



NICHOLAS WRIGHT

Julianne Dean, 13, has been losing weight with help from her family: mother Lisa, father Robert, sister Katie, grandmother Mary Picollo and dog Cookie.

On the right path

KAISER PROGRAM PROVIDES KIDS WITH THE KNOWLEDGE THEY NEED TO FIGHT OBESITY

By Diana Reynolds Roome

The “before” and “after” picture set has become a banner for success in weight loss. Julianne Dean’s certificate of achievement from the Kaiser Pediatric Weight Management Program first shows an overweight girl who is reluctant to face the camera. In the second picture, Julianne, 13, in a new peach-colored top with gold flowers at the neckline, is not dramatically thinner. Yet she looks self-possessed and bonny.

She’s lost 35 pounds in six months, and she’s proud of it.

“This kind of weight loss takes a dramatic change in the whole mental attitude, and that’s

what’s important. It can’t be summarized by a number on a scale,” said Dr. Julie Kohl, who is Julianne’s pediatrician at Kaiser Permanente in Mountain View.

“Losing weight is complicated, and needs to be done under medical supervision. The idea of an easy fix is seductive but not

■ INFORMATION

Kaiser Permanente HMO is located at 555 Castro Street, Mountain View, though the Pediatric Management programs are held in various other locations. For more information, contact (510) 784-4344.

realistic. The important thing is keeping the weight off and establishing good habits for sustainable, long-term changes. We have to take a long view because this is a lifetime process.”

Julianne’s determination to slim down, and her will to approach eating and exercising differently, were bolstered by her family’s enthusiastic support. A well-designed program that helps kids and their families change their behaviors for good, it gave them the educational tools for transformation.

Obesity in children and teenagers is one of the biggest health challenges facing the country today, according to several recent reports. Over the past 20 years it

has more than tripled in adolescents and doubled in children from 6 to 11 years old. A widely distributed article published in the *New England Journal of Medicine* predicted that for the first time in two centuries, life expectancy is likely to decline instead of increase, and that today’s youth, on average, may live less healthy and shorter lives than their parents.

“Once kids are overweight, they’re at high risk for being overweight as adults, when they may have long-term issues with cardiovascular disease, heart attacks and stroke,” Kohl said.

Even in childhood, a variety

■ HEALTHY HABITS

Children are encouraged to play actively for at least an hour each day. Parents can help by:

- Being a role model. Go on hikes or long walks, ride bikes, play sports, or engage in any kind of physical activity.
- Limiting sedentary activities such as watching TV and playing computer and video games to one hour a day.
- Offering water when kids are thirsty. Cut down on sodas, juice and other sweet drinks to no more than one cup a day.

Excerpted from the new Pediatrics eNewsletter at kp.org/pediatricsnewsletter
Reviewed by: Alan Eshleman, MD

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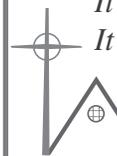
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NICHOLAS WRIGHT

Taking her dog for walks has helped Julianne Dean.

OBESITY

► *Continued from page 29*

of serious health problems can result from carrying too much weight, including high blood pressure, joint and muscle pain, impaired mobility, asthma, and type-2 diabetes, which used to be rare in children.

Experts blame this situation on a raft of reasons, including heavy advertising of sweet, fatty and salty foods; "super sizing" of portions by fast food restaurants; cutting physical education from

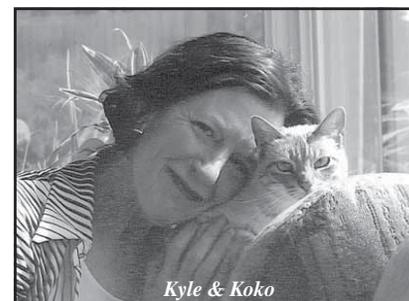
school schedules; snacking in front of the television, computer or video game console; and soda in school vending machines.

In response, schools are beginning to replace sodas and sweetened juices with less caloric drinks — a smart move, since a 20 oz. soda has 17 teaspoons of sugar, empty calories that take the equivalent of four hours of hard bicycling to burn off. However, processed foods such as hot dogs and pizza, which are low in nutrition and high in

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Got headache?

TIPS TO UNDERSTAND, AND AVOID,
THE UNIVERSAL AFFLICTION

By Dr. Gregory Cheung

Q: What causes the common headache?

A: The brain has no nerve endings, so it can't "hurt," but much of what protects it can.

Headaches are triggered by irritation or injury to pain-sensors of the head, like the tissues around the brain, arteries and veins, sinuses, muscles in the neck and head, and even your scalp. Headaches arise when these areas become inflamed, compressed, tense or irritated.

Common headaches can be produced by every-day troubles, like stress, exhaustion, hunger, food (in some people, caffeine, chocolate, cheeses or nuts can cause headache), muscle tensions, side effects to medications and, for women, parts of the menstruation cycle.

Q: If I mention that I have a headache, my husband says to have a big drink of water. Why would that help?

A: Dehydration is a known trigger of headaches and perhaps one of the easiest to avoid. Summer heat increases the risk of dehydration, so keep hydrated in high temperatures. But remember: in cooler weather, you're less likely to feel thirsty so you tend to drink less water, making it easy to become dehydrated, and then — ouch — there's your headache.

Q: Beyond muscle tension and migraine headaches, what are the features of headaches that indicate a serious health condition?

A: When a patient complains of headache, doctors look for "red flags" that indicate something more troublesome may be occurring. The acronym SNOOP can be used to categorize the serious features:

S: systemic symptoms accompany the headache. Fever and stiff neck could indicate meningitis. Eye pain could indicate acute angle glaucoma.

N: neurologic symptoms accompany the headache. Weakness or numbness of the arms and legs, loss of vision, loss of coordination, and loss of speech can indicate problems originat-

ing in the brain.

O: onset is abrupt. This is especially significant if it is the worse headache you have experienced or if the headache itself woke you from sleep, and could indicate disease within the skull cavity.

O: older patient with new headache. Most people with muscle tension or migraine headaches have had them when they were young.

P: previous headaches were different. Changes in the pattern and character of the headache could indicate something more serious. A corollary of this would be that the headache is increasing over a few days.

I recommend that headache sufferers keep a headache diary so they can share accurate details of their experiences with their doctor to enhance his or her ability to diagnose and help.

Q: My mother used to get chronic headaches, now I've started getting them too. Are headaches hereditary?

A: An informal survey by the nonprofit National Headache Foundation suggests that headaches often run in the family. Two-thirds of more than 300 participants said they have a family history of headaches or migraines. The majority listed their mothers as their headache-affected relative, followed by sisters, then fathers.

Q: Is aspirin really a "miracle" drug?

A: Aspirin is a reliable option for headaches and other conditions, but it doesn't hold "miracle drug" status. Promising research indicates that aspirin can help reduce the risk of heart disease and stroke.

Aspirin is of greatest worth to people who have already had a heart attack, because it can lower their risk of a second heart attack. There is also evidence that aspirin can reduce the risk of a first heart attack in individuals in high-risk categories.

The best preventive medicine is a healthy lifestyle that includes a well-balanced and nutritional diet low in fat and sugars, and regular exercise. ▀

Gregory Cheung, M.D., is a family medicine physician with Camino Medical Group.

E-mail questions to Camino Medical Group representative Cynthia Greaves at greavec@caminommedical.org.



Dr. Gregory Cheung



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FAN APPRECIATION

Summer is no time for your vehicle's cooling fan (or any part of the cooling system) to fail. This can result in an engine-overheating situation that can leave you stranded. In front-wheel drive cars, the fans are usually driven by electricity, since the engine is mounted transversely, which points the engine toward the side. In rear-wheel-drive vehicles, with longitudinally placed engines, the fan is usually driven by a belt. In either case, failure of the fan to work places the car in jeopardy of overheating. This is the first place to look in the event that the engine temperature gauge goes into the red zone. Give it a look, and arrange for a technician to make the repair.

If your engine overheats while driving, pull over and call for help. At AAA-approved Larry's Autoworks, we are experts at diagnosis and efficient with repair of all makes and models. We are just off the 101 Freeway on Leghorn between San Antonio and Rengstorff in Mountain View. Take the Rengstorff exit south, then right on Leghorn. Every car our customers bring to us for service has a technician who is factory-qualified and trained on that vehicle. Keep that in mind. Our customers understand that service excellence is what we deliver.

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September 29, 2006 is the application deadline for Mountain View citizens wishing to serve on one of the following City board, commissions or committees:

- LIBRARY BOARD (2 positions)
(Meets on the third Monday evening of the month)
- ENVIRONMENTAL PLANNING COMMISSION (2 positions)
(Meets on the first and third Wednesday evenings of the month)
- HUMAN RELATIONS COMMISSION (4 positions)
(Meets on the first Thursday evening of the month)
- PARKS AND RECREATION COMMISSION (1 position)
(Meets on the second Wednesday evening of the month)
- BICYCLE/PEDESTRIAN ADVISORY COMMITTEE (2 positions)
(Meets on the last Wednesday evening of the month)
- DOWNTOWN COMMITTEE (3 positions)
(Meets on the first Tuesday morning bimonthly)
- PERFORMING ARTS ADVISORY COMMITTEE (4 positions)
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There may be incumbents who wish to be reappointed.

The board, commissions and committees are volunteer positions and serve in an advisory capacity to the City Council.

Appointments are available on an equal opportunity basis.

Call the City Clerk's Office at (650) 903-6304 for further information and applications. An application can be downloaded at www.mountainview.gov/citygov/pdf/community_services_application.pdf.

Obesity endemic in the U.S.

POOR DIET, SEDENTARY LIFESTYLE THE MAIN CULPRITS

By Flavia Kreis

The number of youths that are overweight has more than doubled since the early 1970s. Today, approximately 13 percent of children and adolescents — nearly 5.3 million youths — are seriously overweight.



Flavia Kreis

What is causing childhood obesity? Our society is indulging on foods; it seems we can't go a city block without seeing a fast food restaurant. Every hour of the day or night we have foods available to us. Just a few decades ago Americans ate mostly home-made foods. Now most of us eat out an average of four to five times per week, and some eat out every day.

The picture at home is one of sedentary eating. Most people who eat at home have TV dinners or take-out. The average American child spends about six to seven hours per day watching television. Food commercials on TV typically promote nutritionally deficient foods and empty calories, like desserts, sodas and fast foods.

Just by watching TV we feel compelled to eat. It is a passive activity. And after a while, we become overweight and sick and the next commercial we see is about getting medications for high cholesterol, high blood pressure, and diabetes.

This makes no sense.

Instead of going out and socializing or walking or exercising, we are sitting, eating and taking medications because we cannot stop eating, and so our health declines.

For kids, school is no better. Many school lunches are full of chemicals, fats and sugars, with no sign of fresh vegetables or fruit. School vending machines are loaded with low-nutrient foods like chips, snack bars, cookies and sodas. Children are commonly sent to school after having a breakfast full of sugars like frosted or artificially colored cereal with little or no protein. How can we expect our children to be healthy and per-

form well at school when their bodies are malnourished?

form well at school when their bodies are malnourished?

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How can we expect our children to be healthy and perform well at school when their bodies are malnourished?

form well at school when their bodies are malnourished?

Another problem is portion intake; most Americans eat twice what they need. Restaurant portions are often excessive, and our constant snacking contributes to this problem.

Flavia Kreis is a certified nutritional consultant and the owner of Integrative Nutrition and Wellness Center, located in downtown Mountain View. For more information, visit www.integrativenutrition.com.

THE REAL ESTATE CORNER

Downsizing Without Super-Sizing Your Property Taxes

By Patrice Horvath

Here is a topic that is encouraging for seniors who want to move but are holding out due to the fear of increased property taxes. There are many seniors who decide that the home they are living in is too big for them. Downsizing is just the answer but some still worry that they still may face a property tax increase if they move into or build a new home.

In California, tax relief for seniors 55 and older helps ease the cost of moving and finding a replacement home by transferring the taxable value on the senior's original home to the replacement home. Here's how it works. Under Proposition 60/90, seniors may carry approximately the same annual property tax

basis as they did with their old home to a new home that is purchased or equal or lesser value. This means that seniors get a break from a property tax reassessment that would ordinarily occur when a home is bought and appraised at full market value at the time of its purchase. Great news for those who want to downsize!



Patrice Horvath is a Realtor with Alain Pinel Realtors in Los Altos. Patrice holds an SRES (Seniors Real Estate Specialist) designation. She can be reached at 650.209.1602 and phorvath@apr.com

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MountainView VOICE

OBESITY

► Continued from page 30

cholesterol-boosting fats, still are easy to find on many school lunch menus.

Kaiser Permanente has taken on some of these challenges by coming up with imaginative approaches to weight management that put the emphasis not just on the child but on the family and the community. The HMO runs several programs that focus not on dieting but on activity, responsibility and forming new habits. Free solo classes help parents and kids to become savvier about eating and to decide on a "next step" action plan that they're eager to carry out. More intensive weekly sessions over several months lead to weight loss, lower heart rate and more energy.

Best of all, kids like Julianne start looking forward to going for long walks with the family and the dog, or playing tennis with dad when he gets off work.

"We encourage each other," said Julianne of her father, who lost 100 pounds last year and is helping Julianne to lose a similar amount of weight, "to get to a size where I know I'll be comfortable. Sometimes I do just feel I'm never going to get there. Then I say, why give up now when I've gone this far? I'm going for my goal."

Behind her all the way is Julianne's grandmother, Mary Picollo, who drove her to Kaiser's Pediatric Intensive Weight Management program weekly for almost five months without missing a meeting. Though she has been supportive, she knows that ultimately, Julianne's health is up to her.

"This is a lifelong plan she has to be responsible for. She needs to do it for herself and her own well-being, not for me, not for anybody else," said Picollo. Julianne's sister, 11-year-old Katie, accompanied them, and though she's never had a weight problem, she too learned a lot about making healthy decisions.

Meanwhile, Julianne's uncle and aunt bought her a pass to a gym, called to ask how she did at class, and took the girls swimming.

"It helps to have a supportive family. They know what I can and can't eat. They know I want to do this, and this is the time I need most support," said Julianne, who learned in class how to choose foods wisely, understand portion control, and build more active habits by going on group walks, playing soccer and taking part in relay races.

"The whole [Kaiser class] was going at the same pace as I was," she said, admitting that she didn't want to do P.E. at school, where teasing was hurtful. "At class, it was nice to see people going through the same thing as me."

Kids from age 8 to 17, of many

HEALTHY FOODS

You don't have to throw out all the food in your refrigerator if you want to start eating healthier. There are many small, simple changes you can make that will drastically improve your diet. These changes don't take extra time or money, and they're easy to stick with:

- *Make substitutions. Order brown rice instead of white rice, or buy whole wheat bread instead of white.*
- *Add healthy foods, rather than taking a favorite food out. Bring a snack of cut-up vegetables or some grapes in your lunch. You'll add a serving of vegetables or fruit to your diet and get the benefit of the vitamins and minerals it contains.*
- *Buy only nonfat or 1 percent milk, and low- or nonfat yogurt, sour cream, and other dairy products.*
- *Eat your fruits and vegetables first. You'll be less hungry by the time you get to your cheeseburger or dessert. This way you get the healthy foods in, leaving less appetite for the not-so-healthy foods. Also, the fiber in fruits and vegetables will make you feel fuller longer.*
- *Use a small amount of oil (olive, canola, or vegetable) for cooking (instead of butter, margarine, or lard).*
- *Use herbs, spices, and other low-sodium seasonings to flavor food.*
- *Eat two servings of fish a week.*
- *Buy low-sodium canned goods (soups, vegetables and beans).*

Reviewed by: Alan Eshleman, MD and Sue Heikkinen, MS, RD, CDE

ethnic backgrounds, attend Kaiser's weight management classes, and discover how different cultures face different kinds of challenges in maintaining a healthy weight.

All people have a different ideal weight, said Kohl, so comparing weight against height can be misleading. Furthermore, the standard charts are not based on a diverse ethnic population.

"Half of my patients are overweight and do not even know it until you show them their growth curve and BMI [body mass index]," said Dr. Wynnyee Tom, a pediatrician at Kaiser in Fremont.

"They say, 'How come? I'm skinny compared to my relatives.' We're trying to change the perception of what overweight means."

Tom recently started an e-newsletter on children's fitness, which is available online at www.kp.org/pediatricsnewsletter. It's packed with ideas to help inspire families to eat better and exercise more.

"The best results are seen with programs that involve the whole family," said Kohl. "Julianne's family was really motivated. They came in and said, 'This is something we're ready to work on.'" ▼

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DEADLINE FOR SUBMITTING NOMINATIONS:
Friday, August 25, 2006, 5:00 p.m.

CATEGORIES:

- *Physical Projects:* Architectural design, landscape and site design, environmental enhancement and remodeling projects.
- *Social Programs:* Social contribution; educational contribution; youth development; human services; tolerance, inclusivity and involvement contribution; and environmental contribution.

SUBMITTAL REQUIREMENTS: A completed Mayor's Award nomination form and illustrative still photos (digital preferred).

WHERE TO OBTAIN NOMINATION FORMS:

- City of Mountain View web page: www.mountainview.gov
- Community Development Department or Public Works Department, Mountain View City Hall, 500 Castro Street
- Library Information Desk, 585 Franklin Street
- Chamber of Commerce, 580 Castro Street

For further information, please contact **Nancy Vandenberg**, City Manager's Office, (650) 903-6397, or **Joanne Wolkovitz**, Community Development Department, (650) 903-6379.

Fruits and nuts at Micky D's

MCDONALD'S TRIES TO REVERSE UNHEALTHY IMAGE WITH REVAMPED MENU

By Chelsea Young

Lately, a parade of critics, often in the form of popular books or movies such as "Fast Food Nation" and "Super Size Me," have put McDonald's square in their sights as public enemy No. 1 when it comes to childhood obesity.

In "Super Size Me," McDonald's takes special derision for its famous clown, Ronald McDonald, who seems to target dangerously unhealthy foods to young kids.

Faced with such criticism, McDonald's has taken the lead in fostering a more health-conscious image — starting with its menu.

Recent additions to the McDonald's menu include fresh fruit, a fruit and walnut salad, a Asian chicken salad, grilled chicken, and a fruit and yogurt parfait.

Beginning in March, the restaurant chain began to include nutrition information on the packaging of all of its products. Its Web site also features

an interactive, calorie-counting meal planner.

The company also recently announced that it has hired Dr. Jo Ann Hattner of Stanford University Medical School to do health consulting. Others measures have been taken as well, including sponsorship of the Olympics and the FIFA World Cup.

It even unveiled a fitness center, McDonald's Cycle Center, in Chicago.

Other fast-food chains, including Burger King, Wendy's

and Jack In The Box, have also branched out with healthier options such as salads, sandwiches and fruit. Whether or not these new menu additions will bring about a positive change remains to be seen.

Jesse Waters, a McDonald's representative, would not comment on the popularity of the healthier items, or on McDonald's role in childhood obesity. ■

E-mail Chelsea Young at cyoung@mv-voice.com

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CMG CONTINUES PUBLIC HEALTH LECTURE SERIES

For about three years now, Camino Medical Group has been offering free public lectures through its program entitled

Find a movie.
Find a restaurant.
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3 out of 4 is pretty good. **MountainView VOICE**

HEALTH BRIEF

"For Your Health." The next lecture will given by Dr. Cindy Russell, an expert in plastic surgery, on Aug. 23 from 7 to 8 p.m.

Russell will address the problem of everyday, toxic chemicals in our environment in a talk entitled "Healthy Homes, Healthy Environment, Healthy You." Russell, who performs reconstructive surgery on breast cancer patients, began seriously investigating the link between breast cancer and carcinogenic toxins after she noticed a trend of more women being diagnosed with breast cancer and at young-

er ages. She claims that 90 percent of breast cancer cases result from environmental mutagens such as industrial waste products, mercury, lead or pesticides.

Russell will also discuss ways to cut down on one's exposure to toxic chemicals. Audience members can ask questions following the doctor's presentation.

All of the CMG lectures take place in the Sunnyvale City Council Chambers, 465 West Olive Ave. To find out more about upcoming lecture topics, visit www.caminomedical.org.

— Chelsea Young

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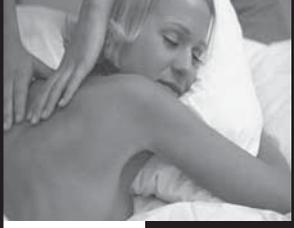
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Bulletin Board

115 Announcements

Cheaply Offset Your Emitted CO2
"Happy Trails Nails"
5K/10K Walk/Run:Shoreline:Aug26 - \$15
Art Opening
"Slow Down", presenting paintings and photography by Jake Watling, curated by Nicole Frelser. Opening reception will be held at diPietro Todd Salon located at 2307 Birch St., Palo Alto, 94306 Thursday August 10th from 7-9pm. Jake's work is also currently featured at YBCA in San Francisco.
Co-Dependents Anonymous (CoDA)
Design - TBD
Friday Night Chess - Free
Help St Jude & Learn Martial Art
Horsemanship Camp Last Call!
HorseShow August 27,'06

IQ Tested
The Palo Alto Test Center offers free IQ & personality tests for a limited time. Your IQ and personality determine your future. 650-424-1990
Join Relay for Life, Palo Alto
Manicure & Pedicure Parties!
Martial Art for St. Jude
NAIL CARE IN YOUR HOME!
One Stop Dance & Theater Store
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Public Speaking Jitters? Then...
Sweet Buds Floral Design
Teachers

Tenor Soloist Audition
St. Ann Chapel is seeking a tenor to join the professional soli quartet that provides service music for masses.
Prospective singers should have good sight-reading skills, have solo potential, be able to produce a straight tone, and be able to blend with other voices. Experience with chant and early music is highly desired, but a strong candidate in other areas can be considered if able to quickly learn these singing styles. There will be a probationary period for any selected candidate.

Interested singers should contact Helen Holder to schedule an audition: hholder0@yahoo.com or 408-480-9730.
St. Ann Chapel is located at 541 Melville Ave. in Palo Alto.

VIRTUAL SECRETARY - \$tbd

120 Auctions
* Land Auction *
200 Properties must be sold! Low down/E-Z Financing. Free catalog. 1-800-536-9072.
www.LandAuction.comm (Cal-SCAN)

Real Estate Auction
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Real Estate Land Auction
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'A SwingClass: www.inscenes.com'
'A TangoClass: inscenes.com'
'Wedding Dance Lessons'

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Brain Gym(R) 101 Class - \$550.00
Cartooning for kids 9-12 years - 6507990235
Chess Lessons for kids and adult
Chinese:chinesetutor06
Chronic Illness & Pain - \$ 60.00
COMPUTER TUTOR (650) 255-1562
Drawing camp for kids 6-9 years - 6507990235

English/Western Riding Lessons
Free Green Building Seminar - \$FREE
French Lessons by native speaker - \$ 25
Get Control of Your Eating - \$ 60.00
HOME SELLERS CLASS - FREE
How to get childcare funds
Intro to Brain Gym(R) Classes - \$60.00

Jazzercise at Menlo Atherton
M-Tu-Th 6 pm & Sat 9 am. MA High School Dance Studio, jazzercise.com or call 415-601-2522
KABBALAH-HEALING.ORG - \$20.00
Ninjutsu: martial arts class
Princeton Review College Seminar - Free

Saturday drawing kids 6-9 years - 6
Single Parents Class - \$30
Stress Release Training - \$ 60.00
Strokes - recovering joy & indep - Open
TRAVEL HIGH SCHOOL agexplore.com

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Violin Lessons

135 Group Activities
BRAIN INJURY SUPPORT GROUP - \$ 1
Food Addicts In Recovery

140 Lost & Found

DOG FOUND
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LOST BROWN TABBY CAT - \$REWARD
lost vw car key 325 7726

Lost: Prescription Glasses
Woman's progressive bifocals.
Community Center area, PA, 8/3, bet. 11am-2pm. 650/328-9024

145 Non-Profits Needs

Akc Labs - \$500.00
Binders Needed - \$0
Board of Directors Needed
Encyclopedias Wanted - \$0
grant writer needed urgently - Fee or %
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Hormone therapy for Prevention - \$0
Insomnia
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Volunteers for paid study - \$30-\$320

155 Pets

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ADOPT A CAT Mt View PetSmart - Sa&Su 1-4p
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Akc blk labs, 8 weeks old registered, shots, wormed,& on flea control. If interested please contact 408 746-0302 \$600.00
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2520 Old Middlefield Way • Mountain View 94043
From Hwy 101: Exit San Antonio Rd. (W) Old Middlefield Way (L)



▶ See **MARKETPLACE**, page 37

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For more information on how to advertise in Mind & Body, please call (650) 326-8210. Contact Evie Marquez ext. 216 or Nerissa Gaerlan ext. 212

MARKETPLACE

► Continued from page 35

Chinese Crested Puppies
Adorable puppies for sale! Beautiful markings, hypo-allergenic, don't shed. Pure-bred, full shots. Call 707-252-4341 if interested!

Exotic Female Maine Coon Kitty
Great pet and childrens photos
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Housesitter in exchange

Kittens Available for Adoption!
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LOTS OF LOVE DOGSITTING.com - \$25-\$70

need a dogsitter? - \$10-\$15

NEED A PETSITTER - \$15 A DAY

Pet/House Sitter Available

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35', excel. cond. 3 slide outs, new micro, A/C. Sleeps 4-6. All records. \$29,000. 650/207-2492



BMW 1991 850i
Immaculate 65K miles, all paperwork since new. Must See! (775)846-2277 \$19,995 ob



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Reduced! \$96K new! Very Clean, Must See. Runs with Ferraris. (775) 846-2277 \$16,995 ob

BMW 1999 323is - \$14800

BMW 2004 325Cic
Convertible, automatic, blue/gray/navy top, low miles, \$33,730 (650)854-4490

Chevrolet 1970 Camaro - \$6,000

FORD 1997 ESCORT - \$1700

GMC 2004 Sierra 1500 2WD Extended Cab
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Jeep 1995 Grand Cherokee Ltd. \$5500



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Mitsubishi 2001 Eclipse Spyder - \$8300 obo

Plymouth 1948 Coupe - \$18500

Porsche Cabriolet 1989 Carrera - \$21,900

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...an auto,
...a bicycle,
...a truck,
...accessories, parts, etc

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Trailor: Cargo/747-0266 1970 Drop-Gate - \$450

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Volkswagen 1999 Passat - \$5,000

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4 door, A/T. 220K mi., runs great, maintained perfectly at dealer, good tires. Interior needs work. Blue Book, \$2000; \$600 firm. 650/326-8174

Wanted: 2-BarroCarb 747-0266 Any one - \$25

203 Bicycles

Bicycles
His and hers Murray 3speed. Ideal for pleasure or commuting.
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Bike: 'Child'/747-0266 - \$39

210 Garage/Estate Sales

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Place your information in the Palo Alto Weekly, Mtn. View Voice and The Almanac (only \$5 per line), which entitles you to a FREE garage sale kit (Value \$30) available at our office 703 High St., Palo Alto

ATH: 397 Fletcher Dr. 8/12-13, 10-4
Moving Sale. Glassware, collectibles, sm. appliances, furniture, tools, patio chairs, enamel fire place on wheels, and more.

La Honda, 8945 La Honda Rd, Aug. 13, 10-4
Flea Market Benefiting La Honda Fire Brigade

Menlo Park, 191 Hillside Ave, 8/12 & 13, 9-4
(at Camino A Los Cerros). Almost new furniture 1-5 yrs old: 3 Sofas, 2 Oversized Chairs, 2 Dining Room Sets (8 chairs each), Child Dresser & Hutch, Crib/Tod Bed & more PH: 650-234-8170

Menlo Park, 2030 Sterling Avenue, By Appointment Only

Menlo Park, 2108 Manzanita Ave., 8/13
Garage sale. 10 AM - 6 PM. One day only. Furniture, etc.

Menlo Park, 305 Sherwood Way, 8/12/06
Household items sell. Kitchen utensils, storage containers, accessories, boys bike.

Menlo Park, 509 Concord Drive, August 13, 8am-4pm
BIG GARAGE SALE including furniture and other household items. Concord Dr. near Marmona in the Willows neighborhood.

Mountain View, 3358 Tryna Drive, Aug. 19 & 20, 8-4
1st Annual Garage sale at this nice neighborhood.

MP: 220 Lexington Dr., 8/12, 8-1
(x-Woodland). 3 family garage sale. Kids' items, electronics, furn., misc.

PA: 134 Seale Ave. 8/12, 8-4
Moving Sale. Lots of furniture. Small appliances. Kitchen stuff and lots more.

PA: 1710 Newell Road, 8/12, 9-2
(x-Embarcadero). Multi-family yard sale. Books, kitchen stuff, clothes, assorted treasures. Something for everyone. There's even a "guy section" with tools and oddities.

PA: 3452 Kenneth Dr., 8/12-13, 9-
(x-Greer). Monster sale, low prices.

PA: 920 Boyce. 8/12, 9-4
New & old! Everything 4 Sale!

Palo Alto High School Flea Market 50 Embarcadero, 8/12, 9-3
Music Boosters Flea Market and Craft Faire is held on second Saturday of each month. All proceeds go to the Palo Alto High School Music Department. For information, call (650) 324-3532.

Palo Alto, 1000 S. California Ave, 8/12, 8noon

Palo Alto, 1919 Ivy Lane, Sat., Aug. 12, 8-4
Kids' stuff, clothes, books, misc. Great bargains!

Palo Alto, 3374 Saint Michael Drive, Sat Aug 12th 8AM - 12Noon

Palo Alto, 4360 Silva Ct., Aug 12 & 19, 8 am - 1 pm
Estate Sale, Everything Must Go!!!

Palo Alto, 941 Newell Rd, 8/19, 8-12
Furniture, crib, car seat, toys, small appliances, books & more.

WDS: 135 Dean Rd., 8/12, 10-5
Handy Man Shop Sale. Tools of all kind. Radio arm saw, welding rig, pipe threading machine, much more.
(650)851-8920

215 Collectibles & Antiques

Antique Double Brass Bed - \$900 obo

Antique Mahogany Bedroom Set

Books: 747-0277 Edgar Allen Poe - \$119

Carving/Statue: 747-0266 'African' - \$250

Lace/Delicate: 747-0266 Large! - \$150

Lladro Christmas Bells - \$500.00

PEGGE HOPPER "KOOLAU AFTERNOON" - \$950

Planter: 747-0266, 50-Sea-Shell! - \$150

220 Computers/Electronics

70" Mitsubishi big screen+
70" Mitsubishi big screen tv model HMG4 VS 70601 purchased from Anderson's. 5 component tower included. Need to sell. Email for more info. \$1500

Need New Computer
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Firewood
Free Firewood, 2+ years old, not split FREE

FREEBIES
Approx. 15-cube-ft upright freezer, manual defrost. Works fine. You haul from MP. Prefer charity/non-profit recipient. FREE

Hot spring spa hot tub
You haul. Some repairs needed. FREE

puppies for sale
puppies for sale at moderate prices FREE \$305

Stained Glass
in pieces left over from class. 650/948-6313

235 Wanted to Buy

Antique Dolls; 650 851-5660

Encyclopedias Wanted - Slow

Full Size Box Spring
only. 650/269-8055

Wanted: Stokke chair

240 Furnishings/Household items

Apartment Furniture for Sale
Moving Out Sale! Enough items to furnish an entire apartment. Price varies from \$50 - \$400. Discount provided for all items.

Furniture in great condition. No delivery will be provided, pick-up only! For appt. to view call 650-325-7100

Bedroom set - \$595

Beds
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Brunswick Pool Table DELIVERED
1" slate pool table, 8' x 4', light oak finish, dark green felt. Included: racks, balls, 4 cues, cue stand +DELIVERY! Added bonus: ping pong table top, all accessories. \$1,300 Perfect in your game room or for teenagers!

Bunk Bed - Like NEW
Like new children's solid maple bunk bed with ladder. Two like new mattresses included. 650-315-8603 \$390

Cabinets & Art Display Stand - \$150

Carved Oak Dining Room Set for 6 - \$325

Computer Desk - \$50

Computer Desk
w/slide-out table & shelf. Exc. cond. 43"L x 21"D x 29"H. \$50. John: 650-804-2222 9am-9pm

Couches, chairs, desk, dresser-\$600, etc.

Desk For Sale
Retired professor is selling a beautiful desk with desk return. \$290. Contact Manuel (650)714-7590

Desk/Art/Deco: 747-0266 - 395

Dining Table Expandable - \$50.00

Double Futon for Sale - \$50.00

Dresser: 9Drawer/747-0266 - \$50

GREEN COUCH - \$20

Kitchen Cabinets/Price Reduced! - \$50.00 Pr.

Lightning: Recess Shower/747-0266 - \$75

Maytag's BEST Washer & Dryer Set - \$450

Mint condition, top quality bar - \$500

Moving Sale, Bedrm, dining rm + - \$10-\$750

NEW Le Creuset 5.5 Qt. Fr. Oven - \$150

Office Furniture

patio flag stone; select - \$100-300

Rocking Chair: 747-0266 - \$89

Shelf: Tall/Thin 747-0266 - \$40

245 Miscellaneous

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 cable. West of 101, Tradewinds Apts.,
 1609 Woodland Ave. From \$795 mo.
 Avail. now. Gerry, 650/325-7419.

EPA: Studio
 Small, peaceful, clean, quiet. Assigned
 parking, laundry facil. \$550 mo.
 650/329-9650

Menlo Park, 1 BR/1 BA - \$1500

Mountain View, 1 BR/1 BA - \$1335 per

Mountain View, 1BR/1BA - \$1350/MONT

Mountain View, 1BR/1BA - \$1295/mont

Mountain View, 2 BR/1 BA - \$1735/mont

Mountain View, 2 BR/2 BA - 1795/mont

MP: 2BR/2BA condo
 Desirable Menlo Commons unit. 2140
 Santa Cruz Ave. #A-104. Pool, spa, gym
 & community room. 1 tenant must be
 55+ y/o. \$1700 mo. Maya Sewald,
 Agent, 650/329-6670

MV-PA Vicinity: Studio & 1BR
 Two locations. Flex rent. Prof. resi-
 dence. Unique features. From \$800-
 \$1100. Call 650/969-1190 or
 MMhousing@aol.com

MV: 1BR/1BA
 \$925 mo. Located in downtown MV.
 Pool, laundry, covered parking. Please
 call 650-279-7208 for more information.

MV: 3BR & 2BR
 Townhouse-type. Carpets, drapes, pvt.
 patio, laundry facil. Attractive 14 unit
 complex near park and transp. Easy St.
 \$1950 mo. Also 2BR/1BA w/sun deck,
 \$1450. 650/964-1207

MV: 3BR/1BA
 1 car gar. Avail. now. \$2100 mo., incl.
 gardener, water/garb. \$2000 security
 dep. N/P. 650/964-6408 ask for Mary.

PA: 1BR
 Elegant 1BR in dramatic 1930s building
 downtown. Superior amenities. \$2000
 mo. 650/326-4650

PA: 1BR/1BA
 Clean. Pool, great neighborhood. \$1250
 mo. 3820 Park Blvd. 650/493-2424 or
 650/349-9300

PA: 1BR/1BA
 \$1,450 mo. Upstairs/End unit with
 patio. Pool, laundry, covered parking.
 For more info call 650-796-7096.

PA: 2BR/1BA
 3820 Park Blvd. Spacious, clean, great
 neighborhood. Pool. \$1650 mo.
 650/493-2424 or 650/349-9300

Palo Alto, 3 BR/2 BA - \$2685.mo

Palo Alto, 3 BR/2 BA - \$2,850.00

RWC: 2BR/2BA
 Eat-in-kit. Newly remod. N/S/P. \$1500.
 Lg. balcony. 650-364-4997

RWC: 3BR/2BA
 FR, eat-in-kit. 1 car garage. Completely
 remod. N/S/P. \$2400/mo. (650)364-4997

GREAT LOCATION!
 BEAUTIFUL 1 BR 1 BA \$1695 AND UP
 AIR CONDITIONING, W/D, D/W IN UNIT,
 GUNN HS, NEAR STANFORD & PAGE MILL,
 GARAGE AVAILABLE
(650) 320-8500

803 Duplex

MP: 2BR/1BA
 Darling unit, hardwood flrs., frplc.
 \$1800 mo. 89 Amherst. Agent,
 650/401-3688

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East Palo Alto, 3 BR/1 BA - \$1950/month

East Palo Alto, 3 BR/2 BA - \$2300/mo

East Palo Alto, 4 BR/2.5 BA - \$3600/mo

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Los Altos Hills, 4 BR/3 BA - \$8000/mo

Menlo Park, 3 BR/2 BA - \$3200/mo

Menlo Park, 4 BR/2 BA

Call (650)303-0675 for showings

Menlo Park, 4 BR/3 BA - \$6000/mo.

Menlo Park, 4 BR/3 BA - \$6500/mont

Menlo Park, 5+ BR/4+ BA - REDUCED!

Mountain View Townhouse, 2 BR/2.5 BA

- \$1950/Mo

Mountain View, 3 BR/1 BA

Large kitchen, garage, dishwasher,
 W/D, large fenced yard with fruit trees,
 includes gardener, pets OK, available for
 the school year starting Sept 1. \$1650.
 415-516-7416

Mountain View, 3 BR/2 BA - \$2,200/mo.

Mountain View, 3 BR/3 BA - \$3500/mo

MV: 3BR/1BA
 Lg. sq. footage, 1 car garage, nice
 yard, close to downtown. \$2350/mo.
 Agent. (650)329-6630

MV: 3BR/2BA
 Clean, A/C, W/D, gardener incl. N/S/P.
 \$2200 mo. 408/733-9029

MV: 3BR/2BA
 Pets OK. Close to 85/101. W/D, refrig.
 Avail. 9/1. \$2595 mo. 650/968-2647

PA: 2BR/1BA
 Barron Park. Just refurbished. Hardwood
 flrs., near park. \$2200 mo. 650/947-
 8075

PA: 4BR/2BA furnished
 Ideal for visiting faculty. FP, remod. kitchen,
 W/D, office, nr. prks & schools, incl grdnr.
 N/S/P. \$3500 650-208-8624.

PA: 4BR/3BA.
 Midtown. Beautiful executive remodeled
 home. DR, LR, hrdwd flrs, granite coun-
 tertops, AC, 2 car garage, lrg fenced
 yrd w/fruit trees, grdnr incl. \$5200.
 Avail 8/10. (650)856-1610

Palo Alto, 3 BR/2 BA - \$3500/mo.



Palo Alto, 3 BR/2 BA
 Two Story, Three Bedroom, Two Bath
 duet home on quiet Cul-De-Sac features
 fenced rear yard, one car attached
 garage, washer/dryer units, refrigerator,
 spacious living room with fireplace, one
 bedroom one bath downstairs, two bed-
 rooms and one bath upstairs. 1,600 sf
 of living space. Includes gardener.
 Available August 16th. Contact John at
 650-483-2710 for viewing. \$2,650/mon

Palo Alto, 3 BR/2 BA
 Remodeled, Old Palo Alto, \$3,600/m
 (408)859-0742 Josie

Palo Alto, 4 BR/3 BA - \$8000/mo

Portola Valley, 3 BR/2 BA - \$ 3000

PV: 3BR/2BA
 Breath fresh clean air & live longer!
 Recently remodeled, w/hdwd flrs, DR,
 sep. FR, LR, FP, 2 car gar, some stor-
 age, 1.5 acre, PA schls. \$3900. Avail
 8/5. 650-856-1610

Woodside, 1 BR/2 BA - \$3200/mont

**809 Shared
 Housing/Rooms**

Menlo Park, 1 BR/1 BA - \$5800/mont

Menlo Park, 2BR/1BA - \$750/month

PA: Room
 Furn., pvt. BA & entry. Lite cooking.
 Patio, phone jack, cable connection.
 Quiet neighborhood. N/S/P. \$675 mo. +
 dep., utils incl. Avail. 8/5. 650/493-
 3747

Palo Alto, 1 BR/1 BA - \$800/month

Palo Alto, 1 BR/1 BA - \$650 + uti

Palo Alto, 2 BR/1 BA - \$650

Palo Alto, 2 BR/1 BA - \$900/month

Palo Alto, 2 BR/1.5 BA - \$1100/mo

Portola Valley: Room
 in exchange for housekeeper/cook
 Mon., Wed., Thurs., 4-6pm. Ideal for
 student. F pref. Own car, refs.
 650/854-1503

Privat Room with Bath
 with skylight. Off-street parking, laundry
 and kitchen privileges. \$750/mo. utils
 incl. (650)326-3424

**Redwood City, Menlo Park Border, 1
 BR/1 BA**

Room for Rent. FREE wi-fi, FREE cable
 TV, FREE washer/dryer. Easy to
 Stanford. Furnished. Share charming
 3bd 2ba home. Must see. \$755/mo.
 650-996-3099

Sunnyvale, 3BR/2BA - \$650/month

**810 Cottages for
 Rent**

La Honda, 1 BR/1 BA
 Enjoy beautiful shared property. \$1275
 includes utilities. Call 650-286-3443

Los Altos, 1 BR/1 BA - \$1100

Menlo Park, 1 BR/1 BA<

Mountain View, 1 BR/1 BA
 MAJOR PRICE REDUCTION* \$439,000*
 SAT/SUN 1-4PM* 765 N. Rengstorff
 Ave. #17* Upscale, John 831-334-
 0890*



Mountain View, 3 BR/2 BA
 Like a Private Park?
 Charming home on a huge corner lot in
 a mature neighborhood. Approx. 1140
 sf. Many upgrades. Open Aug 5&6 from
 1-4PM. \$948000

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 report: 9 Must Avoid Buyer Traps
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Northstar Village, 3 BR/3 BA
 FOR SALE: NEW CONDO, 3 BED/3BATH,
 BEAUTIFULLY APPOINTED, FULLY FUR-
 NISHED, TAHOE MTN CLUB MEMBER-
 SHIP AVAIL. (925) 837-2315

Palo Alto, 3 BR/1 BA - \$1,049,000

Palo Alto, 5+ BR/2.5 BA - \$1,495,000



Palo Alto, 5+ BR/2.5 BA
 617 Vista Ave. Quality built rare find near
 Gunn High Open Sunday, 8/13, 1:30-
 4:30pm \$1,495,000. Gwen Luce, 650-
 566-5343

Patterson, 3 BR/2 BA
 Great 1st Time Buyer/Inv Prop 1189
 Sq Ft Call Agent Amy 925-200-5478
 \$374,950

Sunnyvale, 2 BR/2 BA - \$555,000

Turlock, 3 BR/2 BA
 Great 1st Time Buyer/Inv Prop 1575
 Sq Ft Call Agent Amy 925-200-5478
 \$359,000

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 the Multiple Listing data system cov-
 ering San Francisco, the Peninsula &
 surrounding Coastal Regions.

Your Home Sold Guaranteed, 4 BR/2 BA
 - \$1,499,000

**830 Commercial/
 Income Property**

Medical/Dental office - \$1685/mont
 Menlo Park psychotherapy office. -
 \$700.00

MP: Downtown
 Small Offices
 1010 Doyle: 390sf
 713 Santa Cruz: 231sf
 883 Santa Cruz: 1,000sf
 Country Offices: 466sf
 Classic Property Services 650/329-
 9022

PA: Downtown
 Prime Suites of 315-2581 sf. On
 University Avenue/High St. near
 Stanford and train. Dramatic atriums,
 extensive windows, high ceilings, quality
 finishes. Call 650-776-5390 or view pho-
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 Rentals/Time Shares**

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 2BR/2BA or 1BR/1BA. On beach, ocean
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 hherzenber@aol.com

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North Carolina gated
 Lakefront Community. Pleasantly mild cli-
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 20 Acres - Reduced \$129,900. Near
 Tehachapi. Fresh mountain air and pic-
 ture perfect views. Streams and oaks.
 Ideal for horses, country getaway, or to
 buy and hold. Financing. Call owner 1-
 888-821-5253. (Cal-SCAN)

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Arizona - 1st Time Offer
 Wickenburg area 36AC - \$189,900.
 Stunning ranch with amazing views.
 Diverse topography, abundant ground
 water. Great for horses, private retreat
 or buy & hold. Subdividable. E-Z terms.
 Call AZLR 1-866-516-4868. (Cal-SCAN)

Arizona - New to Market
 36 AC - \$49,900. Perfect for private
 retreat. Endless views, beautiful setting
 w/fresh mountain air. Abundant wildlife.
 Secluded with good access. Financing
 available. Call AZLR 1-877-301-5263.
 (Cal-SCAN)

DreamHomeDesign

Fish Lake Valley, NV.
 New to Market. 7ac \$27,900; 11ac
 Trout Stream \$49,900 (Abuts BLM).
 Eastern slope of White Mtns, Within
 looming presence of Nevada's highest
 peak and range. Snow covered year
 round. Providing cool, clean water that
 feeds the Rainbow Trout Creek which
 borders the entire back boundary. One
 of a kind! Inspiring, must see! Call 1-888-
 581-5263. (Cal-SCAN)

Home Design-archidrama

LAH: Rare Level Land
 3 acres subdivision potential. Lovely
 trees, huge MDA & MFA. 11990 Page
 Mill Rd. \$2,995,000. Beverly
 Brockway, Realtor, 650/948-3056

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 Invest in rural acreage throughout
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 properties, 20 to 200 acres. For FREE
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New Mexico -
 FIRST Time Offer. Abandoned Farming /
 Mining Settlement less than 2hrs
 Albuquerque. 20 acres - \$17,900. Old
 Farming & Mining Community. Incredible
 setting, including frequently running
 river, spring, views and diverse topog-
 raphy. Excellent financing. Call NML&R,
 Inc. 1-888-370-5263. (Cal-SCAN)

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 3,500+ SQ FT HOME W/PRIVATE
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 Services**

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860 Housesitting

HOUSESITTER - \$0

Housesitter/Exchange - \$000

HOUSE SITTING AVAILABLE - \$35/DAY

Prof. house-sitter avail - \$000

**890 Real Estate
 Wanted**

4 to 8 Units wanted

Elder assistance/exchange - \$000

HOUSE WANTED BY August 30th!

STOP Foreclosure! AVOID Bankrupt

WANTED! House or Condo!

Public Notices

TUTTHILL FARMS
 FICTITIOUS BUSINESS
 NAME STATEMENT
 File No. 480684

The following individual(s) is (are) doing
 business as Tutthill Farms, 6972 Bolado Dr.,
 San Jose, CA 95119:
 TUTTHILL FARMS, INC.
 California
 This business is being conducted by a
 corporation.

Registrant began transacting business un-
 der the fictitious business name(s) listed here-
 in on April 18, 2006.

This statement was filed with the County
 Clerk-Recorder of Santa Clara County on
 July 14, 2006. (Voice August 4, 11, 18, 25, 2006)

Public Notices

4 THE PEOPLE
 ABSOLUTE NOTARY SERVICE
 FICTITIOUS BUSINESS
 NAME STATEMENT
 File No. 480576

The following individual(s) is (are) doing
 business as 1) 4 The People, 2) Absolute
 Notary Service, 1578 Alison Ave.,
 Mtn. View, CA 94040:
 LINNETTE CHARLOP
 1578 Alison Ave.
 Mountain View, CA 94040

This business is being conducted by an
 individual.

Registrant has not yet began to transact
 business under the fictitious business name(s)
 listed above.

This statement was filed with the County
 Clerk-Recorder of Santa Clara County on July
 12, 2006.

(Voice July 28, August 4, 11, 18, 2006)

AAB DESIGN
 FICTITIOUS BUSINESS
 NAME STATEMENT
 File No. 481003

The following individual(s) is (are) doing
 business as AAB Design, 475 Church Street,
 Mountain View, CA 94041:
 ALISON ANNE BARNESLEY
 475 Church Street
 Mountain View, CA 94041

This business is being conducted by an in-
 dividual.

Registrant began transacting business un-
 der the fictitious business name(s) listed here-
 in on July 15, 2006.

This statement was filed with the County
 Clerk-Recorder of Santa Clara County on July
 20, 2006.

(Voice July 28, August 4, 11, 18, 2006)

ALPEC TEAM
 ALPEC
 ALPEC.COM
 LASERWHOLESALERS.COM
 FICTITIOUS BUSINESS
 NAME STATEMENT
 File No. 481086

The following individual(s) is (are) doing
 business as 1) Alpec Team, 2) Alpec,
 3) Alpec.com, 4) Laserwholesalers.com, 1231
 Midas Way, Sunnyvale, CA 94085:

ALTARIA, INC
 1231 Midas Way,
 Sunnyvale, CA 94085
 California
 This business is being conducted by a cor-
 poration.

Registrant has not yet began to transact
 business under the fictitious business name(s)
 listed above.

This statement was filed with the County
 Clerk-Recorder of Santa Clara County on July
 24, 2006.

(Voice August 4, 11, 18, 25, 2006)

CAPRI NAIL SPA
 FICTITIOUS BUSINESS
 NAME STATEMENT
 File No. 481182

The following individual(s) is (are) doing
 business as Capri Nail Spa, 2434 East Char-
 leston Road, Mountain View, CA 94043:

TRINH TRAN
 3019 Calle de las Estrella
 San Jose, CA 95148
 TUYVAN NGUYEN
 4594 Aviara Court
 San Jose, CA 95135
 MYHANH TRAN
 783 Emory Avenue
 Campbell, CA 95008

This business is being conducted by
 copartners.

Registrant has not yet began to transact
 business under the fictitious business name(s)
 listed above.

This statement was filed with the County
 Clerk-Recorder of Santa Clara County on July
 26, 2006. (Voice August 11, 18, 25, Sept. 1, 2006)

TIGER CUB QUILTS
 FICTITIOUS BUSINESS
 NAME STATEMENT
 File No. 481352

The following individual(s) is (are) doing
 business as Tiger Cub Quilts, 500 W. Middle-
 field Rd. #90, Mountain View, CA 94043:

LEANNE TAUCK
 500 W. Middlefield Rd. #90
 Mountain View, CA 94043
 This business is being conducted by an
 individual.

Registrant has not yet began to transact
 business under the fictitious business name(s)
 listed above.

This statement was filed with the County
 Clerk-Recorder of Santa Clara County on July
 28, 2006.

(Voice August 11, 18, 25, Sept. 1, 2006)

MOUNTAIN VIEW ACUPUNCTURE
 HEALTH CENTER
 FICTITIOUS BUSINESS
 NAME STATEMENT
 File No. 480546

The following individual(s) is (are) doing
 business as Mountain View Acupuncture
 Health Center, 451 W. El Camino Real #C,
 Mountain View, CA 94040:

JIN YANG WANG
 18641 Crabtree Ave.
 Cupertino, CA 95014
 This business is being conducted by an
 individual.

Registrant has not yet began to transact
 business under the fictitious business name(s)
 listed above.

This statement was filed with the County
 Clerk-Recorder of Santa Clara County on July
 11, 2006.

(Voice July 21, 28, August 4, 11, 2006)

CARDS DE LUXE
 FICTITIOUS BUSINESS
 NAME STATEMENT
 File No. 481231

The following individual(s) is (are) doing
 business as Cards De Luxe, 1895 Bright
 Willow Circle, San Jose, CA 95131:

SUSANNE WONG
 1895 Bright Willow Circle
 San Jose, CA 95131

This business is being conducted by an
 individual.

Registrant has not yet began to transact
 business under the fictitious business name(s)
 listed above.

This statement was filed with the County
 Clerk-Recorder of Santa Clara County on
 July 26, 2006.

(Voice August 4, 11, 18, 25, 2006)

CHIPS
 COMMUNITY HOSPITAL
 (IN-PATIENT PHYSICIANS)
 FICTITIOUS BUSINESS
 NAME STATEMENT
 File No. 480976

The following individual(s) is (are) doing
 business as 1) CHIPS, 2) Community Hospi-
 tal (In-patient Physicians), 2500 Hospital
 Drive, Bldg. #7, Mountain View, CA 94040:

JAMES J. CHEN, M.D.
 1435 Southdown Road
 Hillsborough, CA 94010
 GEORGE LAU, M.D.
 1945 Walnut Grove Ave.
 San Jose, CA 95126
 FRANK DOPP, M.D.
 57 Adam Way
 Atherton, CA 94027

This business is being conducted by gener-
 al partnership.

Registrant has not yet began to transact
 business under the fictitious business name(s)
 listed above.

This statement was filed with the County
 Clerk-Recorder of Santa Clara County on July
 20, 2006.

(Voice July 28, August 4, 11, 18, 2006)

ALPEC TEAM
 ALPEC
 ALPEC.COM
 LASERWHOLESALERS.COM
 FICTITIOUS BUSINESS
 NAME STATEMENT
 File No. 481086

The following individual(s) is (are) doing
 business as 1) Alpec Team, 2) Alpec,
 3) Alpec.com, 4) Laserwholesalers.com, 1231
 Midas Way, Sunnyvale, CA 94085:

ALTARIA, INC
 1231 Midas Way,
 Sunnyvale, CA 94085
 California
 This business is being conducted by a cor-
 poration.

Registrant has not yet began to transact
 business under the fictitious business name(s)
 listed above.

This statement was filed with the County
 Clerk-Recorder of Santa Clara County on July
 20, 2006.

(Voice July 28, August 4, 11, 18, 2006)

CODE CHECK
 FICTITIOUS BUSINESS
 NAME STATEMENT
 File No. 480329

The following individual(s) is (are) doing
 business as Code Check, 2175 Bowdoin St.,
 Palo Alto, CA 94306:

DOUGLAS ALLAN HANSEN
 2175 Bowdoin Street
 Palo Alto, CA 94306
 This business is being conducted by an in-
 dividual.

Registrant began transacting business un-
 der the fictitious business name(s) listed here-
 in on 1-1-2001.

This statement was filed with the County
 Clerk-Recorder of Santa Clara County on July
 5, 2006.

(Voice July 28, August 4, 11, 18, 2006)

CVM CO.
 FICTITIOUS BUSINESS
 NAME STATEMENT
 File No. 480405

The following individual(s) is (are) doing
 business as CVM Co., 951 Sycamore Dr.,
 Palo Alto, CA 94303:

CHARITO MABUTAS
 951 Sycamore Dr.
 Palo Alto, CA 94303
 This business is being conducted by an
 individual.

Registrant has not yet began to transact
 business under the fictitious business name(s)
 listed above.

This statement was filed with the County
 Clerk-Recorder of Santa Clara County on July
 6, 2006.

(Voice July 28, August 4, 11, 18, 2006)

SIGNATURE VASCULAR IMAGING
 FICTITIOUS BUSINESS
 NAME STATEMENT
 File No. 481084

The following individual(s) is (are) doing
 business as Signature Vascular Imaging, 785
 W. Remington Dr., Sunnyvale, CA 94087:

JASON KOWALSKI
 785 W. Remington Dr.
 Sunnyvale, CA 94087
 This business is being conducted by an
 individual.

Registrant has not yet began to transact
 business under the fictitious business name(s)
 listed above.

This statement was filed with the County
 Clerk-Recorder of Santa Clara County on July
 24, 2006.

(Voice August 4, 11, 18, 25, 2006)

SOUTH BAY SYSTEMS
 FICTITIOUS BUSINESS
 NAME STATEMENT
 File No. 481422

The following individual(s) is (are) doing
 business as South Bay Systems, 206 Central
 Ave., Mountain View, CA 94043:
 ARDREN CONSULTING, INC
 206 Central Ave.
 Mountain View, CA 94043 CA
 This business is being conducted by a
 corporation.

Registrant began transacting business un-
 der the fictitious business name(s) listed here-
 in on 7/1/06.

This statement was filed with the County
 Clerk-Recorder of Santa Clara County on
 July 31, 2006, 2006.

(Voice August 11, 18, 25, September 1, 2006)



City of Mountain View

PUBLIC NOTICE
PALO ALTO TRANSPORTATION PLAN
PRESENTATION

The City of Palo Alto will present their Multi-Modal Transportation
 Plan at the Mountain View City Council Transportation
 Committee meeting on:

Wednesday, August 16, 2006, 6:30 p.m.
 Plaza Conference Room, Mountain View City Hall, Second Floor
 500 Castro Street, Mountain View, California

This presentation is informational, no action will be taken by the
 CTC; however, the public is invited to attend and comment.
 Please call (650) 903-6311 if you have any questions.

GOOD DOG FOR LIFE
 FICTITIOUS BUSINESS
 NAME STATEMENT
 File No. 481699

The following individual(s) is (are) doing
 business as Good Dog For Life, 151
 Calderon

Ave. #89, Mountain View, CA 94041:
 SABRINA MAY WATTS CASTRO
 151 Calderon Ave. #89
 Mountain View, CA 94041

This business is being conducted by an
 individual.

Registrant began transacting business under
 the fictitious business name(s) listed herein on
 7/24/06.

This statement was filed with the County
 Clerk-Recorder of Santa Clara County on
 August 7, 2006. (Voice August 11, 18, 25,
 September 1, 2006)

COUNTY OF SANTA CLARA
 REGISTRAR OF VOTERS OFFICE
 NOTICE OF ELECTION

Pursuant to Education Code 5322 and
 Elections Code Section 13307, NOTICE
 IS HEREBY GIVEN that on November
 7, 2006, Governing Board
 Member and Director Elections, will be
 held in the Districts and School Districts
 named below, and that office for which
 candidates may be nominated are set
 forth after the name and business address
 of each District, Area or School District.

Also pursuant to Education Code Section
 5342 and Elections Code Section
 10400, the Districts, Areas or School
 Districts named below requested the
 services of the Registrar of Voters in
 consolidating such elections.

Also on the ballot for the November 7,
 2006 General Election will be various
 measures put before the voters by various
 districts.

**Members District/School District
 Trustee Area To Be Elected**

Mtn. View Whisman School Dist 2
 750 San Pierre Way
 Mt. View, CA 94043

El Camino Hospital Dist 2
 2500 Grant Rd. M/S ECH 126
 Mt View, Ca 94040

Qualifications: Candidates must be 18
 years of age or older, a citizen of the
 State, a registered voter, a resident of
 the District, School District, and Trustee
 Area if applicable, and must not be
 disqualified by the Constitution or laws
 of the State from holding a civil office.

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Attend this FREE seminar and learn:

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- Why we are bullish on Bay Area Real Estate
- How to buy investment properties at below-market value
- Where to find the money to invest
- Understanding and utilizing IRS 1031 tax deferred exchanges

Presenters:

Ken DeLeon & Anne King

Top 1% of 65,000 Keller Williams Realty Agents

Curt & Rachel Van Emon

Opes Financial Advisors

Kim Nettleman

First American Title, 1031 Exchange Expert

Saturday, August 12, 2006

10:00 AM – 12:00 PM

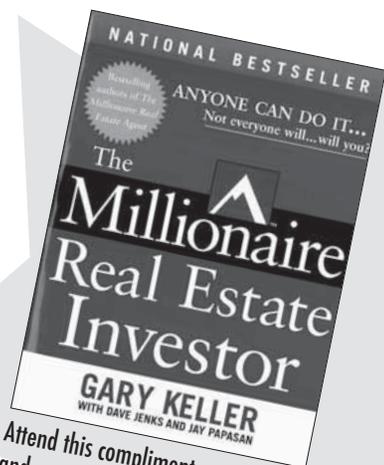
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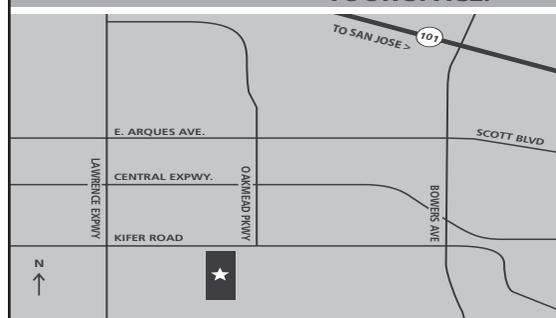


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1080 AUTUMN LANE **\$2,499,000**
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1711 CALIFORNIA STREET **\$795,000**
A great income producing property! Residence with 2BR/1BA, guest cottage w/private gated entry (currently rented). HDWD floors, new paint, newer fencing. Spacious park-like yard.

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26171 MOODY ROAD **\$5,950,000**
A new Mediterranean residence with views of the rolling hills. Custom features include: geothermal heating & air conditioning, multi-zone audio sound system, computer networking, theater room. 4BR/4+BA. Pool & vineyard.

27935 ROBLE BLANCO **\$4,600,000**
Privately located on a 1+AC lot, this 5BR/5.5BA, gourmet kitchen w/breakfast room, family room. Panoramic views. Palo Alto Schools.

ATHERTON

34 SELBY **\$5,895,000**
Inspired by traditional architecture combined with California's signature style of indoor/outdoor living, this beautiful estate offers classic moldings, hdwd & granite floors, 4BR/4.5BA. Approx. 1230 SF guest house.

▼ BY APPOINTMENT ONLY

MOUNTAIN VIEW

LOCATION, LOCATION! **\$1,419,000**
This 4BR/2.5BA home offers an eat-in kitchen w/granite counters, stainless appliances. Living room w/fireplace, sep. dining room w/HDWD floors.

SALE PENDING

SPACIOUS HOME **\$870,000**
This 4BR/2.5BA home is a must see! Features include: master suite, family room, 2 decks, large yard. Approx. 2,240 SF of living space.

SALE PENDING

LOS ALTOS HILLS

CLOSE TO THE VILLAGE **\$3,965,000**
Situated on 1AC, located within minutes of the Village, this newly remodeled home boasts: 4BR/3.5BA, sep. office w/built-in catwalk, master suite, living room, unique hdwd floors throughout, pool & pool house. Award winning landscaping.

SALE PENDING

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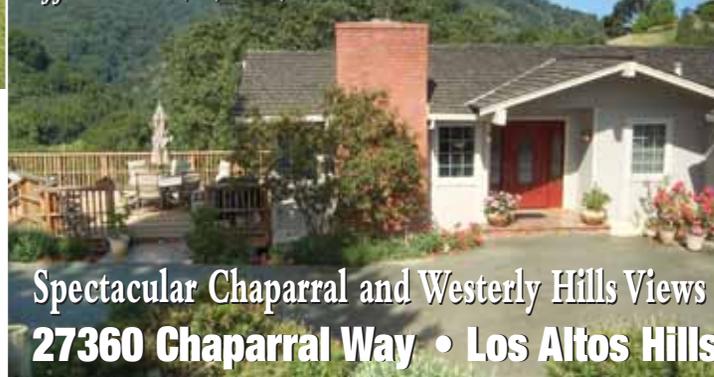


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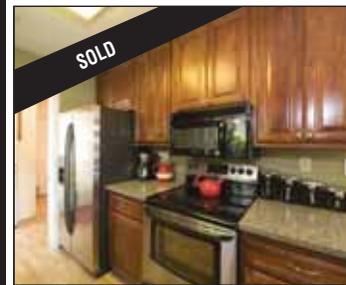
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**879 CLARA DRIVE
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Please note that all the square foot values are approximate.



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Priced at: \$1,238,000

847 W. California Ave. #G
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Updated condo end unit
2 bedrooms & 1.5 baths
Convenient first floor unit
New wood laminate floors
Spacious living room w/ sliding door to covered patio
Remodeled kitchen w/ tile floor, new appliances, cabinetry & granite countertops
Updated baths
Desirable inside laundry

Priced at: \$408,000

100 W. El Camino Real #61
Mountain View

Open Sun
1:30 to 4:30



Spacious townhome style condo
2 bedrooms & 2.5 baths
Dual master suites
Large LR w/ vaulted ceiling
Separate dining room
Master bedroom suite
Remodeled kitchen w/ recessed lighting & breakfast bar
Convenient inside laundry
Hardwood floors
Approx. 1,300 sq ft

Priced at: \$559,950

2111 Latham St. #201
Mountain View

Open Sun
1:30 to 4:30



Remodeled corner unit condo
3 bedrooms & 2 baths
Security building
Remodeled kitchen w/ granite counters & new cabinetry
Huge living room
Separate dining area
Master bedroom suite w/ two closets & full bath
Convenient inside laundry
Approx. 1,382 sq ft

Priced at: \$575,000

18 Moonbeam Dr.
Mountain View

Open Sun
1:30 to 4:30



Remodeled end unit townhome
3 bedrooms & 2.5 baths
Formal entry
Spacious living room w/ wet bar & fireplace
Separate family room
Open kitchen w/ breakfast bar
Expanded mstr bdrm suite w/ vaulted ceiling and full bath
2 car garage
Approx. 1,302 sq ft

Priced at: \$718,500



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PUBLIC NOTICES

► Continued from page 41

Public Notices

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
SUPERIOR COURT OF THE STATE OF CALIFORNIA
FOR THE COUNTY OF SANTA CLARA
No. 106CV067999

TO ALL INTERESTED PERSONS:
Petitioner ELAINE KARA DWORAK filed a petition with this court for a decree changing names as follows: ELAINE KARA DWORAK to KARA DWORAK CHAMBERS.

THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted.

NOTICE OF HEARING: September 19, 2006, 8:45 a.m., Room 107, Superior Court of California, County of Santa Clara, 191 N. First Street, San Jose, CA 95113.

A copy of this ORDER TO SHOW CAUSE shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: MOUNTAIN VIEW VOICE. Date: July 26, 2006 /s/ Eugene M. Hyman
JUDGE OF THE SUPERIOR COURT
(Voice August 4, 11, 18, 25, 2006)

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
SUPERIOR COURT OF THE STATE OF CALIFORNIA
FOR THE COUNTY OF SANTA CLARA
No. 106CV068016

TO ALL INTERESTED PERSONS:
Petitioner XIAN JIANG filed a petition with this court for a decree changing names as follows: XIAN JIANG to JESS JIANG FLOWERS.

THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted.

NOTICE OF HEARING: September 19, 2006, 8:45 a.m., Dept. 15, Superior Court of California, County of Santa Clara, 191 N. First Street, San Jose, CA 95113.

A copy of this ORDER TO SHOW CAUSE shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: MOUNTAIN VIEW VOICE. Date: July 26, 2006 /s/ Eugene M. Hyman
JUDGE OF THE SUPERIOR COURT
(Voice August 4, 11, 18, 25, 2006)

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
SUPERIOR COURT OF THE STATE OF CALIFORNIA
FOR THE COUNTY OF SANTA CLARA
No. 106CV068341

TO ALL INTERESTED PERSONS:
Petitioner NAM QUY NGUYEN filed a petition with this court for a decree changing names as follows: NAM QUY NGUYEN to RYO RONIN.

THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted.

NOTICE OF HEARING: September 26, 2006, 8:45 a.m., Dept. 15, Superior Court of California, County of Santa Clara, 191 N. First Street, San Jose, CA 95113.

A copy of this ORDER TO SHOW CAUSE shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: MOUNTAIN VIEW VOICE. Date: July 31, 2006 /s/ Eugene M. Hyman
JUDGE OF THE SUPERIOR COURT
(Voice August 11, 18, 25, Sept. 1, 2006)

NOTICE OF PUBLIC SALE

Pursuant to the California Self-Service Storage Facility Act, (B&P Code 21700 et. seq.), the undersigned will sell at public auction, on August 23, 2006, personal property including but not limited to furniture, clothing, tools and/or other household items located at:

Public Storage 20498
830 N. Rengstorff Ave.
Mountain View, CA 94043
(650) 962-8937
Time: 11:00 AM

Stored by the following person (s):

185 WILLIAMS, KENYATTE
046 BRIMER, ROBERT
330 DON HOBSON
062 DIANE FOSTER
201 DWAIN HUNTER
415 SANDRA COLLINS

All sales are subject to prior cancellation. Terms, rules and regulations are available at sale. Dated on this 4th and 11th of August, 2006, by PS Orangeco, Inc., 701 Western Avenue, Glendale, CA 91201, (818) 244-8080, Bond No. 5857632. (Voice August 4, 11, 2006)

NOTICE OF PUBLIC SALE

Pursuant to the California Self-Service Storage Facility Act, (B&P Code 21700 et. seq.), the undersigned will sell at public auction, on August 24, 2006, personal property including but not limited to furniture, clothing, tools and/or other household items located at:

Public Storage 20177
317 Weddell Dr.
Sunnyvale, CA 94089
(408) 734-0717
Time: 11:00 AM

Stored by the following person (s):

A150 DEXTER, D. DIANE
A230 BRANDON MCCLURE
A195 KAI MOLLER

All sales are subject to prior cancellation. Terms, rules and regulations are available at sale. Dated on this 4th and 11th of July 2006, by PS Orangeco, Inc., 701 Western Avenue, Glendale, CA 91201, (818) 244-8080, Bond No. 5857632. (Voice August 4, 11, 2006)

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
SUPERIOR COURT OF THE STATE OF CALIFORNIA
FOR THE COUNTY OF SANTA CLARA
No. 106CV068668

TO ALL INTERESTED PERSONS:
Petitioner JUDY SUN & TSUNG-HUI KUNG filed a petition with this court for a decree changing names as follows: RUEN YUN KUNG to CLAIRE FANG-HSU KUNG and HAU-YUAN KUNG to LINUS HAU-YUAN KUNG.

THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted.

NOTICE OF HEARING: October 03, 2006, 8:45 a.m., Dept. 15, Superior Court of California, County of Santa Clara, 191 N. First Street, San Jose, CA 95113.

A copy of this ORDER TO SHOW CAUSE shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: MOUNTAIN VIEW VOICE. Date: August 04, 2006 /s/ Eugene M. Hyman
JUDGE OF THE SUPERIOR COURT
(Voice August 11, 18, 25, September 1, 2006)

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4553 LORENZO LANE
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EAST PALO ALTO

1011 RUNNYMEDE ST
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860 MORA DR
SUN 1:30 - 4:30 \$4,195,000
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840 MORA DR
SUN 1:30 - 4:30 \$4,195,000
4 BR 4.5 BA 3rd home in 3-home development. Beautifully crafted w/ travertine, hardwood, granite etc.. Many amenities & oversized lot. Tranquil location!
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880 MORA DR
SUN 1:30 - 4:30 \$3,995,000
4 BR 4.5 BA New home with exquisite details! Beautiful, tranquil location. Amenities & extras throughout. Oversized lot! A must see!
Jim Galli 650.948.0456

364 BENVENUE AV
SUN 1:30 - 4:30 \$2,690,000
4 BR (all suites), library & family room. Lot SF:~13500, Hse SF:~3400, Gar SF: xtra ~440. LA schls. Limestone/granite/marble/travertine/Brazilian cherry wood.
Julie Lau 650.325.6161

469 UNIVERSITY AV
SUN 1:30 - 4:30 \$1,998,000
4 BR 2.5 BA Old world quality & charm w/over 3000SF. Good family layout. 2 family rms. Nice bkrd, only 1 block from Downtown Los Altos. Across from Redwood Grove
Jerry Haslam 650.948.0456

359 LUNADA CT
SAT/SUN 1:30 - 4:30 \$1,998,000
4 BR 3 BA Desirable floor plan. Attractive wood flrs in LR, DR, & BRs. Updated kitchen. Near schools, shopping & bike/walking path to PA. Large lot.
Dayle Reilly/Lynne Mercer 650.325.6161

51 CODY LN
SAT/SUN 1:30 - 4:30 \$1,895,000
4 BR 2.5 BA Spacious Ranch-style home on cul-de-sac with updated kitchen & functional center island. Separate dining room. Natural light flows through skylight.
R. Brendan Leary 650.325.6161

DOWNTOWN LOS ALTOS HOME \$1,875,000
4 BR 2 BA 18,700 sf lot, 2200 sf home on a private street just blocks from downtown Los Altos. (LA Schools).
Owen Halliday 650.325.6161

186 YERBA BUENA AVENUE
SAT/SUN 1:30 - 4:30 \$1,450,000
3 BR 2 BA Remodel or rebuild your dream home on fantastic huge lot. Approx 17500sf of living space. Separate dining, family room, lovely hwd flrs. Prime area.
Peggy Russell 650.948.0456

1565 HONEYSUCKLE PL
SAT/SUN 1:30 - 4:30 \$1,238,000
3 BR 2 BA Cupertino schools, hwd flrs. Eat in kitchen, sep family rm, fp in living rm. Dual pane windows. Central A/C. Attached 2-car garage. Large backyard.
Royce Cablayan 650.948.0456

942 LORRAINE AV
SUN 1:30 - 4:30 \$998,000
3 BR 2 BA Perfect location for this cute remodeled home in quaint neighborhood w/numerous amenities. Grassy front yard lined w/flowers. Adorable front porch.
Royce Cablayan 650.948.0456

LOS ALTOS HILLS

12125 OAK PARK CT
SUN 1:30 - 4:30 \$4,980,000
6 BR 4.5 BA Over 6000sf of elegance. Gleaming hardwood floors. Dramatic staircase. New and like new carpeting. Granite kitchen with top of the line appliances.
Jim Galli 650.948.0456

13535 COUNTRY WAY
SUN 1:30 - 4:30 \$2,750,000
13535 Country Way 5 BR 4.5 BA Things have heated up in Los Altos Hills! This custom-built home is on sale for the amazingly hot price of \$2,750,000
Satya 650.948.0456

25915 ELENA RD
SUN 1:30 - 4:30 \$2,500,000
4 BR 2.5 BA Lrg hm on over 1 acre, minutes to town! Sweeping views of hills! 2 mstr suites, huge fam rm, sep. den/office. 4 fp. Great opportunity for vineyards!
Gary Herbert 650.948.0456

27170 MOODY CT
SAT/SUN 1:30 - 4:30 \$1,899,000
4 BR 3.5 BA Only @2 miles from Hwy. 280, yet a world away! Lrg contemp hm expanded & remod. Beautiful gourmet kit, and a huge deck for outdoor entertaining.
Jerry Haslam 650.948.0456

LOS GATOS

NEWLY REMODELED! \$1,400,000
4 BR 3 BA Single level in prestige Glen Ridge. Ideal for downsizing! Walk to town. Gourmet kitchen. Custom hardwood floors. Crown molding. Outstanding schools.
Terrie Masuda 650.941.7040

LOS GATOS MOUNTAINS

STUNNING PROPERTY \$1,399,000
4 BR 3.5 BA Spectacular home on wooded lot with approx. 15 acres. Three fireplaces. Wood floors. Play yard. Open kitchen. Gated community. Gorgeous views.
Phyllis Carmichael 650.941.7040

MONTE SERENO

PRESTIGIOUS ADDRESS \$3,395,000
Terrific flat knoll lot has stunning mountain & valley views. 1.49 approx. acres in convenient location. Los Gatos schools. All utilities on property.
Charlene Geers 650.941.7040

MOUNTAIN VIEW

NEWLY UPDATED HOME! \$825,000
2 BR 2 BA Private, serene neighborhood. Sparkles with new carpet, fresh paint. Inside laundry. Swimming pool. Tennis courts. Two car garage.
Jackie Haugh 650.941.7040

18 MOONBEAM DR
SUN 1:30 - 4:30 \$718,500
3 BR 2.5 BA Liv rm w/fireplace & wet bar. Dining area opens to prvt yd & deck. Kitw/garden wndw & brkfst bar. Expanded Mstr bdrm. Vaulted ceilings. 2-car garage.
Royce Cablayan 650.948.0456

217 ADA AVE. #36
SUN 1:30 - 4:30 \$649,000
3 BR 2 BA Good Light, sep DR, Fireplace, fresh paint, patio. 2 Car Gar, Per Metroscan 1,598sf living, pool and spa.
Leslie Pappas 650.325.6161

LIKE A MODEL! \$625,000
2 BR 2.5 BA Desirable townhome offers two master suites with walk-in closets & vaulted ceilings. New carpet, designer paint & appliances. One car garage. Yard.
Shelly Potvin 650.941.7040

2111 LATHAM ST #201
SUN 1:30 - 4:30 \$575,000
3 BR 2 BA New granite kit w/brkfst bar. Lrg living rm, sep din area. Tile bath flrs. Master suite opens to covered balcony. Inside laundry. Secure building.
Royce Cablayan 650.948.0456

100 W EL CAMINO REAL #61
SUN 1:30 - 4:30 \$559,950
2 BR 2.5 BA Hardwood flrs, vaulted ceiling. Remod kit w/brkfst bar. Liv room w/fp & wood shutters. Sep. dining rm. Inside laundry. Mirrored closets. Covered deck
Royce Cablayan 650.948.0456

181 DEL MEDIO STREET #110
SAT/SUN 1:30 - 4:30 \$449,000
2 BR 1 BA Totally remodeled. Best time to buy & get to best Los Altos schools. Cute & cozy, filled w/sunshine. Close to Cal train, shops & restaurants.
Mike Kashani 650.948.0456

2255 SHOWERS DR. 422
SUN 1:30 - 4:30 \$439,000
1 BR 1 BA One bedroom Penthouse. At desirable Parco Crossing. Spacious liv room. Large master suite and a den or 2nd bedroom. Private Balcony. Excellent location.
Grace Feng 650.328.5211

1033 CRESTVIEW DR #202
SUN 1:30 - 4:30 \$399,950
1 BR 1 BA Spacious corner end unit. Kit w/granite counters. Maple cabnits & new appliances. New carpet, paint & doors. Inside laundry. Secure building w/parking
Ric Parker 650.948.0456

PENTHOUSE END UNIT \$380,000
1 BR 1 BA Top floor unit in security building. Ceiling fans, balcony & double paned windows. HOA dues include utilities, water, gas & electric. Elevator. Pool.
Joanne Fraser 650.941.7040

255 S RENGSTORFF AV #93
SUN 1:30 - 4:30 \$368,000
1 BR 1 BA Most spacious floor plan! Best location in the complex with spectacular park view! Tile floor in kitchen & bath. Large private deck w/extra storage.
Royce Cablayan 650.948.0456

OUTSTANDING OPPORTUNITY \$349,000
1 BR 1 BA Condo in park-like setting. Great location near downtown & CalTrain. Fresh paint. Complex amenities: bar-beque area, spa, tennis, pool & clubhouse.
Patricia Robison & Ursula Cremona 650.941.7040

PALO ALTO

678 TENNYSON AVE
SAT/SUN 1:30 - 4:30 \$2,688,000
4 BR 2.5 BA Substantially rebuilt with superb quality. Gourmet chef's kitchen, large LR, formal DR, sep FR, break-fast Nook. 2 car garage, large lot.
Arvada Darnell 650.325.6161

640 FULTON ST.
SUN 1:30 - 4:30 \$1,845,000
4 BR 3 BA Built in 1895 & extensively renovated in '91. Turn of the century architecture w/ modern day convenience. Remod. kit. & master bath in '04. PA schls.
Alan & Nicki Loveless 650.325.6161

80 ALANNAH CT
SAT/SUN 1:30 - 4:30 \$1,595,000
4 BR 2 BA Barrett and Hilp (single-level) home with remodeled kitchen, on a wide lot. Mature trees. Garden area. Brick patio. Move in condition. Garage.
Nancy Goldcamp/Rod Creason 650.325.6161

849 ALLARDICE WAY
SUN 1:30 - 4:30 \$1,298,000
5 BR 3 BA Two story contemporary design, step down liv rm, frm din rm. Kit w/brkfst bar & adjacent fam rm w/access to a good sized yard.
Chuck Lane 650.948.0456

788 SUTTER AVE
SAT/SUN 1:30 - 4:30 \$929,000
4 BR 2 BA Here's your chance to fixup, remodel or build nu in a peaceful, serene setting on apx. 7500' lot. Grt Mtdn loc near shops/restaurants. EZ access to hwy
Rod Creason/Mary Houllihan 650.325.6161

2569 PARK BLVD #T111
SAT/SUN 1:30 - 4:30 \$649,000
2 BR 2.5 BA Cheery frm model thnsh. 2 mstr stes, 1/2 bath, l/r/dr combo, fp, eik w/ skylite window & bar cntr. Spacious patio, pool, spa & secured pkg. Conv. loc
Barbara Sawyer/Mary Houllihan 650.325.6161

SAN JOSE

MAGNIFICENT VIEWS! \$1,800,000
Sited in Greystone/Almaden. Approx 2.5 acres, building site. Utilities at street. Located within area of multi-million dollar homes.
David & Veronica Rudick 650.325.6161

INCREDIBLE VALUE! \$990,000
4 BR 3 BA Open contemporary is eight years new with vaulted ceilings. Pastoral views. Gourmet kitchen has granite. Butler's pantry. Landscaped corner lot.
Jeanne MacVicar 650.941.7040

ABSOLUTELY CHARMING \$729,800
4 BR 2 BA Beautifully remodeled in Moreland School Sytem. New raised panel interior doors. Refaced woodburning fireplace. Plantation blinds. Hardwood flooring.
Enis Hall 650.941.7040

LIVE ON THE GOLF COURSE \$699,900
2 BR 2.5 BA 2 full BR suites each w. own bath. Vaulted ceilings, wood shutters thruout. Outstanding complex nearby Townsend Park, Ranch 99 Markey, Hwy 680 & 880.
Gene Thornton 650.325.6161

TUSCAN TOWNHOUSE \$659,000
3 BR 2.5 BA Beautiful & spacious 2-story has wonderful patio & greenbelt views. Large kitchen with island. Luxurious master bath. Air conditioning. Near shopping.
Linda Takagi 650.941.7040

TOP-OF-LINE END UNIT \$499,500
2 BR 2 BA Gorgeous remodeled kitchen, new carpet, attached garage, distant mtn. views, bay breeze and close to high tech firms!
Pat Jordan 650.325.6161

SANTA CLARA

895 QUINCE AV #12
SAT/SUN 1:30 - 4:30 \$549,000
2 BR 2.5 BA Living rm w/fp. Euro kit, dual master suite w/ vaulted ceilings. Inside laundry. Attached 2 car garage w/bonus room. Small complex.
Ric Parker 650.948.0456

2625 KEYSTONE AV #101
SUN 1:30 - 4:30 \$469,500
2 BR 2 BA Master bedroom 12x20 with walk in closet. New interior paint. Unit overlooks the pool. 2 parking spaces! Very centrally located! A must see!
Lety Guerra 650.948.0456

SARATOGA

20315 HERRIMAN AVE
SUN 1:30 - 4:30 \$3,060,000
7 BR 5.5 BA Almost like new! Custom built exec. home in 1998. Around 5000sf living space on approx. 20,000sf lot with basement. Near schools. Golden Triangle area.
Julie Tsai Law 650.325.6161

SUNNYVALE

GREAT NEIGHBORHOOD \$1,399,000
6 BR 2.5 BA Spacious beauty with Cupertino schools. Remodeled kitchen has granite. Updated baths. Dual pane windows & central air. Beautifully landscaped, pool.
The Levy Team 650.941.7040

1166 ASHCROFT WAY
SUN 1:30 - 4:30 \$1,050,000
3BR/2BA. Outstanding Location. This fine home features an outstanding location, fabulous schools. Excellent floor plan!
David Blockhus 650.948.0456

SUNSET OAKS \$639,000
3 BR 2 BA Outstanding townhome offers spacious living/dining with vaulted ceiling & fireplace. Central a/c, inside laundry, two patios, one car garage. Pool.
Yvonne Gau 650.941.7040

964 BELLOMO AVENUE #5E
SUN 2 - 4 \$565,000
2 BR 1.5 BA Beautiful remodel 2 yrs! Spacious bedrooms. Spacious yard! Spacious kitchen w/stainless steel appliances. Living rm w/stone wood burning fireplace.
Michele Morrison 650.948.0456

THIRD FLOOR BEAUTY \$565,000
3 BR 2 BA Light & sunny condo with open floorplan. Vaulted ceilings. Central air. Mirrors in dining room, master suite. Overlooks pool. Attached garage.
Vicki Geers 650.941.7040

847 W CALIFORNIA AVENUE #G
SAT/SUN 1:30 - 4:30 \$408,000
2 BR 1.5 BA New wood laminate floors. Remodeled kit w/new counters, cabinets, appliances & tile floor. Updated baths, covered patio. Inside laundry.
Royce Cablayan 650.948.0456

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OPEN SAT & SUN 1:00 TO 4:00



2229 Beckham Way
Hayward \$799,000

Wonderful totally remodeled 2750 SF home overlooking the greens featuring 5 spacious bedrooms, 3 full baths, eat-in kitchen with new counter tops, large living room with hardwood floors and fireplace, huge rumpus room w/ fireplace, formal dining room, new roof, new exterior paint, 2 car garage w/opener and much more in park-like setting! Ready for you to move in and enjoy! Call Sam @650-245-4745

OPEN SAT & SUN 1:00 TO 4:00



2487 Burnham Way
Palo Alto \$995,000

Beautiful 3 bedroom, 2 bath home in great courtyard location near midtown Palo Alto. Extensive upgrades throughout! Garage converted to a kitchen with granite counter tops, maple cabinets and high-end appliances. New bathrooms with marble. Double pane Anderson windows and more... Come see! Call Efraim @ 650-703-2516



2330 University Avenue #307
East Palo Alto \$599,900

Brand new beautiful condo in secure gated community with 2 car underground parking and featuring vaulted ceilings, 3 bedrooms, 2 baths granite kitchen with top of the line appliances, marble and granite bathrooms and more. Call Marge @ 408-219-0725.

OPEN SUN 1:00 TO 4:00



750 Pinta Lane
Foster City \$724,000

Seldom available 3 bedroom, 2.5 bath townhome in desirable Treasure Isle in Foster City. New carpets throughout, freshly painted, many upgrades. Make this your new home! For more information call Roberta and Jan @ 650-740-7961.

OPEN SAT & SUN 1:00 TO 4:00



2255 W. Middlefield Road
Mountain View \$879,000

You must see this charming 3 bedroom two bath home, set back from the street on a large lot. Surrounded by mature landscaping, the yard features private patios and secluded outdoor spaces. Inside, enjoy the vaulted ceilings and large kitchen with breakfast bar. Freshly painted and in move-in condition. Also featured is a spacious bonus room with separate entrance, perfect for a home office. Call Anna @ 650-714-1141.

OPEN SUN 1:30 TO 4:00



2090 Flintwick Court
San Jose \$825,000

This is a lovely, well maintained 3 Bedroom, 3 full bath split tri-level home in the Mount Pleasant area of San Jose. Great location on a cul-de-sac. It has a good sized lot with approx. 1900 square feet of living space. There is a partial view of the valley from the upstairs bedrooms. Special area for your motorhome or RV and extra parking.

Come to Career Night Wednesday at 7PM
Call Diane @ 650.966.1100 for Reservations

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SALE PENDING



2605 Painted Rock Drive
Santa Clara \$599,000

First time home buyers alert! Cute starter home in established neighborhood, featuring, 3 bedrooms, 1 bath, dual paneled window, updated kitchen and bath, ready for your decorative touches, with large backyard for entertaining or expansion, bonus room in garage and extra parking.

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David Hamaoui
Broker/Owner



Wahib Costandi, Ph.D.
Broker/Owner

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