@apr.com**



# CAMPI Properties, Inc.

**LEADERS IN LOS ALTOS/LOS ALTOS HILLS SINCE 1989!  
FIND OUT WHY OUR MARKETING IS SO SUCCESSFUL...**

▼ OPEN SATURDAY & SUNDAY, 1:30-4:30

## MOUNTAIN VIEW



**2741 DOVERTON SQUARE \$1,475,000**  
NEW ON THE MARKET! This 4BR/2.5BA home offers an eat-in kitchen w/custom cabinets, granite counters, stainless appliances. Living room w/fireplace, sep. dining room, FR, HDWD floors.

▼ OPEN SUNDAY, 1:30-4:30

## MOUNTAIN VIEW

**1831 GRANT ROAD \$925,000**  
This 4BR/2.5BA home is a must see! Living room w/FP, inside laundry room, 2 decks, large yard. Approx. 2,240 SF of living space.

**1711 CALIFORNIA STREET \$895,000**  
Home with 2BR/1BA, guest cottage w/private gated entry. Hardwood floors, new paint, newer fencing. Spacious park-like yard.

## LOS ALTOS



**1080 AUTUMN LANE \$2,599,000**  
A beautiful 5BR/3.5BA home w/ gourmet kitchen designed by Rutt, master suite w/office & FP. Au-pair/guest quarters. Lovely backyard w/pool, spa, & built-in gas BBQ. Los Altos Schools.

## LOS ALTOS HILLS

**27935 ROBLE BLANCO \$4,998,000**  
This magnificent estate is privately located on a 1+AC lot. 5BR/5.5BA, gourmet kitchen w/breakfast room, family room. Panoramic views. Palo Alto Schools.

**12111 OLD SNAKEY ROAD \$4,995,000**  
Perched on a hill w/majestic views of both the bay & the mountains is this newly renovated 6500+sq.ft. light & bright, open home. Impeccably maintained w/walls of glass, HDWD flrs & every amenity. Palo Alto schls.

## ATHERTON

**34 SELBY LANE \$5,895,000**  
Inspired by traditional architecture, this beautiful home has 4BR/4.5BA, HDWD & granite floors, cathedral ceilings. Approx. 1230 SF guest house.

▼ BY APPOINTMENT ONLY

## MOUNTAIN VIEW

**A WONDERFUL OPPORTUNITY \$1,095,000**  
Near shopping and transportation w/... 101 & 85, this home features 3B/2BA. **SALE PENDING**

## LOS ALTOS

**LOVINGLY RESTORED \$1,895,000**  
Behind a picket fence, this three bedroom home has an inviting living room, gourmet kitchen, dining room, family room/deck. Guest cottage. **SALE PENDING**

**LUXURIOUS FLOORPLAN \$5,295,000**  
Approx. 4,400SF 4BR/4.5BA traditional, 2-story home on approx. 1AC. Grand entry, formal dining room, fabulous kitchen w/breakfast room. Glorious views of the valley & hills.

## PALO ALTO HILLS

**PRIVACY & ELEGANCE \$5,795,000**  
This new home features 5BR/5.5BA... entry & beamed ceiling, master suite w/walk-in closets, pool site, landscaped yard w/... **SALE PENDING**

650.941.4300 • www.campi.com

195 S. San Antonio Rd., Los Altos



# Increase YOUR Exposure

- Get your name known in the community
- Showcase your listings to thousands of potential buyers & sellers

**Call Pooja**  
**650-964-6300**

MountainView  
**VOICE**



# 100 Years. Millions of Dreams.

**COLDWELL BANKER**

RESIDENTIAL BROKERAGE

californiamoves.com

Established 1906



**2111 LATHAM ST #201 \$575,000**  
3 BR 2 BA New granite kit w/ brkfst bar. Lrg living rm, sep din area. Tile bath flrs. Master suite opens to covered balcony. Inside laundry. Secure building.  
ROYCE CABLAYAN 650.948.0456



**525 PIAZZA DR. MOUNTAIN VIEW \$865,000**  
Pristine Duplex Loaded w. Possibilities! 2bd/1ba each. Updated kitchen & baths. Great opportunity for 1st time buyer, extended family, working at home, or investors.  
JULIETSAI LAW 650.325.6161



**2255 SHOWERS DR. #422 MOUNTAIN VIEW \$439,000**  
Rarely available 1/1 penthouse @ desirable Parc Crossing. This sun filled unit has spacious LR. Lg. Master suite + a den or as a 2nd BR. Private balcony. Must see!  
GRACE FENG 650.328.5211



**507 LAVERNE AVE APTOS \$646,000**  
3 BR 2 BA Blocks from beach. Knotty pine interior at this fun & funky two story cottage. Fresh paint. Eat-in kitchen. Inside laundry. Easy access to Highway 1.  
PHILLIS CARMICHAEL 650.941.7040



**2580 WESTFORD WAY MOUNTAIN VIEW \$1,275,000**  
GORGEOUS WAVERLY PARK 4BR/2.5 BA. Spacious! Updated with great floor plan & a large yard!  
GARY HERBERT 650-948-0456



**1402 TODD ST MOUNTAIN VIEW \$898,000**  
Prime Location! 3 BR 1 BA Los Altos schools! Remodeled kitchen & bath. Open floorplan & custom cabinetry & tile work throughout. Large deck & landscaped yard for entertaining!  
MACVICAR TEAM 650.941.7040

## APTOS

**WONDERFUL SEACLIFF! \$646,000**  
3 BR 2 BA Blocks from beach. Knotty pine interior at this fun & funky two story cottage. Fresh paint. Eat-in kitchen. Inside laundry. Easy access to Highway 1.  
Phyllis Carmichael 650.941.7040

## CAMPBELL

**86 REDDING ROAD \$674,900**  
OPEN SAT/SUN 1:30 - 4:30  
3 BR 2.5 BA Attached 2 car garage. Living rm w/fireplace. Sep dining rm. Large master w/sitting area. Ins. laundry. Central A/C. New carpet & vinyl. Fresh paint  
Ric Parker 650.948.0456

## CAPITOLA

**CHARM NEAR THE BEACH \$749,950**  
3 BR 2 BA Well maintained home in super location close to the Capitola Mall & the beach. Freshly painted interior. Newer carpets. Patio. Desirable neighborhood.  
Phyllis Carmichael 650.941.7040

## EAST PALO ALTO

**GREAT STARTER/INVESTMENT \$645,000**  
Very convenient location near school, library and freeways. 2 bedrms, 2 full baths, eat-in kitchen, garage & studio addition in '03. Lot is approx. 5000sf  
Maria Prieto 650.325.6161

**WELL KEPT RANCH STYLE \$638,000**  
3 BR 1 BA Spacious bedrooms, kitchen w/ tile flrs, separate dining rm, fireplace in living rm. Covered patio, lovely landscaping. 1-car garage w/ boat parking.  
Prieto Team 650.325.6161

**PRIVATE STREET-LG LOT \$615,000**  
3 BR 1 BA full. Freshly painted, double-paned windows. New landscaping, pavers and fragrant roses. Lot is approximately 8,040sf per county.  
Prieto Team 650.325.6161

## LOS ALTOS

**364 BENVENUE AV \$2,690,000**  
OPEN SUN 1:30 - 4:30  
4 BR (all suites), library & family room. Lot SF-13500, Hse SF-3400, Gar SF: xtra -440. LA schls. Limestone/granite/marble/travertine/Brazilian cherry wood.  
Julie Lau 650.325.6161

**359 LUNADA CT \$1,998,000**  
OPEN SAT/SUN 1:30 - 4:30  
4 BR 3 BA Desirable floor plan. Attractive wood flrs in LR, DR, & BRs. Updated kitchen. Near schools, shopping & bike/walking path to PA. Large lot.  
Dayle Reilly 650.325.6161

**NORTH LOS ALTOS BEAUTY \$1,550,000**  
4 BR 2.5 BA Updated kitchen has eating area. Formal dining. Family room. Spacious master. Hardwood floors & crown molding. Fireplaces. Pool. Outstanding schools.  
Carol Van Zee 650.941.7040

**1452 BROOKMILL ROAD \$1,479,000**  
SAT/SUN 1:30 - 4:30  
5BR 2.5BA NEW LISTING! Beautiful expanded home. Large Family room. Bright kitchen w/ island. Delightful yard. Award winning Los Altos Schools.  
Karen Scheel & Cindy Mattison 650.917.4257

**CRAFTSMAN CHARM \$1,365,000**  
3 BR 2 BA Remodeled home has attention to period detail. Near top schools. Cottage. Dining & family rooms. Plantation shutters. Security system. Chef's kitchen.  
Jo Ann Fishpaw 650.941.7040

**942 LORAIN AV \$998,000**  
SUN 1:30 - 4:30  
3 BR 2 BA Perfect location for this cute remodeled home in quaint neighborhood w/ numerous amenities. Grassy front yard lined w/ flowers. Adorable front porch.  
Royce Cablayan 650.948.0456

**1 LOS ALTOS SQ \$740,000**  
OPEN SUN 1:30 - 4:30  
2 BR 2 BA House in very desirable area. Close to shopping center & restaurants. 3 pools and recreation room to enjoy. Large front yard and patio.  
Nena Price 650.948.0456

## LOS GATOS

**NEWLY REMODELED! \$1,477,000**  
4 BR 3 BA Single level in prestige Glen Ridge. Ideal for downsizing! Walk to town. Gourmet kitchen. Custom hardwood floors. Crown molding. Outstanding schools.  
Terrie Masuda 650.941.7040

## LOS GATOS MOUNTAINS

**STUNNING PROPERTY \$1,399,000**  
4 BR 3.5 BA Spectacular home on wooded lot with approx. 15 acres. Three fireplaces. Wood floors. Play yard. Open kitchen. Gated community. Gorgeous views.  
Phyllis Carmichael 650.941.7040

## MONTE SERENO

**PRESTIGIOUS ADDRESS \$3,995,000**  
Terrific flat knoll lot with stunning mountain & valley views. 1.49 approx. acres in convenient location. Los Gatos schools. Utilities on property.  
Charlene Geers 650.941.7040

## MOUNTAIN VIEW

**285 CHIQUITA AV \$999,999**  
OPEN SUN 1:30 - 4:30  
4 BR 2.5 BA Plantation shutters, custom carpets, recessed lights, kitchen with maple floors and cabinets. Granite counters, master suite with marble bath.  
Lorraine McIntosh, Gri, Sres 650.948.0456

**PRIME LOCATION! \$898,000**  
3 BR 1 BA Los Altos schools! Remodeled kitchen & bath. Open floorplan & custom cabinetry & tile work throughout. Large deck & landscaped yard for entertaining!  
MacVicar Team 650.941.7040

**822 BOURBON CT \$895,000**  
OPEN SAT/SUN 1:30 - 4:30  
3 BR 2 BA Largest SFR under \$900K in M. V. Cul de sac loc Community Pool. Great hm w/remod kit, fam rm, din rm, liv rm w/ftp. Vtd ceil, skylites.  
Melanie Johnson 650.948.0456

**NESTLED ON PRIVATE LANE \$888,000**  
3 BR 2.5 BA Traditional home with tile floors & ample staircase. Mahogany kitchen w/ granite fireplace. French doors open onto slate deck overlooking fountain.  
Barbara Williams 650.941.7040

**525 PIAZZA DR \$865,000**  
OPEN SAT/SUN 1:30 - 4:30  
4 BR 2 BA 2bd/1ba each. Loaded w. Possibilities! Updated kitchen & baths. Great opportunity for 1st time buyer, extended family, working at home, or investors.  
Julie Tsai Law 650.325.6161

**CHARMING NEIGHBORHOOD \$848,000**  
3 BR 2 BA Traditional home close to downtown Los Altos & Mountain View. Fireplace in kitchen & living room. Hardwood floors. Two car garage. Los Altos schools.  
Gerry Lawrence 650.941.7040

**18 MOONBEAM DR \$718,500**  
OPEN SUN 1:30 - 4:30  
3 BR 2.5 BA Liv rm w/fireplace & wet bar. Dining area opens to prvt yd & deck. Kitw/garden wndw & brkfst bar. Expanded Mstr bdrm. Vaulted ceilings. 2-car garage.  
Royce Cablayan 650.948.0456

**131 IRENE CT \$699,000**  
OPEN SAT/SUN 1:30 - 4:30  
3 BR 2.5 BA Split level end unit w/ lots of light. Upgraded hwd flrs & tasteful granite & tile finishes. Vaulted ceiling in MBR. 2 car att. gar. Pool!  
Carol Wilkinson/Prue Saunders 650.325.6161

**POPULAR BIRCH GREEN \$669,000**  
3 BR 2.5 BA Spacious home with tile floors. Master bedroom with walk-in closet. Dining room. Two car garage. Laundry room. Approx. 1,725 sq. ft.  
Enis Hall 650.941.7040

**217 ADA AVE. #36 \$649,000**  
OPEN SAT/SUN 1:30 - 4:30  
3 BR 2 BA Good Light, sep DR, Fireplace, fresh paint, patio. 2 Car Gar, Per Metroscan 1,598sf living, pool & spa.  
Leslie Pappas & Nevin Garland 650.325.6161

**100 W EL CAMINO REAL #61 \$559,950**  
OPEN SUN 1:30 - 4:30  
2 BR 2.5 BA Hardwood flrs, vaulted ceiling. Remod kit w/ brkfst bar. Liv room w/ftp & wood shutters. Sep. dining rm. Inside laundry. Mirrored closets. Covered deck  
Royce Cablayan 650.948.0456

**99 E. MIDDLEFIELD ROAD #17 \$449,000**  
OPEN SAT/SUN 1:30 - 4:30  
2 BR 2 BA Lovely ground floor end unit, fireplace in spacious living room. Double pane windows. Complex has exercise room & spa!  
Amelia Munro 650.948.0456

**106 E MIDDLEFIELD RD #D \$419,000**  
OPEN SUN 1:30 - 4:30  
2 BR 1 BA Upstairs end unit w/ tile entry kitchen & bath flrs. Wood laminate floor in living/dining rms.  
Royce Cablayan 650.948.0456

## 255 S RENGSTORFF AV #93 \$368,000

OPEN SUN 1:30 - 4:30  
1 BR 1 BA In the back of the complex overlooking the park. Open floor plan. Tile floor in kitchen & bath. Large private deck. Extra storage.  
Royce Cablayan 650.948.0456

## PALO ALTO

**1745 GUINDA ST \$3,195,000**  
OPEN SUN 1:30 - 4:30  
6 BR 4 full BA + 2 half Mediterranean revival in North Palo Alto! Includes gourmet kitchen, large recreation room, first class amenities.  
Tim Trailer 650.325.6161

**575 WASHINGTON AVE \$2,348,000**  
OPEN SUN 1:30 - 4:30  
4 BR 2 BA Old PA cul-de-sac home with hi ceilings, tree shaded lot, walk-in attic, part basement, hwd floors, many paned windows. Great PA schools. True delight  
Babara Sawyer 650.325.6161

**425 OREGON AVE \$1,098,000**  
OPEN SAT/SUN 1:30 - 4:30  
3 BR 2 BA Extensively remodeled w/bedrms facing back/ side yard. Huge 7100+ lot, hwd flrs/track lighting/skylites/ marble bath/deck/lawn/hot tub. Walter Hays dist  
Julie Lau 650.325.6161

**4361 SILVA \$935,000**  
OPEN SAT 1:30 - 4:30  
Palo Alto hm w/Los Altos schls. 3BR/1BACute & cozy home + light & bright + Large lot + grt neighborhood + close to shops.  
MIKE KASHANI 650.948.0456

**613 FOREST AV #613 \$699,000**  
SAT/SUN 1:30 - 4:30  
2 BR 2 BA Top flr, 1-shared wall, inside washer & dryer. 1- underground secured parking & add'l parking with built-in work bench. Downtown location.  
Roberta Hauck 650.325.6161

**101 ALMA ST #607 \$690,000**  
SUN 1:30 - 4:30  
2 BR 2 BA Beautiful 6th floor end unit with terrific views of city lights & mountains. Patio opened up for additional sq. ft. Plantation shutters, warm & cozy.  
Geraldine Asmus 650.325.6161

## SAN JOSE

**YOUR DREAM COMESTRUE! \$873,000**  
4 BR 2.5 BA Lofty w/ hardwood floors. Gracious living room w/ fireplace. Huge family room. Cook's kitchen w/ granite, island, pond & waterfall.  
Ellen Barton 650.941.7040

**NEWLY REMODELED HOME \$729,000**  
3 BR 2 BA Wonderful neighborhood. New hardwood floors, carpet, kitchen cabinets, appliances & granite counters. Family room. Gated pool. Campbell schools.  
Nancy Manning & Diane McBurnie 650.941.7040

**WOW! \$699,950**  
3 BR 2 BA Great house with beautifully updated kitchen & baths. Newer windows. Newer roof. Copper plumbing. Fireplace. Hardwood floors. Lovely landscaping.  
Phyllis Carmichael 650.941.7040

**LIVE ON THE GOLF COURSE \$699,900**  
2 BR 2.5 BA 2 full BR suites each w. own bath. Vaulted ceilings, wood shutters thruout. Outstanding complex near by Townsend Park, Ranch 99 Markey, Hwy 680 & 880.  
Gene Thornton 650.325.6161

**VINTAGE HOME \$599,000**  
2 BR 1 BA Now is your chance to own! Vintage 1920's w/ numerous upgrades. Central A/C, heat, copper plumbing. Detached office. Central A/C. Deck w/ spa.  
Melanie Johnson 650.948.0456

**30 E JULIAN ST #209 \$525,000**  
OPEN SUN 1:30 - 4:30  
2 BR 2 BA Luxurious downtown living, bright, contemporary, ~1271 sqft. Hi-end finishes w/ cherry cab, crwn molding, opn kit w/brkfst bar. Pvt balc, inside Indry, x-strge, gated prkg  
Shilpa Merchant 650.948.0456

**3491 WINE BARREL WAY \$419,950**  
OPEN SAT 1:30 - 4:30  
2 BR 1 BA Close to commute access & all City conveniences. New cabinets & fresh paint. Los Gatos border & creek trail. 1car atta garage. Tiled kit cntrs & ba.  
Lorraine McIntosh, Gri, Sres 650.948.0456

## 5622 CALMOR AVE #4 \$359,000

OPEN SUN 1:30 - 4:30  
Beautifully upgraded unit: fresh paint/carpets, granite counters in kitchen, AC and complex pool. Close to shopping & dining. Easy freeway access.  
Kathleen & Dave Pasin 650.325.6161

## SANTA CLARA

**257 CRONIN DRIVE \$894,500**  
OPEN SUN 1:30 - 4:30  
3BR/3BA. IMMACULATE! UPDATED Cupertino schools! 2 master suites. Updated kitchen! Dbl Pane windows! Beautiful!  
LETTY GUERRA 650.948.0456

## SARATOGA

**20315 HERRIMAN AVE SUN \$3,390,000**  
OPEN SUN 1:30 - 4:30  
7 BR 5.5 BA Almost like new! Custom built exec. home in 1998. Around 5000sf living space on approx. 20,000sf lot with basement. Near schools. Golden Triangle area.  
Julie Tsai Law 650.325.6161

## SUNNYVALE

**1166 ASHCROFT WAY \$1,148,000**  
OPEN SUN 1:30 - 4:30  
3 BR 2 BA This fine home features an outstanding location, fabulous schools. An excellent floor plan, and a nicely updated home.  
David Blockhus 650.948.0456

**SPACIOUS TWO STORY \$1,100,000**  
4 BR 3 BA Beautiful neighborhood with excellent schools! Office. Downstairs bedroom. Inside laundry. Air conditioning. Gorgeous mini orchard in private garden.  
Patricia Robison & Ursula Cremona 650.941.7040

**OUTSTANDING SCHOOLS \$1,068,000**  
3 BR 2.5 BA Wonderful opportunity with large yard. Loft space. Smashing kitchen. Spacious master has two walk-in closets. Cozy family room. Built-in nook.  
Diyar Essaid 650.941.7040

**STYLE & ELEGANCE \$949,000**  
3 BR 2 BA Fabulous remodel! Stunning kitchen. Mahogany floors, custom moldings, designer touches. Showstopper master bath. Large family room. Huge yard.  
Sallie & Stacey Morgan 650.941.7040

**NICELY UPDATED \$539,000**  
2 BR 1.5 BA Two story end unit. Remodeled kitchen with granite counters & maple cabinets. Updated baths. Cupertino schools. Patio. Garage. Near Community Center.  
The Levy Team 650.941.7040

**811 W. CALIFORNIA AVENUE P \$404,888**  
SUN 1:30 - 4:30  
2 BR 1.5 BA Laminated floors, spacious living room. Covered patio. Mirrored closets. Inside laundry.  
Royce Cablayan 650.948.0456

LOS ALTOS . FIRST STREET  
650.948.0456  
LOS ALTOS . SAN ANTONIO  
650.941.7040  
PALO ALTO . DOWNTOWN  
650.325.6161



CALL US FOR ALL  
YOUR MORTGAGE NEEDS  
800.558.4443



List your home with the Real Estate Leader  
– Prudential California Realty –



**Prudential**  
California Realty



List with the Leader!

**OPEN SUNDAY 1:30 TO 4:30**



**2255 W. Middlefield Road  
Mountain View \$879,000**

Opportunities abound with this 3 bedroom, 2 bath home on a large lot in park-like setting with mature landscaping and fruit trees. Bonus room with separate entrance perfect for home office. Call Agent Anna at @ 650-714-1141.

**OPEN SAT & SUN 1:30 TO 4:00**



**2090 Flintwick Court  
San Jose \$825,000**

This is a lovely, well maintained 3 Bedroom, 3 full bath split tri-level home in the Mount Pleasant area of San Jose. Great location on a cul-de-sac. It has a good sized lot with approx. 1900 square feet of living space. There is a partial view of the valley from the upstairs bedrooms. Special area for your motor home or RV and extra parking.

**OPEN SUNDAY 1:30 TO 4:30**



**208 Kavanaugh Way  
Pacifica \$725,000**

Great Opportunity for Cape Cod charmer featuring 4 bedrooms. 2 baths, remodeled kitchen with granite counters, hardwood floors and new appliances, separate dining and family room, work shop with electrical, huge backyard, and 1 car garage. Make this your home!

**OPEN SUN 1:30 TO 4:00**



**2605 Painted Rock Drive  
Santa Clara \$599,000**

First time home buyers alert! Cute starter home in established neighborhood, featuring, 3 bedrooms, 1 bath, dual pained window, updated kitchen and bath, ready for your decorative touches, with large backyard for entertaining or expansion, bonus room in garage and extra parking. Call listing agent for appointment @ 650-714-1272.

**OPEN SAT & SUN 1:00 TO 4:00**



**5062 Sutter Creek Circle  
San Jose \$399,000**

Gorgeous top-floor, end unit condo in beautiful complex perfect for First Time Buyers! This property features 2 bedrooms, 1 bath, new kitchen counter tops, newly remodeled bath, newer carpet and paint, inside laundry w/washer/dryer, central A/C, balcony off living & dining room and 1 car carport. Don't Miss!

**SALE PENDING**



**904 Shoal Drive  
San Mateo \$725,000**

Absolutely gorgeous home in Mariner's Island prime location. Featuring 2 bedroom, 2 bath, delightful kitchen with oak cabinetry, tiled countertops and stainless steel appliances, new paint, new window covers and light fixtures, wood burning fireplace next to private patio. Enjoy California living at its best with tennis courts, pool, jacuzzi & walking trails.

**OPEN SAT & SUN 1:00 TO 4:00**



**135 Holly Terrace  
Sunnyvale \$674,900**

Gorgeous townhome in wonderful complex featuring 2 bedrooms, 2 1/2 baths, separate dining room, fireplace in living room, inside laundry, central forced air heat and A/C, open floor plan and vaulted ceilings with direct access to 2 car garage with large storage area. Great location in complex and perfect for shopping and commuting! Don't miss this great property!



**10400 Wunderlich Drive  
Cupertino \$1,325,800**

Lovely 5 bedroom, 3.5 bath home featuring elegant, well designed flowing floor plan, large master suite and marble master bath with jetted tub, first floor bedroom suite with full bath, kitchen with maple floors and cabinets and granite counter tops w/ island and more. Located on a quiet tree lined street with great Cupertino schools.

Prudential California Realty has two Silicon Valley offices to serve you:

**Mountain View**  
1040 Grant Road  
(650) 966-1100

**Sunnyvale**  
603 S. Knickerbocker Drive  
(408) 733-3300



**David Hamaoui**  
Broker/Owner



**Wahib Costandi, Ph.D.**  
Broker/Owner

[www.prurealtysv.com](http://www.prurealtysv.com)

